

THE MISSION

SEPTEMBER 2014

# STATEMENT



[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



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## Cliff Bungalow - Mission Community Association

Suite 462, 1811-4 St. SW

Calgary, AB T2S 1W2

Phone: 403.245.6001 | [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

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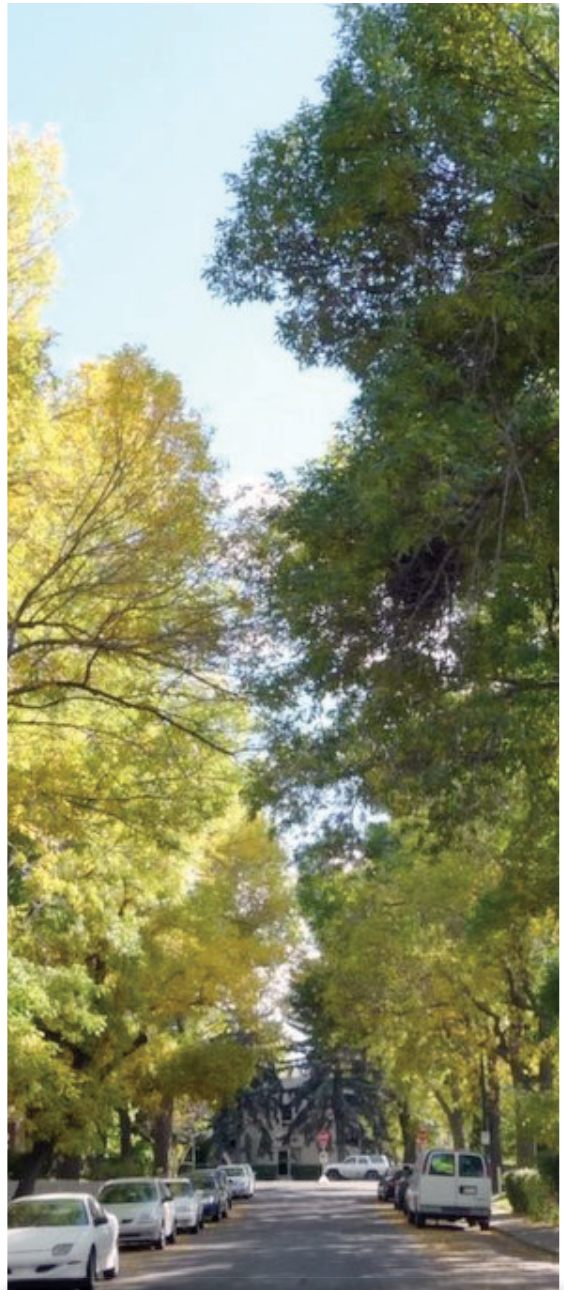
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FOR 1 YEAR!**

# The Mission Statement

Published monthly by Great News Publishing for the Cliff Bungalow-Mission Community Association.

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## CONTACT US

Cliff Bungalow-Mission Community Association

Mailing Address: 462 1811 4 ST SW Calgary Alberta T2S 1W2

Phone: 403-245-6001 (please leave a message)

[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

Twitter: @CBM\_CA

*Like our Facebook page for all the latest updates and information on our events*

## Cliff Bungalow – Mission Community Association Board

President	Bob Lang	<a href="mailto:rvlang@aol.com">rvlang@aol.com</a>
Vice President	Jan Pugh	<a href="mailto:cbmca.facility@gmail.com">cbmca.facility@gmail.com</a>
Secretary	Philip Lozano	<a href="mailto:Cbmca.secretary@gmail.com">Cbmca.secretary@gmail.com</a>
Treasurer	Edwin Mattheis	<a href="mailto:Cbmca.treasurer@gmail.com">Cbmca.treasurer@gmail.com</a>
Communications Director	Jennifer Vanderlaan	<a href="mailto:Cbmca.editor@gmail.com">Cbmca.editor@gmail.com</a>
Social Director	Corinne Ofstie	<a href="mailto:Cbmca.social@gmail.com">Cbmca.social@gmail.com</a>
Heritage Director	Marilyn Williams	<a href="mailto:Cbmca.heritage@gmail.com">Cbmca.heritage@gmail.com</a>
Environment Director	Brendan Baines	<a href="mailto:Cbmca.environment@gmail.com">Cbmca.environment@gmail.com</a>
Planning and Development Director	Patrick Arnel	<a href="mailto:Cbmca.development@gmail.com">Cbmca.development@gmail.com</a>
Directors At Large	Auvo Wahlberg Rick Williams	

## We Value Your Contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow-Mission community. We welcome your articles, stories, letters, announcements, and photos. Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, 1811 4 Street SW, Suite 462, Calgary T2S 1W2, in an envelope labeled "The Mission Statement". Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com).

The Newsletter Editor reserves the right to edit all submissions for accurate content, consistency, and length. If headlines to articles are not provided, one will be provided for your submission. All photographs require captions or one will be provided. All photographs must display names of the individuals in the photographs. Permission to publish the photograph or image is required. The name of the photographer and credit for the image is also required otherwise it will not be published. The Committee cannot guarantee the publication of all submissions.



# PRESIDENT'S REPORT

## New Season of Activities Start in September

With the arrival of September, our regular activities start a new season. September is especially busy with a couple of special activities.

We start off with the new Jazz concert season on Wednesday, September 3rd. Every month from September to June we have great Jazz music featuring local artists, many of whom play their own compositions. We also have two Saturday jazz dance nights, one on October 18 and one on March 21.

Sunday, September 14 has two events. The annual Community Clean Up runs from 9 am to 2 pm. You can get rid of bulky items that do not fit into the regular garbage bins such as mattresses. You can also recycle out of date electronics. You can bring useful items in good condition for the exchange portion of the event. Anything of the latter that is not taken will be donated.

The second event on September 14 is the new season of potlucks. This is a great way to meet your neighbours and enjoy some great food.

The second special event in September is on Saturday, September 27. This is the third annual Picnic with lots of free entertainment and other excellent displays, food and activities.

The first Movie Night of the season is on Sunday, September 28. Very interesting and thought provoking documentaries are featured at each event.

Regularly check out our website ([www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)) for additional information and for events and information not available at the time of our newsletter deadline.

July 20 Potluck Picnic was very successful. It was an experiment that turned out to be a great success. We usually do not have potlucks during the summer and we have never had an outdoor potluck. So the first Sunday in July after Stampede we scoured the sky for any hint of inclement weather but while it was not hot, it certainly was fair. We had a large group of attendees and some had never attended a potluck before. The food

reflected the summer season and the setting adjacent to our new garden and the park provided a great ambience for the event.

With this success, we most likely will hold another one next year.

## Board Update

There have been two changes in the membership on the Board. Lorna Dysart resigned as she is moving to Langley to be closer to family. David Delawski also resigned as he found

that his schedule did not allow him to attend Board meeting. We thank both for their contributions to the Board and the community.

*Written by: Bob Lang*



*L to R – myself, Georgina Jameson, Kimberley Munroe and Corinne Ofstie*



### SAFETY SYNC

ONLINE SAFETY MANAGEMENT SYSTEM

**"An effective health and safety management system can help prevent losses, reduce costs and provide evidence of due diligence."**

Enform IRP 9 (Revised)

**[safetysync.com](http://safetysync.com)**

**403.668.6402**

A Safety Management System (SMS) is all about managing the safety interaction you have with your workers. It's an overall strategy to help you communicate information on hazards and best practices in your workplace so you can develop a stronger, lasting culture of safety within all stakeholders in your organization.

# EDITOR'S REPORT

It's hard to believe September has arrived, although I have to admit it is my favorite time of year. As I write this, I reflect on what an amazing (and busy!) summer it has been, not only for the community but the Cliff Bungalow – Mission Community Association.

The summer of events kicked off with the garden build. This project came to fruition after a lengthy five years of planning. The garden has since become a focal point in our community. It has encouraged community members to meet their neighbours and start conversations all of which has served well in building a stronger sense of community – not to mention that it's esthetically appealing. If you haven't done so already, I encourage you to take a walk through the park. In June, the community hosted the Lilac Festival and the Calgary Maple Festival, both were big events that brought many Calgarians out to our community. Also in June The McHugh House was moved from its location on the 1800 block in Mission to 17th Avenue SW. A project of this undertaking requires a lot of time, energy and expertise. Preserving history is not always an easy task and the CBMCA are happy this historic building has found a new home. In July we celebrated Mission: Possible 2, an event that was planned and executed within four weeks. This event truly was a wonderful commemoration of the 2013 floods. In celebration of the completion of the garden, the community association had its first, maybe annual, potluck picnic and gardens party (more on this later on in the newsletter) which was a great success. There are still many more initiatives the community has worked on and are currently working on. It's safe to say this summer has been a productive and exciting one for the community.

This September the CBMCA will reintroduce awesome events that, due to the general busyness of summer, are put on hold. Included in these are movie and jazz nights. Please be sure to check out our updated community calendar in this month's newsletter.

As I mentioned, this summer was a great success and I am hopeful we will all be enjoying the warm weather for a while yet. I speak on behalf of the Board when I

say thank you to the community, for your willingness to lend a helping hand. Simply put, we wouldn't be able to do what we do without you!

Enjoy!

*Jenn Vanderlaan*

## in & around your community

### Calgary Parks Come Alive With Music!

Enjoy the fresh air while experiencing - **Music in the Parks** - featuring live music in a picturesque, open-air setting.

Live music comes to Central Memorial Park from August 5 – August 8, and again with an amazing grand finale on September 7.

Bring a picnic and folding chair, or stretch out on a blanket while relaxing to the musical sounds of The Joe Defendants, the Lorna MacLachlan Quartet, and more to be announced.

The series finale ends in style on Sept 7 with a featured pianist and accompanying ensemble from the Honen's Festival.

This premier musical series is being presented for free to the public to showcase Calgary parks along with various talented musicians during the primetime summer months.

#### Locations & Dates

Tuesday, August 5 through Friday, August 8 – Central Memorial Park

12-1p.m.

Sunday, September 7 – Central Memorial Park

2-4p.m.

For more info, visit [calgary.ca/parks](http://calgary.ca/parks) or contact 311.



# COMMUNITY CALENDAR

# SEPTEMBER

All Events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted. Also check out our website at [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com) for more information and updates.

## Jazz Concerts

Wednesday, September 3, 8 pm – Trumpet night with the André Wick-enheiser quartet

Wednesday, October 1, 8 pm – Saxophone night with the Jim Brenan quartet

## Community Clean Up

Sunday, September 14, 9 am to 2 pm. This is an opportunity to get rid of large items that do not fit in your garbage bins. Also it is an oppor-

tunity to swap good but no longer needed items with your neighbours. Any left over goods will be donated. This takes place in the parking lot behind the Cliff Bungalow – Mission Arts Centre at Cliff St and Royal Ave SW. Entrance is off Royal Avenue.

## Potlucks

Sunday, September 14, 6 pm. Bring something to share and taste an eclectic spread of great food with your neighbours. Next potluck is Sunday, October 5, a week earlier than normal due to the following week being Thanksgiving weekend.

## Picnic 2014

Saturday, September 27, 11 am to 7 pm in the park on the north side of the Community Centre.

## Movie Nights

Sunday, September 28, 7 pm – Fat, Sick & Nearly Dead. Two men whose bodies have been trashed by steroids, obesity and illness, document their rigorous healing path in a bid to regain their health. Next movie night is Sunday, October 26.

Check out our website regularly for new events and more information not available in our newsletter due to timing.

[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

## Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com).



## Fall

- AMBER
- LEAVES
- ORANGE
- CORN
- APPLES
- SWEATER
- HAY
- GEES
- WHEAT
- SQUIRREL
- HARVEST
- YELLOW
- RAKE
- SCARECROW
- WINDY
- FROST
- AUTUMN
- GOURD
- CHILLY
- SCHOOL

W	G	L	M	R	W	J	W	F	N	G	W	A	A	Z
R	O	R	E	I	N	R	D	M	Q	M	P	S	K	B
D	W	R	N	A	E	K	K	E	I	P	U	J	S	E
T	R	D	C	T	V	W	O	L	L	E	Y	T	K	R
E	Y	U	A	E	O	E	P	E	R	P	P	A	U	Y
Y	A	E	O	X	R	Q	S	I	S	N	R	W	X	A
J	W	C	C	G	A	A	K	P	L	S	T	H	G	V
S	C	Q	P	W	N	X	C	R	E	J	J	E	F	M
B	B	A	U	D	G	N	Y	S	R	G	Z	A	E	X
H	F	K	K	I	E	R	L	V	R	S	E	T	G	L
Y	Y	U	Y	B	C	O	L	C	I	F	G	E	O	Y
A	M	B	E	R	Q	C	I	O	U	J	D	O	S	O
H	A	R	V	E	S	T	H	N	Q	Q	H	L	P	E
Q	R	E	Y	H	D	V	C	F	S	C	F	H	V	Z
Q	Z	Y	T	S	O	R	F	F	S	H	A	Y	O	Y



## Cliff-Bungalow Mission Real Estate Update

Last 12 Months Cliff-Bungalow  
MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2014	\$1,075,000	\$1,030,000
June 2014	\$1,262,000	\$1,195,750
May 2014	\$849,000	\$825,000
April 2014	\$1,274,000	\$1,220,000
March 2014	\$839,850	\$830,000
February 2014	\$0	\$0
January 2014	\$0	\$0
December 2013	\$0	\$0
November 2013	\$0	\$0
October 2013	\$0	\$0
September 2013	\$0	\$0
August 2013	\$0	\$0

## Last 12 Months Mission MLS Real Estate Sale Price Stats

	Average Asking Price	Average Sold Price
July 2014	\$616,364	\$601,583
June 2014	\$863,342	\$858,178
May 2014	\$331,683	\$328,283
April 2014	\$492,325	\$485,514
March 2014	\$426,314	\$428,714
February 2014	\$662,315	\$647,909
January 2014	\$317,920	\$310,040
December 2013	\$302,920	\$293,860
November 2013	\$394,300	\$380,000
October 2013	\$629,000	\$590,000
September 2013	\$415,696	\$407,071
August 2013	\$379,400	\$371,250

To view the specific SOLD Listings that comprise the above  
MLS averages please visit [cliff\\_bungalow.great-news.ca](http://cliff_bungalow.great-news.ca)



Our readers will be pleased to know that the writing of the history of Cliff Bungalow-Mission community will be completed by the end of September. We now are organizing the next steps for "getting the book to market." These steps include:

**Fund-raising:** For the research and book writing, we were fortunate to receive a very generous grant from the Alberta Historical Research Foundation as well as the use of gaming earnings to cover costs.

Grants for actual book publication are much more limited, and we will need to raise additional funds to support book design and publication.

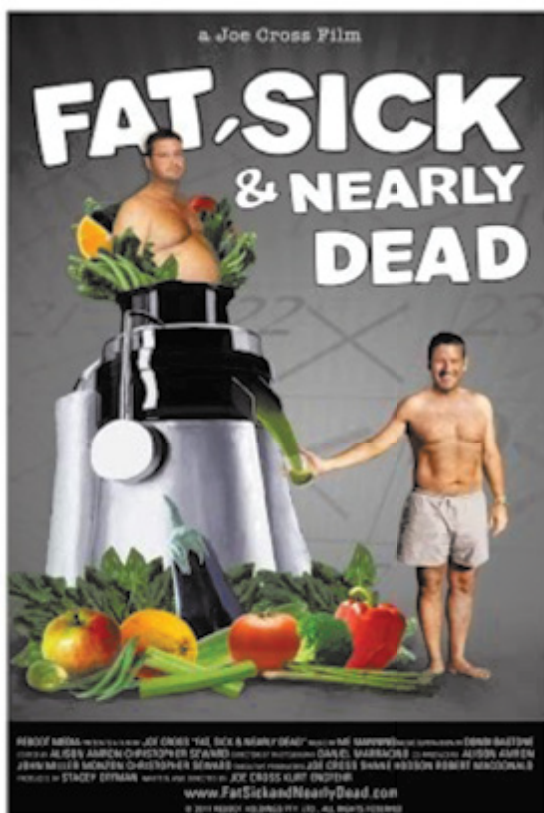
**Design and Publication:** This step includes a design for the interleaving of photos and text, the use of side-bars, the design of the book cover, and exploration of publishing alternatives together with costs.

**Publicity and Sales:** If you have experience or ideas for publicity and/or outlets for book sales, we'd like to hear from you.

If you can assist with any of these activities or can recommend others who can, we encourage you to contact Bob Lang, 403-229-2762 or Judith Theroux, 403-455-5285.







**Cliff Bungalow-  
Mission  
Community  
Association**

## **FILM NIGHT**

**September 28  
2014 @ 7pm**

**Cliff Bungalow Mission  
Community Hall, 2201  
Cliff Street SW**

# **Fat, Sick and Nearly Dead**

Two men whose bodies have been trashed by steroids, obesity and illness, document their rigorous healing path in a bid to regain their health.

A change to a vegetarian diet has brought some happy discoveries for my friend, Cindy. After some research, she's found it relatively easy to incorporate protein and calcium alternatives from other plant sources into her diet, and the big bonus is that she's feeling better about her overall health!

Here's one of her favourite vegetarian recipes that I'm sure you'll enjoy.

## JAMAICAN BURGERS (VEGETARIAN BURGERS)

Serves 6

2 tbsp coconut oil

2 ¼ cups chopped onion

3 cloves garlic

1 habanero pepper, chopped, or substitute with green bell pepper

1 ½ tbsp grated ginger

1 tsp salt

¾ tsp ground allspice

Pinch of nutmeg

1 ¼ cups cooked black beans, rinsed and drained (canned is fine)

1 cup baked beans in tomato sauce - drained

2 ¼ cups cooked long grain white rice

2 ½ cups dry bread crumbs

6 hamburger buns

Directions:

Heat the coconut oil in a large skillet over medium heat. Add onions and garlic and stir for a few minutes. Mix in the pepper and continue cooking until tender.

Remove from heat and transfer to a large bowl. Add the beans, rice, bread crumbs. Season with ginger, salt, allspice, and nutmeg. Mix together thoroughly. Form the patties in your hands; this makes the patties more firm and they will be less likely to crumble.

Heat the skillet and add some coconut oil. You are going to fry the patties until they are golden on both sides – about 10 minutes.

Serve on buns with your favourite toppings.

*Bq Rose*

# COMMUNITY READERS RECOMMEND...



## Fiction

- Identical – Scott Turow
- Under the Hawthorn Tree – Ai Mi
- Vicious Circle – Wilbur Smith
- China Dolls – Lisa See
- Loss of Innocence – Richard North Patterson
- The Language of Flowers – Vanessa Diffenbaugh

## Non-fiction

- Family Meals – Michael Smith
- Flash Boys – Michael Lewis
- It Worked For Me – Colin Powell
- The Zhivago Affair – Peter Finn, Petra Couvee
- The Mantle of Command: FDR at War, 1941-1942 – Nigel Hamilton
- Leave No Doubt – Mike Babcock, Rick Larsen

## Children's

- Llama Llama Red Pajama – Anna Dewdney
- Flora and Ulysses: The Illuminated Adventures – Kate Dicamillo
- Warriors: The First Battle – Erin Hunter

# Elbow River Pedestrian Bridges

## Replacement Project Update

Construction to replace the Elbow River pedestrian bridges is underway and the project is still on schedule to have the bridges open and ready for use by late December 2014\*.

### General construction update

Crews continue work on the foundations to support the pedestrian bridges, which will support the cables from the bridge towers, cables and decks. There are some photos and time lapse sequences of the work that has been done at [www.calgary.ca/elbowbridges](http://www.calgary.ca/elbowbridges).

Steel tower and deck panel construction and installation

Through July and August, fabrication of the steel towers and the deck panels will be taking place off-site. Construction will get more interesting from a logistical and visual perspective when they are installed at the bridge sites. The installation of the bridge deck panels involves the use of large cranes. As a result, Sifton Boulevard will need to be closed, possibly in late September/early October\* for about two weeks. The work will be done sequentially at each site.

Construction over the river and rafter safety

The installation of the cables and bridge deck panels also involves working over the river. This may begin at Sandy Beach in late August or early September and then at each bridge until installation is complete, possibly in October/November.

Rafters may want to use the river during this time, but rafters are encouraged to stay off the river

for their safety during over the river bridge construction. Those who proceed will experience delays as the rafters cannot pass the construction sites until it is safe to do so. Flaggers in the river will hold rafters until it is safe to pass.

The parking lots off of Riverdale Avenue and at Sandy Beach Park (off of 50 Avenue) will be closed during bridge construction over the river. Construction will

take place from Monday to Friday and they will start early in the day.

\*Dates are subject to change based on weather and site conditions.

Project information and construction updates: [www.calgary.ca/elbowbridges](http://www.calgary.ca/elbowbridges)

# Membership Affinity Program

Many of our community businesses have signed on to our new Membership Affinity Program, through which they will recognize your new community association plastic membership card. When you patronize their businesses, they will offer discounts and special offers to Cliff Bungalow – Mission Community Association members. Here is the current list of businesses that are part of the program:

- Burger Inn: 10% off all items
- Expedia Cruise Ship Centres: \$50 discount towards a \$1500 Travel Package
- European Bakery: 10% off all items
- 4<sup>th</sup> Street Liquor & Wine: 10% off all items
- Lorenzo's Pizza: 10% off on pick up orders and 5% off on delivery orders
- Peking Dragon: 10% on Dine In items (excluding Dinner Combos), 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 15% off Front Store items (excludes prescriptions)
- Tea Factory: 10% off all Loose Leaf Teas and drinks
- The Great Canadian Bagel: 10% off all items
- Techno Sport: 20% off all waxes and tools Or 20% off in store Tunes
- UPS Store: 5% off all products and services (excludes Canada Post products)

For any business that wants to be part of this program, please contact Auvo Wahlberg at [auvo@telus.net](mailto:auvo@telus.net). You can purchase your membership by using the membership form in this newsletter or online at our web site [www.cliffbungalowmission.com/get-involved/memberships](http://www.cliffbungalowmission.com/get-involved/memberships).



# HERITAGE

## Midsummer Masonry

Walking tours are a great way to spend a summer evening. Tuesday, July 29th during this year's Historic Calgary Week a diverse group of 40 of us strolled through Cliff Bungalow to see examples of traditional building with brick. We started at the historic community hall where heritage management consultant

Marilyn Williams gave a brief presentation on early brickyards and building with brick in Calgary.

Afterwards, we headed out to see a rich variety of early brick buildings, learn a little about their history and a lot about their masonry. We were extremely fortunate to be joined by Burleigh Hill, who has experience with all aspects of masonry - from apprentice to mason to management - on historic buildings, including the Mewata Armouries, the McDougall Centre, the Empress Hotel in Victoria and most recently the Alberta Legislative Dome Renewal.

**Nominators should apply to the Heritage Committee and are asked to include a description, explain why they think their nomination is deserving, and provide any information they have that may help the Committee, i.e. date built, the builder or architect, architectural value, historical connections, etc. For more information on the program or to nominate a site, contact Bill Longstaff at 245-9587 ([ballot@shaw.ca](mailto:ballot@shaw.ca)) or Marilyn Williams at 246-3878 ([marilynwilliams@shaw.ca](mailto:marilynwilliams@shaw.ca)).**

*Bill Longstaff  
25 June 2014*



Pictured above, clockwise from left: starting out at Cliff Bungalow and Holy Angels Schools on Cliff Street; Western Canada High School on 5A Street - Burleigh (foreground) described the masonry restoration during the modernization project; Collegiate apartments across the street; the Jan Arden residence on 23 Avenue; the Young Block commercial building on 4 Street; and the Red Cross Children's hospital at 522 18 Avenue (1922, credit Glenbow Archives). We ended up back on Cliff Street for a final stop at the Belzberg Duplex (not shown). Each site was an opportunity to discuss the quality of materials and craftsmanship that had gone into their fabulous façades, and the importance of putting equal quality into their care and maintenance.

*Marilyn Williams*



## Cliff Bungalow-Mission mybabysitterlist

Name	Age	Contact	Course
Abigail	17	705-706-4338	no
Amanda	28	403-472-1989	yes
Claire	33	587-894-8849	yes
Dana	13	403-243-3836	yes
Emma	13	403-220-1537	yes
Emma	17	403-988-5721	yes
Henry	14	403-719-8282	yes
Lisa	28	403-926-8301	no
Michelle	33	403-831-8884	yes
Sarah	21	587-225-2160	no
Sinead	24	902-999-8740	yes

### Calling All BABYSITTERS

Enroll free at [mybabysitter.ca](http://mybabysitter.ca) and choose the Calgary communities you would like to babysit in.

### Calling All PARENTS

Visit [mybabysitter.ca](http://mybabysitter.ca) and find available babysitters in and around your community.

**Disclaimer:** We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at [mybabysitter.ca](http://mybabysitter.ca).



## RUNDLE ACADEMY

*We Move Mountains*

[www.rundle.ab.ca](http://www.rundle.ab.ca)

- Independent, coeducational, day school for students in Grades 4-12 with diagnosed learning disabilities
- Premier academic program complemented by exceptional fine arts, athletic and second language programs
- **Small class sizes of 6-10 students** provide a personalized educational experience and maximizes our students' potential
- Extracurricular and global travel opportunities focus on leadership training, humanitarian efforts, character development and good citizenship



### EXPERIENCE RUNDLE ACADEMY

*Join us for School Tour Week:*

October 20th - October 23, 2014

School Tours by registration only.

Please pre-register at

**[davidson@rundle.ab.ca](mailto:davidson@rundle.ab.ca)**

Admissions information contact:

Ms. Nicole Davidson

403-250-2965 [davidson@rundle.ab.ca](mailto:davidson@rundle.ab.ca)



## About Plants

Ginger has been clinically demonstrated to work twice as well as Dramamine for fighting motion sickness, with no side effects.

# Host a Community Walkthrough

Graffiti vandalism is figures, letters, drawings or stickers applied, scribbled, scratched, etched, sprayed or attached on or to the surface of any premises, structure, or other property. It can be done by a variety of methods including spray paint, markers, etching and pens to name a few. Graffiti done without the owner's permission is vandalism and is a crime carrying serious consequences. Graffiti vandalism needs to be reported to 311. If graffiti vandalism is not removed quickly, this inaction may be interpreted as a sign of low neighborhood pride, and graffiti vandalism will spread to other buildings, streets and properties.

Many communities have walking groups already set up to promote neighbours knowing neighbours, community engagement, and living healthy lives! You and some neighbours could dedicate a walk to identifying graffiti throughout the community on public and private property.

There are two ways of reporting graffiti during or after a walk:

1. Have everyone on the walk bring their camera and carry a clipboard to record graffiti to report online or through calling 3-1-1 later.
2. Use the Calgary 3-1-1 Reporting App on their smart phones.

It is important to record as much information as possible and be sure to take photos of the vandalism. If possible, identify 'hot spots' in your neighbourhood to address.

For more information visit [calgary.ca/graffiti](http://calgary.ca/graffiti).

## My Involvement with the Cliff Bungalow Mission Community Association (CBMCA)

My involvement with the CBMCA began two years ago when I read a request for casino volunteers in the monthly newsletter. I volunteered at the casino where I met several Board members with whom I enjoyed working. I joined the Community Association and became involved in more and more CBMCA events. Last year I officially joined the Board, as Director at Large.

The CBMCA Board members are a dynamic group of residents who believe in and work hard for their community. The Board membership involves people of all ages with diverse interests. They work hard on many events and issues such as the community garden, heritage matters, dealing with the municipal council on zoning matters, the annual Lilac Festival, hosting monthly potluck dinners and a monthly jazz night, plus many other events that take place over the year.

As I prepare to move to Vancouver, my only regret is that I didn't get involved with the CBMCA sooner.

I highly recommend that residents of the Cliff Bungalow and Mission areas get involved in their Community Association. The involvement in your community and association with other residents will be highly rewarding, at least it was for me. Participation in your neighborhood will also make it a better place to live!

*Lorna Dysart*

### **Canada's Royal Winnipeg Ballet**

is one of the world's premier dance companies, and was granted its royal title in 1953, the first granted under the reign of Queen Elizabeth II. Based in Winnipeg, Manitoba, it is Canada's oldest ballet company and the longest continuously operating ballet company in North America.





# Cliff Bungalow – Mission Community Association

Mailing Address 1811 – 4 Street SW  
Suite 462, Calgary, AB T2S 1W2



## Membership Form

(Please Print Clearly)

Name (1) \_\_\_\_\_

Name (2) \_\_\_\_\_

Name (3) \_\_\_\_\_

Street Address \_\_\_\_\_

Suite/Unit # \_\_\_\_\_ Postal Code \_\_\_\_\_

Phones (1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_

Email (1) \_\_\_\_\_

Email (2) \_\_\_\_\_

Email (3) \_\_\_\_\_

Membership Cost: Single \$10 \_\_\_\_\_ Family \$20 \_\_\_\_\_ Payment type: Cash \_\_\_\_\_ Cheque \_\_\_\_\_

**\* Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters**

### Christian Science Reading Room & Book Store

The Heart of Christian Science is Love. In Christian Science this is more than worship; it's about the practicality of learning to love God supremely and to love others as ourselves.

Join us Wednesday at 12:00 noon at 315-17<sup>th</sup> Ave SW  
for a Healing Testimony Meeting - All are welcome

Contact us at: 403 209-0012 or [chrstrr@shaw.ca](mailto:chrstrr@shaw.ca)  
[www.christianscience.ab.ca](http://www.christianscience.ab.ca)





## West Island College Junior and Senior High School

Discover a school where incredible opportunities happen every day, a school where learning is tailored to each individual student, where relationships are nurtured through teamwork and collaboration, and where students are immersed in a community of enthusiastic learners.

Discover a school that is so much more than a school. [www.westislandcollege.ab.ca](http://www.westislandcollege.ab.ca)

**Open House**  
Oct. 30, 2014 - 7:00 p.m.

**Portes ouvertes**  
le 30 octobre 2014 à 19 h 00

**Learn Play Grow Belong | Connecting Passion to Purpose**  
30 Years of Excellence | 403-444-0023 | 7410 Blackfoot Trail SE, Calgary AB

**WIC**

# Cliff Bungalow Mission Community Cleanup September 14th, 9 a.m-2 p.m.

Do you have a few extra things kicking around the house, and haven't made it to the dump? Or maybe

you are looking for that last piece of furniture, but don't want to buy brand new?

On September 14th, Cliff Bungalow-Mission Community Association will be hosting a community cleanup

in the Arts Building parking lot (at the corner of Cliff St and Royal). This is an excellent opportunity to get

rid of unwanted goods, and give new life to items your neighbours no longer need.

Giving a second (or third) home to goods is a great way for our community to lessen our ecological

footprint. All unclaimed items will be donated to the Women in Need Society. So come on out and drop off

your excess stuff and find that new chair, plant, or bookshelf you've been looking for!

*Brendan Baines, Environment Director*





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	3	1						5
	9				7			

**FIND SOLUTION ON PAGE 22**

## RENOVATIONS, DECKS ETC.

Home reno, new construction, CABINETRY, decks, FENCES...

***All the things you NEED done  
but can't or don't want to do yourself.***

A timely, PROFESSIONAL, high quality service on every job!

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**\*Local  
references and  
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available.**

## **BUILDING ART**

Tom Fairbrother at 403.614.2682

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**Please join us for Christ Church's**

**ANNUAL BLESSING OF THE ANIMALS**

**Sunday, October 5th**

**Fun activities for furry friends beginning  
at 1:45 pm, blessing starts at 2:30 pm**

**THE ANGLICAN PARISH OF CHRIST CHURCH**

3602-8TH STREET SW | 403-243-4680

WWW.CHRISTCHURCHCALGARY.ORG

# WHAT IS A COMMUNITY CLEAN-UP?

**Sunday, September 14, 2014**

**9:00 a.m. – 2:00 p.m.**

On Sunday, September 14th, the City will provide us with two packer trucks to collect items dropped off by Cliff Bungalow - Mission residents. We also will include Recycling, Goods, Exchange & Donations

- Clean-up: Drop off Unwanted household goods and yard waste (things that might otherwise fill your basement, your yard, your street, or your alley)

- Recycle: Drop off electronics for electronic recycling

- Exchange: drop off Gently used goods and pick up something you might need, e.g. Furniture, bicycles (Items not claimed by 2:00pm will go to the landfill or if suitable, donated to Women In Need)

**WHERE SHOULD YOU BRING YOUR STUFF? (and find free stuff to take home)**

The clean-up will take place in the parking lot of Cliff Bungalow – Mission Arts Centre (Holy Angels School) at: 2105 Cliff Street (enter off Royal Ave). No items will be received after 1:45 p.m.

**What to leave at home (items not accepted)**

- Tires Household, chemicals, Car batteries, Home appliances, Microwaves (okay for electronics recycle), Metals, Propane tanks, Paint, Liquids

If you have any questions about the day, or want to help out as a volunteer, please email the green team at [cbmca.environment@gmail.com](mailto:cbmca.environment@gmail.com) or consult the Cliff Bungalow - Mission Community Association Website: [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

If you have a few extra minutes, stick around and enjoy a coffee with your neighbours.




# Potluck Picnic & Community Gardens Party

The first, maybe annual, CBMCA Potluck Picnic & Community Gardens Party on Sunday, July 20 was a whole lot of fun. An hour before we were planning to set up in the park on Cliff St. at 22 Ave., we had a real down-pour which gave way to a lovely, fresh and sunny afternoon --- perfect for the occasion. People began to arrive around 5 and before long we had two tables absolutely laden with all kinds of delicious food to share. Given the season, there was a real abundance of great salads from radish & cucumber, potato, Greek, quinoa, lentil, greens & more. A very interesting chilled strawberry soup was on offer as was bison pate, hummus, curried chicken, barbeque chicken and homemade bread. Fresh blueberries and watermelon were great with the variety of baked desserts. Folks took time to stroll through the garden, check out what's growing and exchange gardening tips. Somewhere around 40 people met new and old friends and neighbours and a good time was had by all!

Join us for our next Potluck Dinner scheduled for Sunday, Sept. 14 at 6p.m. at the Community Hall, 2201 Cliff St.SW. See you there!

## Laugh a Little!



I read recipes the same way I read science fiction. I get to the end and I think, "Well, that's not going to happen."

## in & around your community

### Ensuring the safety of people and pets

#### **Responsibilities of dog owners in off-leash areas:**

Dogs are allowed to be off-leash only in designated off-leash areas. Even in off-leash areas, dogs must be on leash in the parking lot and on the pathways. All of Calgary's pathways are on leash areas.

In an off-leash area, owners must ensure that their dog is under control at all times. Under control means that the dog must remain at such a distance from his owner so as to respond to voice, sound or sight commands. It also means that the dog must not chase, threaten or attack people or animals.

#### **Responsibilities of dog owners on pathways:**

- Owners must have their dog secured by a leash no longer than two metres.
- Owners must ensure that their dog remains on the right-hand side of the pathway unless moving around other users.
- Owners must ensure that their dog remains under control at all times and does not interfere with other users.
- Owners must not be on a bicycle, skateboard or rollerblades with any animal on a leash.
- Responsibilities of dog owners in other public spaces:
- Owners must not leave their dog unattended while tethered or tied on premises accessible to the public.

#### **Responsibilities of dog owners on private properties:**

- Owners must ensure that their dog is not left unsupervised while tethered or tied on a private property.

For more information, visit [calgary.ca](http://calgary.ca) and search "Responsible Pet Ownership."

# BUSINESS CLASSIFIEDS

For Business Classified Ad Rates Call Great News Publishing at 403 263-3044 or sales@great-news.ca

**NEPTUNE PLUMBING & HEATING LTD:** Qualified journeymen plumbers/gasfitters, very experienced in Cliff Bungalow and Mission. Upfront pricing. Reliable, conscientious, fully guaranteed. Mon - Fri 8:00 am - 5:00 pm. 24 hour emergency service call 403-255-7938. "Showering you with great service."

**CONCRETE CUTTING FOR BASEMENT WINDOWS & DOORS & FLOORS:** New openings or enlargements cut into foundation for basement windows and doors. Enlarge your existing basement windows to meet fire code for bedrooms, from cutting basement windows, doorways to supply and install quality windows, window-well, weeping-tile, core drilling, excavation and anything concrete cutting. Call 403-570-0555. Email: info@asapconcretecutting.com.

**CANTARE CHILDREN'S CHOIR:** announces our new central rehearsal location at St. Stephen's Church (1121 14 Avenue SW). Catherine Glaser-Climie, Artistic Director, invites boys and girls ages 6 to 18 to join our award winning choir program. Call 403-685-1132 or [www.cantarechildrenschoir.org](http://www.cantarechildrenschoir.org) for more information. Come Sing With Us. The experience of a lifetime awaits!

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**For Business Classified Ad Rates Please  
Call Great News Publishing at  
403 263-3044 or sales@great-news.ca**

**CONDO RECYCLING SOLUTIONS:** Get your recycling program started for your condo or office early! We have provided recycling options since 2003! Free quotes. Call 403-680-7557 TODAY! [www.condorecycling.com](http://www.condorecycling.com).

**HARDING'S PAINTING:** Interior/exterior painting, drywall/ceiling repairs. Free estimates and competitive pricing. No upfront fees, members of BBB, liability insurance, WCB. Call Mike at 403-401-5545.

**QUALITY RENOVATIONS & ADDITIONS KITCHENS/BATHROOMS, WINDOWS/DOORS/SIDING & GENERAL CONTRACTING:** Specializing in home improvement projects to improve comfort, appeal and value of your home. Quality workmanship guaranteed at reasonable prices. Licensed/Insured/Bonded/WCB coverage. Call for a free estimate. Horizon Home Developments. Phone: 403-800-9192. Email: info@horizonhomedevolutions.com.



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Downspouts/Drip-edge/Leak repairs  
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**coffee trivia**  
Coffee, as a world commodity, is second only to oil.



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OUTDOOR EDUCATION  
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.....

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[sts.ab.ca/ExpectMore](http://sts.ab.ca/ExpectMore)





## CPS: Stopping the Reign of Bullies

Schools should be a safe haven for our children where they can learn, make friends and discover their own unique gifts. Unfortunately, some children are denied this positive experience because they're involved in bullying.

Bullying is a serious problem in schools across our city and, recognizing the gravity of the situation, the Calgary Police Service supports the [www.howwasyourday.ca](http://www.howwasyourday.ca) website, designed to encourage parents to ask their children about their lives and not just settle for "fine" or "good" as answers.

Most anti-bullying campaigns tend to focus on social awareness, but the goal of [howwasyourday.ca](http://www.howwasyourday.ca) is to initi-

ate more action against bullying. Being afraid and worried about going to school should not be a part of the lives of Calgary's children.

The website provides tips for parents, teachers and children. Parents can find information on how to deal with their child being bullied, or what to do if their child is a bully, as well as information to tell children if they witness bullying. Teachers will find resources and tips for addressing bullying, and children can reference the site to gain a better understanding of bullying and how to stop it.

Children who are bullied may not talk about their experiences because they feel ashamed, or don't think that an adult will believe them or help them. [Howwasyourday.ca](http://www.howwasyourday.ca) suggests some of the following questions you can ask your child to learn more about what is going on in their lives:

- What was the best thing/worst thing that happened today?
- Who do you spend time with at school? What are they like?
- Do you get along with people at school?
- How do you treat other children?
- What is it like on the bus/on the school yard/on the walk to and from school?
- How would you describe bullying? What is it like?
- What happens in the school hallways or in the lunch-room?
- Does anyone you know get picked on at school? What do you think about it?
- Do any kids you know get mean emails or messages? What would you do if you got one?

Bullying is violence and, if not stopped, can lead to more violent behavior as children grow up. Statistics show that as many as one out of four elementary school students who bully have a criminal record by the time they're 30 years old.

As parents, teachers and children, we need to pull together to put a stop to bullying. Children should no longer fear going to school and other children shouldn't think that they can bully their peers.

For more information on bullying and how to manage it, please visit [www.howwasyourday.ca](http://www.howwasyourday.ca) and [www.calgarypolice.ca](http://www.calgarypolice.ca) and follow the "Kids and Teens" link.

## BRAIN GAMES SUDOKU

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8	7	9	4	5	1	2	3	6
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9	8	5	7	2	4	3	6	1
3	1	6	8	9	5	4	2	7
2	4	7	1	6	3	8	5	9
7	5	8	3	4	6	1	9	2
6	3	1	9	8	2	7	4	5
4	9	2	5	1	7	6	8	3

## Littering:

Partnering with Calgarians to keep Calgary clean Animal & Bylaw Services wants to continue to foster its partnership with Calgarians to help keep our public and private spaces clean, safe and free of garbage and debris.

Community spirit is a strong force in our city. Thank you to everyone who continues to support and demonstrate strength and community pride!

We encourage all Calgarians to continue contributing to their neighbourhoods by keeping their properties tidy, using proper receptacles to dispose of waste and picking up litter.

Another way to foster safe, clean and healthy communities is to get involved in a Community Clean-up. The schedule of Community Cleanups can be found on our website [www.calgary.ca/cleanup](http://www.calgary.ca/cleanup).

Be sure to report any litter infractions or waste concerns by contacting 311.

Littering offences are covered under the **Street Bylaw (20M88)** and the **Parks and Pathways Bylaw (20M2003)**:

- Litter or waste must not be left, or disposed of, except in receptacles provided for waste disposal
- No person shall dispose of litter or waste from a vehicle
- No person shall leave or dispose of litter or waste that is burning i.e. cigarettes

### Fines

- |                               |            |
|-------------------------------|------------|
| • Littering                   | \$500.00   |
| • Littering from a vehicle    | \$750.00   |
| • Disposing of burning litter | \$1,000.00 |

Burning litter, as we all know, can become a safety concern and any litter and waste, if not disposed of properly, can have a negative impact on our city.

**Thank you to all Calgarians for your continued hard work and the pride that you take in our city.**



## COUNCILLOR, WARD 8 EVAN WOOLLEY

P.O. Box 2100, Station M  
Calgary, AB, Canada T2P 2M5  
Phone: 403-268-2430

### September – Programs you should know about

#### Park Safe program

At the beginning of each school year, the Calgary Parking Authority (CPA) wants to remind Calgarians to park safely in school and playground zones. Each year, the CPA receives numerous complaints about how people park in these areas. Dedicated parking enforcement staff patrol school zones year-round to ensure the safety of children who are being dropped off or picked up at school. The CPA works with the Calgary Board of Education and the Calgary Catholic School District to promote our Park Safe educational and awareness campaign throughout the year. The CPA also has a Park Safe brochure full of pointers available for download at <http://www.calgaryparking.com/web/guest/parksafe>.



#### Calgary AfterSchool

Calgary AfterSchool offers, fun, safe, supervised, and quality after school programs for Calgary kids aged 6 to 16. A collaborative effort between The City of Calgary and community partners, Calgary AfterSchool programming takes place during the critical hours of 3:00 p.m. – 6:00 p.m., when kids are out of school, but parents may not yet be home. Calgary AfterSchool participants gain physical, social, leadership and creative skills.

For more information, including a listing of all programs, visit [calgary.ca/afterschool](http://calgary.ca/afterschool).

## KEYBOARD SHORTCUTS

Insert a comment:

**ALT+CTRL+M**

Turn Track Changes on or off

**CTRL+SHIFT+E**

Close the Review Pane if it is open

**ALT+SHIFT+C**

# Our CBMCA Community *Potlucks*



## **Potlucks - a great way to meet other community residents**

Our community potlucks are a great way to meet neighbours and other community residents. They also are a great way to taste a variety of great food. Don't be afraid to come because you fear your food might not live up to what others bring. That is not the intent of these potlucks. The food is just the catalyst to get together and have some fun.

The ambience of the community hall lends itself to events like this being a warm, inviting and historic building. The exposed brick wall, the original hardwood floor and the period style light fixtures sets the mood for great events like our potlucks.

They generally are held on the second Sunday of the month from September to June starting at 6 pm. Some are moved to a different Sunday because of a conflict when a lot of people would be doing other things e.g. Mothers Day in May. We set up at 5 pm and if you can, we would appreciate help with this. Not a big job but easier and quicker with more hands on deck. During the fall and spring we enjoy the longer daylight hours. During winter, tea lights to help set the mood.

We have started publishing recipes of some of the dishes that have been brought to potlucks. Longer

term, we might consider publishing these recipes in other ways.

## **It's a Potluck!**

### **Bring Something to Share!**

SUNDAY, September 14, 6 PM

COMMUNITY HALL

2201 CLIFF ST. SW

Please bring a plate, mug and cutlery

For more info: [cofstie@gmail.com](mailto:cofstie@gmail.com)

## **Brian Orser's Curried Chicken Recipe**

*(submitted by Judy Hamp)*

Cut 2 chicken breasts into cubes. Salt and pepper the chicken. Cook chicken in vegetable oil. Cut two heads of broccoli into smaller pieces. Line your baking dish with broccoli. Add the cooked chicken. The sauce is: 1 can of Cream of Chicken soup, 1 teaspoon curry powder, 1 teaspoon lemon juice and 1/4 cup mayonnaise. Pour over the chicken. Add a layer of shredded cheddar cheese. Bake in 350 oven for 1 hour.



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# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

- **October 8 – Calgary Flames & Vancouver Canucks** face off at 8:00 pm at the Saddledome. (SN, TVA SPORTS 2) [www.calgaryflames.com](http://www.calgaryflames.com)
- **October 14-19 – WordFest** takes place at various venues in Calgary and Banff. For details and information – 403.237.9068 / [www.wordfest.com](http://www.wordfest.com)
- **October 14 – November 9 – Liberation Days** is an inspiring WWII drama performed by Theatre Calgary. 403.294.7447 / [www.theatrecalgary.com](http://www.theatrecalgary.com)
- **October 16 – Maceo Parker** performs as part of Epcor Centre's TD Jazz Series at 7:30 pm at Jack Singer Concert Hall. 403.294.9494 / [www.epcorcentre.org](http://www.epcorcentre.org)
- **October 17 & 18 – Rocky Mountain Wine & Food Festival** offers a variety of wine, scotch, beer and spirits, as well as gourmet food samples from local restaurants and hotels at the BMO Centre, Stampede Park. 403.228.0777 / [www.rockymountainwine.com](http://www.rockymountainwine.com)
- **October 18 – Mary Chapin Carpenter in Concert** with Calgary Philharmonic Orchestra – 8:00 pm – Jack Singer Concert Hall. 403.571.0849 / [www.cpo-live.com](http://www.cpo-live.com)
- **October 19 – Louis Armstrong & Miles Davis' Kind of Blue** is performed by Calgary Jazz Orchestra at 7:00 pm at River Park Church. 403.239.8545 / [www.calgaryjazzorchestra.com](http://www.calgaryjazzorchestra.com)
- **October 19 – Calgary Hitmen & Regina Pats** face off at 4:00 pm at the Saddledome. [www.hitmenhockey.com](http://www.hitmenhockey.com)
- **October 20 & 21 – The Man in Black – A Tribute to Johnny Cash** with Shawn Barker, runs at Stage West. 403.243.6642 / [www.wtagewestcalgary.com](http://www.wtagewestcalgary.com)
- **October 23 – Diego El Cigala** performs at 7:30 pm at Jack Singer Concert Hall. Epcor Centre's BD&P World Music Series. 403.294.9494 / [www.epcorcentre.org](http://www.epcorcentre.org)
- **October 23-26 – Oktoberfest** is celebrated at Spruce Meadows with up-close competition and the indoor comforts of the Equi-Plex. [www.sprucemeadows.com](http://www.sprucemeadows.com)
- **October 24 – Calgary Stampeders vs Saskatchewan Rough Riders** at 7:30 pm at McMahon Stadium. [www.stampeders.com/2014-schedule](http://www.stampeders.com/2014-schedule)
- **October 26 Calgary Hitmen vs Prince George Cougars** at 4:00 pm at the Saddledome. [www.hitmenhockey.com](http://www.hitmenhockey.com)
- **October 30 – Classical Superstar Joshua Bell** performs with the Calgary Philharmonic Orchestra at 8:00 pm at Jack Singer Concert Hall. 403.571.0849 / [www.cpo-live.com](http://www.cpo-live.com)
- **October 31 – Calgary Flames vs Nashville Predators** at 7:00 pm at the Saddledome. [www.calgaryflames.com](http://www.calgaryflames.com) e. & o. e.

## OCTOBER 5 – GREEN EGGS & HAM - SYMPHONY SUNDAY FOR KIDS

performed by the Calgary Philharmonic Orchestra – 3:00 pm at Jack Singer Concert Hall. 403.571.0849 / [www.cpo-live.com](http://www.cpo-live.com)



## OCTOBER 23-25 THE THREE MUSKETEERS

is performed by Alberta Ballet. 403.245.4549 / [www.albertaballet.com](http://www.albertaballet.com)



## SATURDAYS IN OCTOBER – PUMPKIN & SCARECROW FESTIVAL

at Kayben Farms, just north of Okotoks. Corn maze, live music, kids activities and more. 403.938.2857 / [www.kayben.com](http://www.kayben.com)



OCTOBER



# COMMUNITY ANNOUNCEMENTS

**Deadline – 1<sup>st</sup> of each month for  
the next month's publication**

**Contact [news@great-news.ca](mailto:news@great-news.ca)**

- ◆ Free announcements: lost/found, household items  
for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**HEARD OF THE RED HAT SOCIETY?** Looking for fun & friendship? Over 50 - become a Red Hatter! Under 50 - be a Pink Hatter! Open House Saturday, September 13. More details at [redhatcalgary@gmail.com](mailto:redhatcalgary@gmail.com). Excited to meet you!

**GRACE HARVEST MARKET:** October 4, 2014 10:00AM - 2:00PM. A Thanksgiving celebration, a focus on community giving. Tasty treats and treasures for your Thanksgiving table and home. Tea room, bake fest, Christmas cakes, quilting, collectibles, and more. Proceeds to the Interfaith Food Bank. Grace Presbyterian Church 1009 15 Avenue SW, Calgary.

**THE BEREAVED PARENT NETWORK** is hosting a free "Managing the Holidays" session on Monday, October 6, 2014 from 7 – 9 pm at Alberta Children's Hospital. Parents and families who have experienced the loss of a child through illness, a sudden event or pregnancy are welcome. To register or for more info: Kinder Dean at 403- 955-5463 [kinder.dean@albertahealthservices.ca](mailto:kinder.dean@albertahealthservices.ca).

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## IMPORTANT NUMBERS

### ALL EMERGENCY CALLS

	911
Alberta Adolescent Recovery Centre	403.253.5250
Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	403.514.6100
Poison Centre – Alberta	1.800.332.1414
Suicide Crisis Line	1.800.784.2433

### HOSPITALS/URGENT CARE

Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Care	403.955.6200
South Calgary Urgent Care	403.943.9300
South Health Campus	403.956.1111

### OTHER

Calgary Humane Society	403.205.4455
Calgary Parking Authority	
(Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Senior's Resource	
(SeniorConnect)	403.266.6200
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	211 and 311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
Need-a-Doctor	<a href="http://www.needadoctorcalgaryandarea.ca">www.needadoctorcalgaryandarea.ca</a>

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# RUNDLE COLLEGE

*Attention to Excellence*

[www.rundle.ab.ca](http://www.rundle.ab.ca)

- Independent, coeducational, day school for students in Preschool-Grade 12
- Rigorous academic program complemented by exceptional fine arts, athletic and second language programs
- **Small class sizes of 14-15 students** provide a personalized educational experience and maximizes our students' potential
- Extracurricular and global travel opportunities focus on leadership training, humanitarian efforts, character development and good citizenship

## EXPERIENCE RUNDLE COLLEGE

*Join us at our next Open House:*

Rundle College Primary (Preschool - Grade 3)  
October 15, 2014 at 9:30 AM  
2445 23rd Avenue SW Calgary

•

Rundle College Elementary (Grades 4-6)  
October 16, 2014 at 1:00 PM  
2634 12th Ave NW Calgary

•

Rundle College Junior High (Grades 7-9)  
October 8, 2014 at 1:00 PM  
7375 17th Avenue SW Calgary

•

Rundle College Senior High (Grades 10-12)  
November 25, 2014 at 7:00 PM  
7375 17th Avenue SW Calgary

**Admissions information contact:**

**Ms. Nicola Spencer**

**403-291-3866 [spencer@rundle.ab.ca](mailto:spencer@rundle.ab.ca)**

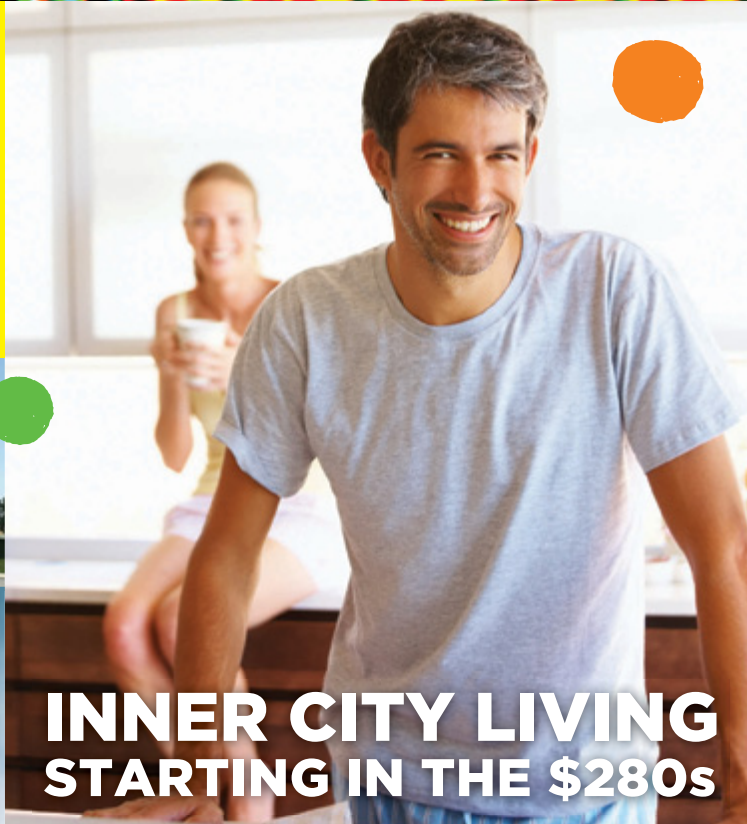
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