

THE MISSION

APRIL 2020

STATEMENT



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



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PRESIDENT'S REPORT

Status of Upcoming Events

We have a lot of events scheduled for the coming months. Due to the current issues surrounding COVID-19, we will be assessing which events should be cancelled or altered on a case-by-case basis as the situation progresses. As our newsletter is often published far before events take place, information in here may be inaccurate by the time you see it. You can stay up to date by following us on social media and checking our website. Additionally, you may sign up for emails from us by visiting our website, scrolling to the bottom, and entering in your email address.

As of now we can confirm that the April 1 Jazz Night and April 5 Potluck will be cancelled.

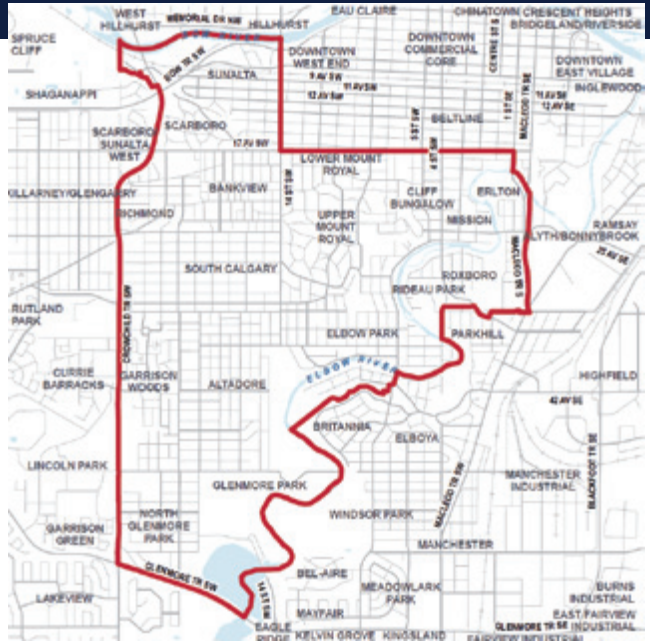
Special Events

We have a lot of special events planned from mid-April to early May in addition to our regular events. There is an interesting heritage presentation on Wednesday, April 15. Embrace Gardening is on Tuesday, April 21. The kick-off meeting of our new Neighbourhood Watch is on Tuesday, April 28. We have a special Saturday Night Jazz event on Saturday, May 2. The 2020 Pathway and River Clean Up is on Sunday, May 3 followed by the regular potluck that evening. Finally, there is a Safeworks information evening on Monday, May 4.

We hope you will take advantage of these events. I was at a city-wide community event on March 6. A lady there told me that our community has wonderful events. We hope you appreciate that.

Local Area Plan Process Includes Our Community

You may have noticed the City of Calgary ad in the March newsletter on page nine. It talks about a Local Area Plan process that is just starting and that includes our community. This process will result in a new planning statute that will cover all of the communities shown on the map in that area and that will replace our two Area Redevelopment Plans (Cliff Bungalow ARP and Mission ARP). What has changed on that map since the newsletter was published is the recent inclusion of Rideau Roxboro community, which makes eminent sense.



We attended a couple of information sessions in February. Our community association and all community associations in the area will have one representative on the working group. The Business Improvement Areas (e.g. 4th Street) will also have one representative each. Then there will be quite a few public-at-large members on the working group that will be picked by the City from people who applied online.

Based on those information sessions, there is now a name for this area – West Elbow. We expect the process will formally start in April. Based on the information they provided at the information sessions, this process is scheduled to be completed in the third quarter of 2021. Ultimately, it will go to a public hearing of City Council.

Also, in the March newsletter on page 12 was another City of Calgary ad that talks about a new planning document - Guidebook for Great Communities. This will have a significant impact on all Calgary communities including our own. It will be a starting point for the new Local Area planning process. It was considered on March 4 by a City committee called Planning and Urban Development. We submitted a letter and made a presentation to the committee. A key concern we expressed was the lack of heritage policies in the document. As we are a heritage community, this is very important to us. This document will go to a public hearing of City Council on Monday April 27. Anyone can submit a letter or speak at this hearing.

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Community Association
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WHERE WHO WHAT HOW WHO WHEN

The Joyce on 4th

★ ★ ★

Thursday, April 30, 2020
Join us at 7 pm and test your knowledge!

FUN!
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MORE INFO AT:
www.cliffbungalowmission.com

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Hosting a meeting or special event? Our beautiful, conveniently-located heritage building might be just what you're looking for!

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Rental fees range from \$75 (for charitable organizations) to \$200.

For more information, contact our hall rental coordinator, Zahra, at zahra_minoosepehr@hotmail.com. Please provide two or more dates and times, in order of preference, and indicate what your intended use will be.





Councillor, Ward 8
Evan Woolley
 P.O. Box 2100, Station M
 Calgary, AB, Canada T2P 2M5
 ☎ 403-268-2430

Community Clean Up Events

City supported Community Cleanups will start running in April and will continue through to the early fall. These popular events are hosted by community associations with support from Calgary Community Standards and Waste & Recycling at The City. Calgarians can drop off their stuff at any community clean up location, regardless of where they live in the city. There is no charge for putting items in City Waste & Recycling trucks. Keep in mind, some community associations bring in additional recycling services that may require a fee.

Check calgary.ca/cleanup for the list of community associations hosting cleanup events and check the association website or Facebook page for full details on the event in each community.

Please don't bring:

- Car batteries
- Glass (e.g. window panes, glass table tops)
- Household appliances with Freon (e.g. refrigerators, freezers)
- Microwaves
- Liquids (e.g. cooking oils)
- Large metal items (e.g. lawnmowers, barbeques)
- Railway ties
- Sod or dirt (other yard waste is OK)
- Household hazardous waste (see calgary.ca for drop-off locations)

Visit calgary.ca/whatgoeswhere for items that are recyclable.

Look for us on Facebook, Twitter and Instagram (#cbmca)



APRIL COMMUNITY CALENDAR

*All events are at the Cliff Bungalow – Mission Community Centre
 (2201 Cliff St SW) unless otherwise noted.*

Join us at the following:

Jazz Concert

Ticket sales start around 7:00 pm, music at 8:00 pm. Limited space – arrive early to get a seat. Discount for CBMCA members.
 Wednesday, May 6: Vocal Night with Mary Jo DeWaal

Potlucks – April Date Cancelled

May date is Sunday, May 3.

Board Game Night – April 25 | 7:00 pm

No entry charge. Cash bar. Bring a favourite board game and a snack.
 May date is Saturday, May 23, 7:00 pm.

Trivia Night – April 30 | 7:00 pm

Trivia night is at the Joyce on 4th. Bring a fully charged cell phone to play. Next trivia night will be in September.

Heritage Meeting – April 15 | 6:30 pm

Joint event between CBMCA & Calgary Heritage Initiative (CHI). CHI's AGM starts at 7:00 pm. Heritage Policy presentation starts at 8:00 pm.

Embrace Gardening – April 21 | 7:00 pm

Details are elsewhere in this newsletter.

Neighbourhood Watch – April 28 | 7:00 pm

Kickoff event of a new group in Cliff Bungalow – Mission that resulted from an article in the January newsletter. Meet others in your community and find out how you can help.

Special Saturday Night Jazz Event – May 2

Featuring Marie Bridge Quartet.

Pathway and River Clean Up – May 3

Details being confirmed, stay tuned.

Safeworks Information Meeting – May 4 | 7:00 pm

There has been a lot of press lately on the safe injection site at Sheldon Chumir. Find out more on what is happening.

Memberships

Memberships are available at any community event held at the community centre. \$10 for a single membership, \$20 for a family membership. Discount at local businesses. List is elsewhere in this newsletter.

Check out our website regularly for new events and other information not available at time of newsletter publishing.

www.cliffbungalowmission.com

The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.



Contact us

Cliff Bungalow - Mission Community Association
462, 1811 4 Street SW, Calgary Alberta T2S 1W2
403 245 6001

www.cliffbungalowmission.com

Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

Cliff Bungalow - Mission Community Association Board List 2018-2019

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Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your up to date membership card!

- A8 Financial: 305, 2204 – 2 St SW (Holy Cross Centre), Tel 587-317-2040, 10% off Tax and Bookkeeping services.
- clear float spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
- Economy Glass: 101 17 Ave SW, \$10 off auto glass excluding rock chips and 10% off residential glass
- European Bakery: 515 – 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
- 4th Street Liquor & Wine, 1809 – 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.
- Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products they sell, free gait assessment.
- Peking Dragon: #105, 601 – 17 Ave SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
- The Spa Wellness: 2206 - 2 St SW, 10% off members for all treatments
- UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
- Without Co: #103 – 2115 4 St SW, 10% Discount
- Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved."

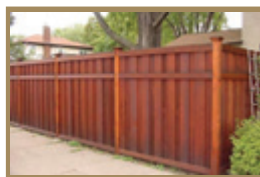


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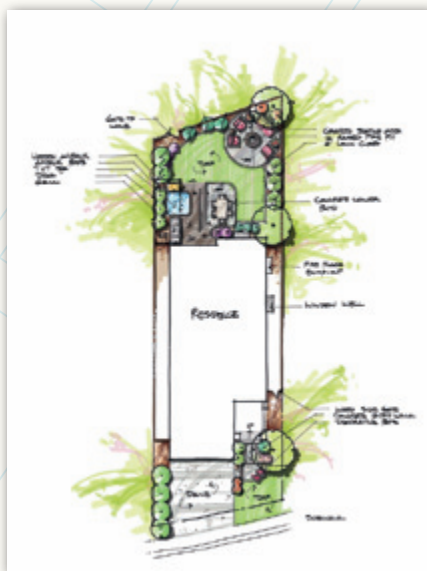
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Neighbourhood Watch

We are thrilled to announce that the community has put together a Neighbourhood Watch team for Cliff Bungalow-Mission! The aim of this program is to improve the safety of the community by fostering a cooperative crime prevention program at the neighbourhood level.

Please join us for the inaugural Neighbourhood Watch meeting on Tuesday, April 28 at 7:00 pm. The event will be hosted at the Community Hall (2201 Cliff Street SW) and is open to all community residents and business owners! This event will be a great opportunity to meet the Neighbourhood Watch Committee and learn more about the initiatives being launched to help ensure a strong and safe community in 2020 and beyond. In addition, attendees will meet our Community Resource Officer from the Calgary Police Service as he will be speaking about policing and crime in the neighbourhood, as well as providing helpful crime prevention strategies.

We want to strongly encourage awareness and participation in the

LEARN ABOUT NEIGHBOURHOOD WATCH IN CLIFF BUNGALOW - MISSION

TUESDAY APRIL 28, 2020 @ 7:00 PM

**CLIFF BUNGALOW - MISSION COMMUNITY CENTRE
2201 CLIFF STREET SW**



Join us for an information session and learn about how the CBMCA is working to implement a new Neighbourhood Watch program.

Meet our team, Community Resource Officer from CPS and your neighbours as we discuss ways to ensure a strong and safe community in 2020 and beyond.

Please register for this event by visiting http://cbmca_neighbourhood_watch.eventbrite.com?ts=120340407

For more information please contact us at cbmca.watch@gmail.com

We look forward to seeing you on April 28!

Neighbourhood Watch initiatives throughout Cliff Bungalow-Mission. Please share your thoughts on how we can improve safety in the community by attending this event. We look forward to seeing you there!

For more information, please contact cbmca.watch@gmail.com.

Please register for this event by visiting tiny.cc/cbmca_watch.

Gardening Seminar

The Cliff Bungalow - Mission Community Association is hosting an Embrace Gardening seminar on April 21, 2020 on small space gardening that will be suitable for all gardeners but will be especially helpful to those who practice container gardening on their balcony or who garden in community plots or small yards. The event will be held at the Cliff Bungalow - Mission Community Hall and tickets are only \$10.

How to Get the Most out of your Space this Season!

Getting lots of great produce out of a smaller space can be challenging, but there's lots of ways to do it!

- Most productive edibles for your space;
- Seeds versus seedlings;
- Seedlings: buying, hardening off, planting and early protection;
- When to plant and when not to plant!;
- Planting strategies- vertical, square foot; succession; companion planting for bed or container
- Harvesting strategies – how they affect how you plant
- And lets not forget those plants we need to have to attract our insects who do so much of the work in our gardens!

For more details and ticket information go to tiny.cc/cbmca_gardening.

Embrace Gardening & Cliff Bungalow- Mission Community Association
Presents

How to Get the Most out of your Garden Space this season



Learn About:

When To Plant

Seeds v.s. Seedlings

Harvesting Strategies

Attracting Insects

Productive Plants

Planting Strategies

Tuesday April 21, 2020, 6:30 - 9:00 PM

Admission \$10.00

Register at:

<https://www.eventbrite.ca/e/embrace-gardening-how-to-get-the-most-out-of-your-space-this-season-tickets-96098544333>

Location:

**Cliff Bungalow-Mission Community Association
2201 Cliff Street S.W.**

April Showers Bring What?

Many have heard that "April showers bring May flowers", which was based on a proverb from 1886. This phrase is seen in Chaucer's *The Canterbury Tales*; "Whan that April, with his shoures soote The droughte of March hath perced to the Roote, and all The veins are bathed in liquor of such power As brings about the engendering of the flower." I think I'll stick with the 1886 version.

Local designer creates stylish new apartments in the renovated Bannerman Block

by Rob Jobst



Bannerman Block – 2306 4th Street

When Certus Developments embarked on their renovation of the circa-1911 Bannerman Block, they hired local designer Nam Dang Mitchell to completely redo the residential units on the second floor of the building. The entire level was gutted and redesigned with three new 1-bedroom apartments in the 500-670 square foot range. Original brick walls were exposed, wide-plank oak floors laid down and new historically appropriate windows installed.

"We kept the design in the apartments modern and simple, with a focus on beautiful natural materials," explains Mitchell. Each of the units is unique, with white oak cabinetry and marble countertops in one unit and simple white cabinets and silver limestone countertops in one of the others. Check out the accompanying photos to see how the second floor of the 109-year-old Bannerman Block now boasts some of the most stylish residences in the community.

Riverwalk Seniors Supportive Living – 528 25 Avenue SW



You may have wondered why – given that the earlier condo building was demolished last summer – excavation of the underground parkade has not yet begun on this project. One reason has been the drilling of over 50 wells to a depth of around 500 feet for a geo-exchange field that will provide clean and efficient heating and cooling to the new 12-storey tower. The geo-exchange system, which utilizes natural heat from the earth, will also keep the driveways, pedestrian ramps, sidewalks and the parkade ramp clear of snow and ice.

This process was nearing completion by late February and the developers were expecting the excavation, shoring and foundation work to begin by mid-March. Their current construction timeline calls for project completion in the fall of 2022.

Curious about the goings-on in our community? Got a tip? Want to volunteer with our committee? Contact me at cbmca.development@gmail.com.

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A gracious request for a kidney donation, tips on kidney health, and items to fight kidney disease. Email info@needkidney.ca if you wish to donate.

NEEDKIDNEY.CA
Kidney Health Awareness

Harm Reduction and Supervised Consumption Services Information Session

Harm reduction refers to policies, programs and practices that aim to reduce risks and harm associated with the use of psychoactive substances. It acknowledges that abstinence is not always a realistic goal for some people. It is about meeting people where they are and identifying the goals they wish to achieve based on their individual needs and circumstances.

Harm reduction principles recognize the inherent value of human beings and the importance of an inclusive community that can support people who use substances with compassion. People who feel supported and part of a community, rather than isolated, are more likely to seek help when they need it.


Harm reduction interventions may be targeted at the person, family, community or society. They can include harm reduction supply distribution, overdose response training and community-based naloxone kits, and supervised consumption services.

Please join staff from Safeworks Connect, the supervised consumption service outreach team, to learn more about the response to the opioid overdose crisis on May 4 at 7:00 pm at the Cliff Bungalow Mission Community Hall.

The Cliff Bungalow - Mission Community Association presents:

Supervised Injection Sites:

Facts, Myths, and Resources for the Community



Join us for an open discussion and info session about Calgary's supervised injection site. We'll be joined by outreach workers from the Safeworks program, representatives of the Alpha House DOAP team, and others. This is a free event, and everyone is welcome.

May 4th @ 7:00pm

Cliff Bungalow - Mission Community Centre
2201 Cliff Street SW

For more information, please contact: cbmca.vicpresident@gmail.com

DON'T MAKE A PEEP

What are the best kinds of Easter treats? In my opinion, it is anything other than Peeps. In case they weren't already gross enough, there are also a plethora of unpleasant flavor options one can try instead. Some of these include Pumpkin Spice Latte Peeps, Caramel Apple Peeps, Pancakes and Syrup Peeps, and Hot Tamale Peeps. Enjoy!



Put all of your eggs in one basket.



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One redemption per transaction until April 12,
2020, while quantities last. *Offer only valid
at these Calgary locations: Victoria Park,
17th Avenue, Signal Hill, Southcentre,
Bankers Hall, Calgary International Airport.
Offer not available online.

BOARD GAME NIGHT

Saturday, April 25, 7 pm



**CLIFF BUNGALOW-MISSION
COMMUNITY CENTRE**
2201 CLIFF STREET SW



Bring your favourite board game if
you have one, and a snack
Beverages available for cash purchase

Cliff Bungalow-Mission Community Association

TIME TO RENEW YOUR MEMBERSHIP!

Your membership not only supports the CBMCA but it gives you access to discounts at participating businesses through the Membership Affinity Program (details elsewhere in this newsletter). Our membership year is AGM to AGM so this year's renewal deadline is **November 20, 2020**. To purchase or renew your membership, just fill in this form and either:

- 1) mail it with your cheque to 462, 1811 4 Street SW, Calgary, Alberta, T2S 1W2 or;
- 2) bring to the AGM at the community hall (2201 Cliff Street SW) on November 20 (doors open at 6 pm).

name

address

postal code

phone (home)

(cell)

(business)

email (used only to inform you of community events and important community matters)

MEMBERSHIP TYPE

- ☐ \$10 single ☐ \$20 family
☐ new ☐ renewal

card no.

purchase date

PAYMENT

- ☐ cash ☐ cheque

Speaker Event: New Heritage Policy for Calgary

April 15, 7:00, Cliff Bungalow Mission Community Hall

Guest Speaker: Alastair Pollock, City of Calgary Heritage Planner

Presented in conjunction with the CBMCA Heritage Committee and the Calgary Heritage Initiative Society Annual General Meeting

Free event – register at [Eventbrite.ca](https://www.eventbrite.ca)

About the Heritage Conservation Policy Tools and Financial Incentives Review

Since the Calgary Heritage Strategy was implemented in 2008, Heritage Planning has worked collaboratively to implement a majority of the strategy's 30+ action items. This includes creation of the online Inventory of Evaluated Historic Resources, establishment of the current Historic Resource Conservation Grant Program and the legal protection of over 100 identified heritage sites.

In March 2019, Council directed Heritage Planning to review potential new policy tools and financial incentives to further increase the conservation of heritage resources, – supporting Calgary's Next Generation Planning projects and responding to the loss of the Enoch Sales Residence to fire in early 2019.

Heritage Planning is developing a range of options through research, consultant analysis and targeted stakeholder engagement. After receiving Council's direction on which options to pursue further, Heritage Planning will work on implementing the supported tools, including further stakeholder input.

For more information on the recommendations being presented at the SPC on Planning and Urban Development Committee meeting on April 1, 2020, and to review the summary report, visit the "Heritage conservation incentives and programs" page at www.calgary.ca.

This report is slated to go to City Council on April 27th, 2020, along with the Guidebook for Great Communities and the North Hill Communities Local Area Plan – a new multi community plan encompassing many historic neighbourhoods that is acting as a pilot for implementation of the Guidebook. The Guidebook will influence redevelopment of our existing communities and direct changes to the Land Use Bylaw. Currently, the Guidebook and North Hill plan contain placeholders for future heritage policy. If Council approves the recommendations for additional heritage tools and incentives, including new policy for heritage residential districts, development and implementation is still about a year out. The recommendations in the report represent the most significant advancement in heritage policy for the City of Calgary in over a decade and will undoubtedly shape the balanced redevelopment

and preservation of our older residential communities for decades to come.

Our speaker, Heritage Planner Alastair Pollock will present a summary of the report and questions from the floor will be addressed. Groups like The Calgary Heritage Initiative, Calgarians for Heritage Districts, applicable Community Associations and individual residents have some concerns with the Guidebook, North Hill plan and heritage policy. It's essential that the Councillors hear these concerns, and understand that the public is behind the strengthening of heritage policy.

About the Calgary Heritage Initiative AGM

The Calgary Heritage Initiative Society (CHI) is dedicated to the preservation, productive use & interpretation of buildings & sites of historic and architectural interest throughout Calgary. CHI is a city-wide, membership-based volunteer heritage advocacy group, founded in 2005. CHI memberships will be available at the door or online in advance at calgaryheritage.org. The business portion of the CHI AGM will be held at 7:00 pm. Please join us, buy a membership and find out how CHI is working to preserve heritage in Calgary. The Heritage Policy presentation will commence at 8:00 pm.



CALGARY HERITAGE INITIATIVE

2020 AGM

Guest speaker: Alastair Pollock, Heritage Planner, City of Calgary



The Status of Heritage Policy in Calgary

The New Heritage Conservation Policy Tools and Financial Incentives report will go to a Public Hearing of City Council on April 27

Presented in partnership with the CBMCA Heritage Committee

Wednesday April 15, 2020, doors open at 6:30 PM
Calgary Heritage Initiative AGM and Guest Speaker from 7-9 PM
Cliff Bungalow-Mission Community Hall, 2201 Cliff St SW

Registration: Free event via Eventbrite. Visit our Events and Workshops Post at calgaryheritage.org
CHI Memberships (\$50/yr) sold at the door or online at calgaryheritage.org (About Us Memberships)
Questions? contact@calgaryheritage.org

MARIE BRIDGE

As Marie Bridge will tell you *soulful connections* is why she sings.

She is excited to be making her 2nd appearance at CLIFF BUNGALOW May 2, 2020 with the **Marie Bridge Quartet** (Keith Day - Keys, Rick Climans Sax - Robin Tufts - Drums)

Marie has often been described as a gifted singer because of her vocal flexibility, purity of tone, and guttural interpretation of a lyric.

Marie draws her musical influences from the likes of Ella , Aretha , Mahalia , Eva Cassidy and Diane Schuur to name a few. But like most things in her own life, she adds her own funky twist.

Marie's connection to her craft and to her audience runs deep. Marie's playfulness guarantees an authentic and heartfelt experience.



YOUR CITY OF CALGARY

Why Food Scraps Are Too Good to Waste

Did you know that food scraps and yard waste do NOT turn into soil in the landfill? Instead, it sits for a very long time and slowly breaks down, creating leachate (a toxic liquid that needs to be treated) and greenhouse gases like methane.

Pictured here are items from the 1970s, uncovered at a Calgary landfill almost 40 years later. These chicken bones, grass clippings and newspapers look very much the same as they did when they were put in the garbage, taking up valuable landfill space and creating harmful emissions.



Composting your food scraps and yard waste means we can:

- Create nutrient-rich compost to help new plants grow
- Conserves our precious landfill space for future generations
- Prevent harmful environmental emissions

Keep composting, Calgary!



**Councillor, Ward 11
Jeromy Farkas**
Office of the Councillors
800 Macleod Trail S (#8001)
Calgary, AB T2G 2M3
📞 403 268 2430 ✉ ward11@calgary.ca
Sign up for Ward news: calgary.ca/ward11

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Dear Friends,

Spring has arrived and I am as excited as you are to get outdoors, enjoy the longer days and take advantage of our pathways, green spaces and great facilities for recreation.

As the temperatures rise, I understand far too well that flood risk and mitigation is top of mind for many in our Ward 11 communities. It is remarkable to think that it has been nearly seven years since the flood of 2013. As a city, we must remain vigilant and protect our communities from a repeat event—as it is not a matter of if, but when.

With no resolution from the federal government on upstream mitigation, I am looking to the City to see what is within our municipal scope for smaller flood mitigation projects. I would encourage you to send your feedback into my office, as well as to your local Community Association. These associations provide a bevy of resources and information for all community-related matters, fueled by the hearts and hands of terrific volunteers.

You can also visit calgary.ca/floodinfo to sign up for updates and to learn what you can do as an individual to reduce flood risk. Remember that Calgary is at the highest risk from May 15 through July 15 and we must act swiftly in the event of a flood, as our close proximity to the rivers and mountains leaves us with little warning.

If there is anything I can assist you with, reach out to my office anytime through ward11@calgary.ca.

Respectfully Yours,

*Jeromy
(Ward 11 Councillor and Palliser resident)*

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

LANDSCAPING & WEEKLY YARD CARE: Starting at \$36. Garden bed design, mulch, rock and sod installation, stone patios, walkways, raised beds, rock walls. Affordable exterior painting, deck and fence builds. Window or gutter cleaning starting at \$89. A+ Member of BBB, Licensed, insured. Seniors' discount. Call or text 403-265-4769. YardBustersLandscaping.com

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PROFESSIONAL ACCOUNTANTS IN MISSION/CLIFF BUNGALOW: Personal and corporate income tax preparation and e-filing, accounting services such as bookkeeping, financial statements, GST, payroll, T4/T5 slips. CPAs with 20 years' experience, personable, reasonable rates, convenient location. Call Padgett Business Services at 403-220-1570 for your half-hour free consultation. 1511 – 10 Street SW, Calgary, AB T2R 1E8, or go to www.padgettcalgary.com for more information.

Girl Guides BLACKFOOT DISTRICT



It's Cookie Time!

Spring is here and that means those yummy Girl Guide sandwich cookies are here too! Our Sparks, Brownies, Guides, Pathfinders, Rangers & Trex will be selling them the first weeks in April so look for us in your neighbourhood or at a local retail location. They are only \$5.00 a box and support our many activities.



Girl Guides of Canada-Calgary Area organized an amazing fireworks display for its membership in celebration of Thinking Day on Saturday February 22nd. It was truly and explosive event enjoyed by all who attended.



The Spark units are eagerly looking forward to spring.



The change in the season will see them keep busy making bird houses, participating in Sparklefest, potting plants and looking for ways to be outside and celebrate Earth Day.

The Brownie units will be selling cookies, going to camp and be hopping around doing clean-up in their communities for Earth day.

The Guide units went curling, snowshoeing and 3rd year Guides are working on completing their Lady Baden Powell Award by preparing for tent camping and organizing service projects.

The Pathfinder, Ranger & Trex units attended Alberta Girls Parliament in Edmonton, went skating and are prepping for backpacking and yurt camping.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try!

If you have any questions regarding Guiding or registration, please call

Calgary Area Girl Guides at 403-283-8348 or email at any-calgaryinfo@girlguides.ca

Girl Greatness Starts Here!



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FABULOUS SANDWICH SAVINGS **FREE PANINI OR WRAP!**

Buy any Panini or Wrap and get a 2nd of equal or
lesser price for FREE with purchase of 21oz. drink.



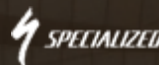
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