

THE MISSION

OCTOBER 2013

STATEMENT



www.cliffbungalowmission.com

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



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OCTOBER 21

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The Mission Statement

Published monthly by Great News Publishing for the Cliff Bungalow-Mission Community Association.

The views expressed by contributors to The Mission Statement are not necessarily those of the CBMCA Board or its associates.

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Like our Facebook page for all the latest updates and information on our events

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We Value Your Contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow-Mission community. We welcome your articles, stories, letters, announcements, and photos. Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, 1811 4 Street SW, Suite 462, Calgary T2S 1W2, in an envelope labeled "The Mission Statement". Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to cbmca.editor@gmail.com.

The Newsletter Editor reserves the right to edit all submissions for accurate content, consistency, and length. If headlines to articles are not provided, one will be provided for your submission. All photographs require captions or one will be provided. All photographs must display names of the individuals in the photographs. Permission to publish the photograph or image is required. The name of the photographer and credit for the image is also required otherwise it will not be published. The Committee cannot guarantee the publication of all submissions.



PRESIDENT'S REPORT

Flood 2013 Redefined the Riverscape

The flood this year has made some significant changes to the Elbow River in our community and surrounding communities. The tremendous flow changed the riverbanks and the riverbed. Huge swaths of the riverbank disappeared while the riverbed now sports very large areas of gravel that was deposited when the flow slowed down. Trees and bushes were uprooted. There is even a small rapid near the southeast corner of the community along 26th Avenue SW. The Elbow River meanders through this area and turns sharp corners along the way. The force of the water not only flooded residences, the force of the flow carved away the riverbank as it turned the corner at the southeast portion of the community. The flow along 26th Avenue SW basically created a new river course along the avenue that took out a large swath of trees and bushes at the east end of 26th.

These changes raise the issue of the Flood Hazard mapping of the Province of Alberta and whether they accurately reflect the new realities of this flood and the impact of new developments along the Elbow River since the mapping was last updated. While it will take time, this mapping should be updated as it is very out of date from my perspective. How can we plan for a future flood if we do not fully understand how things have changed? A model also should be developed to help predict the potential impact of new developments similarly to the models they have been developed to analyze wind tunnel effects downtown when new buildings are proposed.

Many Residents Still Not Back Home As of early September, there still are many community residents that are not back into their homes. The lower suites of many buildings were gutted as a result of the flood and have yet to be rebuilt. Obviously those residents are still not back in those units. Some people have even moved, some out of the community like our former Secretary and Treasurer, Jana Lait. This is truly unfortunate, as these residents were part of our community vitality. We do hope they will soon be back into their homes and back in the community. In the meantime, we hope they continue to visit the community and come to some of our events at the community centre.

Annual General Meeting

The date of our Annual General Meeting is Thursday, November 28, 2013. The community association was incorporated on November 29, 1978 so we will be cel-



ebrating 35 years of service to the community. We also will be celebrating 25 years since we opened up the community centre in 1988. We will recognize some people who have made significant contributions to the community over the years including some who made a difference during the devastating flood of 2013. So please note that date and join us as we celebrate our community.

We Need a New Treasurer

Trafford Crump, our Treasurer, will be stepping down from that role at the AGM. This is an important position and we would like to identify a replacement before the AGM. Please consider joining the Board in this role. For more information, please contact me at rvlang@aol.com or 403-229-2762.

If you are not willing to take on a specific position on the Board, we do have a few limited openings for Director At Large. You would be expected to participate in various community events and activities including potential special projects. Again, feel free to contact me about this.





EXCELLENT MEETING SPACE AVAILABLE

by Martin Bober

Taken from an issue of The Mission Statement in 2002

Our smoke and alcohol free Community Association space is available to suitable groups for meetings, seminars and celebrations at modest rentals, evenings and weekends.

The space features two bright and airy interconnected rooms of 750 sq. ft. each. One has carpet, a small kitchen and serving bar, and a brick feature wall. The other has a hardwood floor. Both have large walls of windows and high ceilings. The facility comes complete with tables and chairs.

We are situated in a park-like setting convenient to public transportation, restaurants, and amenities. Funds generated from rentals are used to support the work of the Community Association.

To view and for rental details, contact zahra_minoosepehr@hotmail.com or call 403-245-6001.

EDITORIAL

by Brendan Baines

Well Cliff Bungalow-Mission, it certainly has been a summer of change for all of us all; our Community Association has been no exception. In the seasons to come we hope to see a number of new initiatives come to fruition from our environment committee, communications, and membership (among other things!), and of course our continued desire to build a stronger sense of community with you.

Another change on the horizon is the upcoming municipal election on October 21. All Calgarians have the opportunity to shape our city, from the community level to City Hall, and it is important to remember that we will be electing not just the Mayor of our great city, but Council Members and School Board Trustees as well. From the local perspective, your voice can be most easily heard through your Trustee and Member of Council, so be sure to check out the Ward 8 candidates and exercise your right to vote!

There will be a Ward 8 Council debate on October 8 at Bankview Community Association Hall. The Trustee debate for our Ward will take place on October 10 at Triwood Community Association Hall. Both events will begin at 7pm sharp.

As always, if you have ideas on how to make Cliff Bungalow-Mission a better place, or are interested in getting involved, please drop us a line at cbmca.editor@gmail.com.

All the best in October from the CBMCA.

TURKEY TRIVIA

- The long fleshy skin that hangs down over a turkey's beak is called a **snood**
- Male turkeys are called **toms** and female turkeys are called **hens**
- At maturity, turkeys can have as many as **3,500 feathers**
- Turkeys can run up to **88 km per hour (55mph)**
- The colour of a turkey's neck can turn **blue** when mating



COMMUNITY CALENDAR

October

All events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted. Also check out our website at www.cliffbungalowmission.com for more information and updates.

Jazz Concerts

Wednesday, October 2 is Guitar Night with the Buschmeyer/Smith Guitar Duo. Doors open at 7:30 p.m.; performance starts at 8 p.m. November 6 features Hutchison/Andrews Trio with guest Curtis MacDonald.

Saturday Night Evening of Jazz and Dance

Special Saturday night event on October 19. It will feature Alex Hutchison's group: Shadowplay. The music will be funk/latin. This is a great event to hear great music that you can dance to if you wish. Doors open at 7:30 p.m., music starts at 8 p.m. Come early to get a good seat! \$15 cash at the door.

Potlucks

Sunday, October 6, 6 p.m. This is a week early as the next weekend is Thanksgiving weekend. Next potluck date is Sunday, November 10

Book Club

Sunday October 6 at 7p.m. at Beat Niq Jazz Social Club.

Movie Nights

Sunday, October 27, 7 p.m. featuring the thought provoking "The Greenest Building". No cost for entry.

Annual General Meeting

Thursday, November 28.

Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is now published monthly. E-mail to cbmca.editor@gmail.com



Cliff Bungalow – Mission Community Association

Annual General Meeting

Thurs, November 28, 2013

Community Centre

2201 Cliff St SW (1 block 5th St at 22nd Ave SW)

Note this date in your calendar. More details in the next newsletter

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Cliff Bungalow – Mission Community Association

**Mailing Address 1811 – 4 Street SW
Suite 462, Calgary, AB T2S 1W2**



Membership Form

(Please Print Clearly)

Name (1) _____

Name (2) _____

Name (3) _____

Street Address _____

Suite/Unit # _____ Postal Code _____

Phones (1) _____ (2) _____ (3) _____

Email (1) _____

Email (2) _____

Email (3) _____

Membership Cost: Single \$5 _____ Family \$10 _____ Mail cheque to address above.



Treasurer Needed

The Cliff Bungalow – Mission Community Association requires a volunteer to take over the important role of Treasurer as of the Annual General Meeting that will be held on November 28. Bookkeeping is provided by an outside service but knowledge of managing the financial matters of a not for profit organization would be an asset. Training in regards to this role also is available. For more information, please contact Bob Lang at rvlang@aol.com or 403-229-2762.



CBMCA Social Scene

Community Potluck

Cliff Bungalow-Mission Community Association hosts a monthly community potluck on the second Sunday of month at 6 p.m. down at the Community Hall. Bring a dish to share, your own plate, cutlery and mug and join in on a meal with your neighbors and friends.

October Potluck

Sunday October 6, 2013

6 p.m.

2201 Cliff Street SW

Book Club

For monthly book club details, reading list and discussion questions check out the Cliff Bungalow-Mission Book Club blog, *Readers on the Run*: <http://readers-on-the-run.blog.ca/>

Jazz Concert Series

In partnership with Jan Mulder and other amazing musicians from the Mount Royal University Jazz Faculty, the Cliff Bungalow-Mission Community Association hosts a

monthly jazz night at the Community Hall normally on the first Wednesday of every month from September to June. This is a very popular event showcasing the premier jazz talent in Calgary. Doors open 7:30 p.m., Jazz 8 p.m. Tickets may be purchased at the door: \$10 for CBMCA members, \$15 non-members. This event also features \$1 coffee, tea, pop and water as well as a cash bar.

October 2, 2013

7:30 p.m.

2201 Cliff Street SW

Film Night

Cliff Bungalow-Mission Community Association hosts a film night on the last Sunday of each month at 7p.m at the Community Hall. This is a free community event open to everyone. Each month we feature a documentary and post film discussion. CBMCA works hard to enrich our community discussions by inviting key note speakers, discussion moderators and

other guests to out film nights to contribute to our post film discussion

October 2013 film

The Greenest Building

Over the next 20 years, American's will demolish one third of our existing building stock (over 82 billion square feet) in order to replace seemingly inefficient buildings with energy efficient "green" buildings. The hour long documentary "The Greenest Building" poses the question "Is demolition in the name of sustainability really the best use of natural, social, and economic resources? Or, like the urban renewal programs of the 1960's, is this well-intentioned planning with devastating environmental and cultural consequences?"

Director: Jane Turville

Stay up to date with CBMCA at <http://cliffbungalowmission.com/>, on Facebook and Twitter.



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William Reader's 5A Street Grand Allée of Trees

by Marilyn Williams

In 1912, Western Canada College, today's high school, showed ambition in its subdivision plan for the adjacent land, creating *University Street*, which the City renamed 5A Street S.W. Three years later the 5A street trees were planted. Although the college's ambitions did not materialize, the legacy of the beautiful street trees remains with us today. They received a plaque as Heritage Trees of Alberta in 2008 and recently they were added to Calgary's inventory of evaluated historic resources as an important part of Calgary's cultural landscape strategy. The strategy includes the preservation of significant ar-

chaeological sites, cemeteries, former homesteads, estates or quarries, the restoration of historic parks like Central Park and Reader's Rock Garden, as well as listing and maintaining numerous historic boulevards.

The Calgary Heritage Authority website explains the significance of the 5A Street Boulevard: "The formal, ordered design of the boulevards reflects the influence of the City Beautiful Movement in urban development/planning. The movement supported beautification and formality to encourage order and harmony within society. William Roland Reader, Calgary's Superintendent of Parks and Cemeteries from 1913-1942, was influenced by the City Beautiful Movement in the establishment and early growth of Calgary's parks and open space system. One of his principle initiatives was the creation of streets lined with trees and developed with landscaped boulevards and medians. In 1913 Reader stated "I doubt that any other public improvement will tend to create and foster a civic pride in Calgary to the same extent as will the making of boulevards, and planting of trees on our streets, nor will any other feature of our city impress visitors so favorably."



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CLIFF BUNGALOW MISSION



JOIN US

SUNDAY, OCTOBER 6, 6 PM

COMMUNITY HALL

2201 CLIFF ST. SW

Please bring a plate, mug and cutlery

For more info: cbmca.social@gmail.com

How Much is too Mulch?



The newly restored 5A street ash trees will eventually be *strangled* by this mulch which causes tree stress.



Covering the trunk flare reduces O2 and CO2 exchange creating phloem stress and eventually causing root stress.



During the construction of Tweed condos several 5A Street boulevard trees were removed, and this spring they were replaced by new green ash trees. Unfortunately, shortly after, decorative mulch was placed around the base of the trees. While creating an attractive appearance, soil or mulch piled up against the tree flare will eventually kill trees of any age. According to helpful information received from the City, the material will become heavy and waterlogged preventing O2 and CO2 exchange. Eventually the roots become malnourished and weakened, compromising the plant's health. The wet material can also attract pathogens which create root rot. While many of these trees are on city property, and the mulch can be cleared away by the Urban Forestry department, owners who are not aware of the reason may simply recreate the problem by replacing the material. Education is the best way to avoid harming the trees so please get the word out to your neighbours to protect our lovely urban canopy and keep the tree flares uncovered.

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Crowchild entrance: Crowchild to Flanders Ave, thru main gate of the Barracks, go straight through first stop sign on Caen Ave, turn left at Falaise Ave. Location is directly on the right.	Deerfoot directions: South on Deerfoot to exit 241 (24 th St E), follow 24 St past Douglasglen to Ecco Waste on your right.
Richardson Way entrance: Turn into Barracks on Caen Ave and immediately turn right on Falaise Ave. Location is on right.	Glenmore directions: South on Shepard Rd, turn right at 84 th Ave, left on 24 th St. Location is on your left just before Quarry Park Blvd.



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**Tuesday,
October 1, 2013
10:00 a.m. -1:30 p.m.
Westbrook Mall (1200 37 Street S.W.)**

Brought to you by Westside Interagency Seniors Subcommittee & Westbrook Mall

GOOD COMPANONS 50 PLUS CLUB

Special thanks to Westbrook Mall for the generous support of this event. Many thanks to all of the merchants and staff at Westbrook Mall.

A black and white photograph of John Mar, a man with dark hair, smiling and wearing a dark suit jacket over a light-colored shirt. He has his arms crossed. To his right, the text "RE-ELECT JOHN MAR" is written in large, bold, white capital letters, slanted upwards. At the bottom of the poster, the text "COUNCILLOR | WARD 8 | OCTOBER 21, 2013 | 587-333-VOTE | JOHNMAR.CA" is displayed in white capital letters.

**RE-ELECT
JOHN
MAR**

COUNCILLOR | WARD 8 | OCTOBER 21, 2013 | 587-333-VOTE | JOHNMAR.CA

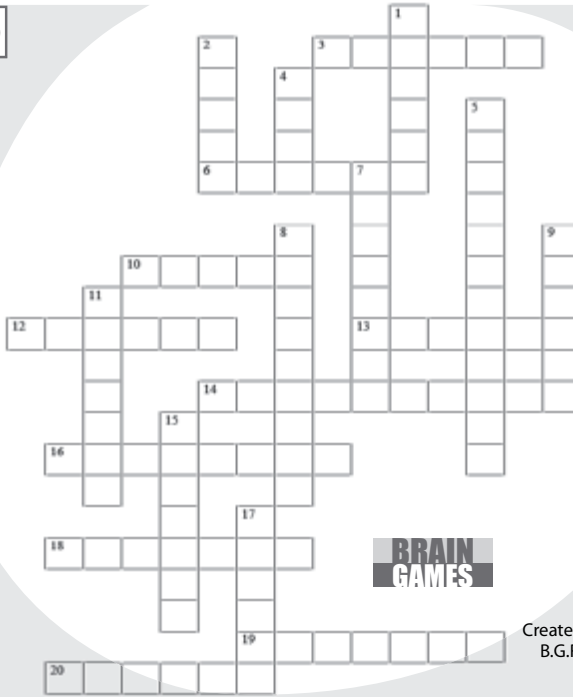
CROSSWORD

ACROSS

- 3 Slick surface
- 6 Chewy, sweet candy
- 10 A Greek letter
- 12 Redeemable voucher
- 13 Lightning _____
- 14 City south of Arctic Circle (2 words)
- 16 First city in Canada to implement 911 emergency number
- 18 Bone extending from shoulder to elbow
- 19 Pasta "pillows of love"
- 20 Sound of a witch's laugh

DOWN

- 1 An important muscle in the human body
- 2 _____ shooting
- 4 Guitar run
- 5 October weekend
- 7 Strong, black coffee
- 8 Trick-or-treaters dress up for this evening
- 9 A stringy vegetable
- 11 Popular pie eaten at Thanksgiving
- 15 Infinite
- 17 A card game



Created by
B.G.Rose

Across: 3.glossy 6.toffee 10.omega 12.coupon 13.strike 14.Dawson City 16.Winnipeg 18.humerus 19.ravioli 20.cackle
Down: 1.tongue 2.skeet 4.riff 5.Thanksgiving 7.espresso 8.Halloween 9.celery 11.pumpkin 15.endless 17.Euche

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Cliff Bungalow-Mission Community Association

FILM NIGHT

October 27, 2013 @ 7pm

Cliff Bungalow Mission Community Hall, 2261 Cliff Street SW

Over the next 20 years, American's will demolish one third of our existing building stock (over 82 billion square feet) in order to replace seemingly inefficient buildings with energy efficient "green" buildings. The hour long documentary "The Greenest Building" poses the question "Is demolition in the name of sustainability really the best use of natural, social, and economic resources? Or, like the urban renewal programs of the 1960's, is this well-intentioned planning with devastating environmental and cultural consequences?"

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CLIFF BUNGALOW MISSION GARDENS

"Gardens, scholars say, are the first sign of commitment to a community. When people plant corn they are saying, let's stay here. And by their connection to the land, they are connected to one another" - Anne Raver

Wow Cliff Bungalow-Mission! We are incredibly thankful for the support you have given to the proposed community garden in Cliff Bungalow. This year we have seen our community grow together in the face of disaster. We hope that by next summer we will have a new garden to nurture this spirit. In the meantime, the Cliff Bungalow Community Garden Committee is still thinking of the time when things bloom and grow and would like to provide you with an update on our progress. We are working diligently to fulfill the last requirements on the City of Calgary's application. We have almost completed our line-of-sight survey which showed virtually unanimous support for the garden, and some great ideas from the community to be incorporated into the design. These include: zero impact on the park's playing field, a design with year-round aesthetic appeal, a communal herb bed, donation beds and a space to act as a new hub for our community. After we receive approval from the City, we will be approaching potential funders for the last piece of the puzzle.

As we move forward, our wish is to stay connected with you. If you are interested in getting involved, or have any questions or concerns, please do get in contact with us at cbmca.environment@gmail.com. Stay tuned for updates as this project continues to grow!



EYI

Lake Superior covers 82,000 square kilometres, or 31,700 square miles. Its average depth is 147 metres or 483 feet. The deepest point in the lake has been measured at 405 metres or 1,333 feet. It rarely freezes over completely, and then usually just for a few hours.

in & around your community

Get to Know the 7 Street S.W. Cycle Track

Travelling from the Bow River Pathway near the Peace Bridge to 8 Avenue, the 7 Street S.W. cycle track opened at the beginning of July and is getting well used by all levels of cyclists. A cycle track is an enhanced bike lane that is protected by a physical barrier from moving cars, parked cars and sidewalks.

As Calgarians return from summer vacations, some will travel along 7 Street S.W. for the first time since the cycle track opened. The City created a guide that explains the new road features for motorists, bicyclists and pedestrians. The full guide can be found at Calgary.ca/bicycle.

The City would like your community association to consider including an article about the cycle track and its new features in your next Community Association newsletter. It is attached as a Word file to this e-mail, as well as a .jpeg of the 7 Street S.W. cycle track, which you can include with the article if there is room.

BRAIN GAMES SUDOKU

		3	4				8	9
1			2				6	7
	5				6			
	1		5			9		6
	4						1	
7		5			4		2	
			7				9	
9	6				2			3
2	7				9	1		

FIND SOLUTION ON PAGE 18

Is There a Volunteer in Your Community Who Deserves to be Recognized?

We at The Federation of Calgary Communities are excited to announce that we are now accepting nominations for the 2013 Community Volunteer Awards! There are 20,000 volunteers in the community association movement here in Calgary; help us recognize one from your community!

This is an extra special opportunity to recognize those community volunteers who really stepped up following the June flooding here in Calgary. Whether they spent days cleaning out neighbour's houses, travelling to other communities to offer assistance, collecting donations, or rallying support, this is your opportunity to formally thank them for all of their hard work.

Additionally, you know that volunteer who year-round always steps up to help out without being asked, stays late after an event, or gets up early to flood the ice rink. Or the group of volunteers who come together to complete a big project or event for the community that creates a strong sense of belonging. And for many communities, there is that one volunteer who has been a part of improving neighbourhood life through a lifetime of dedication and service to their community.

No matter the kind of volunteer, there is an award to recognize their time and achievements. Nominate your most deserving community volunteer today and help celebrate Calgary's 20,000 community association volunteers! There are four different awards to choose from when nominating someone:

- The Step Up Award
- The Spark Award
- The Be Part of It Group Award
- The Community Builder Award

Please visit www.calgarycommunities.com for detailed descriptions of the four awards and the nomination form. **The deadline to nominate someone for a 2013 Community Volunteer Award is November 1st, 2013.**

The winners will be presented with their award at our volunteer recognition celebration in December. If you have any questions, please contact Rebecca Dakin with The Federation at (403)244- 4111 ext. 204 or communityrelations@calgarycommunities.com

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popular plant in the Cliff Bungalow/ Mission residential area. I love the compactness of its leaves all turning a vibrant, burning red every autumn, bringing back many joyful and happy memories for me growing up alongside my family's groves of Sugar Maples in Ontario.

And in early summer, and then later, we have the mellow and comforting colours of autumn. I especially love our English Cranberry with its beautiful blossoms in June. Then the lush, bright red berries and deep red foliage in October. Also the ragged, deep red leaves of the Sumac are very artistic through many days of autumn.

So then, how wonderful all these Heritage Plantings really are- to have survived so amazingly through the many years of the challenges of nature, albeit not without the helping hands of their admiring and faithful caregivers - Man and women!

Joanne Snyder is a resident at The Laurence.

The Laurence Apartment's Heirloom Plants

by Joanne Snyder

I have had the privilege of living at "The Laurence" for the past seventeen years. I have always been proud of the beauty I see in our gardens there. All the residents make a real effort to have artistically planted potted plants at the fronts of their units.

I especially appreciate the enduring qualities of our many perennials, shrubs and smaller trees, still producing hardily after many years. Some plants are from the early 1930's plantings and are still growing nicely. The Laurence was built around 1929 by builder/owner Arthur Himmelman who obviously had a "fine eye" for landscaping. Every May- June the French Lilacs, purples and whites, delight the community senses. They are usually blooming "on cue", ready for the city's Lilac Festival.

Also outstanding in this symphony of blooms are the masses of 'Lilies of the Valley', sweetly fragrant and delicate blooms every June. These are, incidentally, happily spreading out under the shade of our historic Amur Maple. I have learned that the Amur Maple was a very



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The City Seeks Input on the Future of Multi-family Waste Diversion

Whether you live in a single family home or a multi-family residence such as an apartment, condominium, or townhouse, diverting your waste through recycling and composting is essential to reduce Calgary's dependency on landfills.

Why does The City not provide recycling for multi-family dwellings?

While in the planning stages for Blue Cart recycling, City Council directed Waste & Recycling Services to not collect recyclables from multi-family residences, provided we are on track to divert 80 per cent of waste from landfills by 2020.

I live in a multi-family dwelling. What are my current options for recycling?

There are options currently available that enable all Calgarians the opportunity to recycle a variety of materials.

- The City maintains approximately four dozen community recycling depots throughout Calgary. Most residents don't need to go very far to access their neighbourhood depot 24 hours a day, seven days a week.
- There are private companies that provide recycling services to multi-family complexes. To find private service providers, visit www.recyclinghotline.ca.

What about the future of waste diversion for multi-family dwellings?

Following further direction from Council in early 2011, Waste & Recycling Services will report back to Council no later than February 2014 with recommendations for a multi-family waste diversion strategy that considers partnerships with the private sector.

Stantec Consulting Ltd. has been hired to connect with industry stakeholders and residents to gather feedback and develop strategy options. They are conducting an online survey to learn about your current waste management habits and thoughts on the future of multi-family waste diversion. **All Calgarians are welcome to complete the survey by Nov. 2, 2012.**

Results of the survey, along with all other feedback gathered by Stantec, will be used to develop potential strategies that will be presented to stakeholders for further input into the development of the recommended option.

To take the survey or to learn more about the multi-family engagement project, please visit Calgary.ca/multifamilyrecycling.

14th Annual Ambulance Chasers Charity Run

The Emergency Medical Services (EMS) Foundation is hosting its 14th Annual Ambulance Chasers Charity Run (ACCR) – a **5km Walk/Run & 10km Run**.

Please register online at www.eventsonline.ca or visit www.emsfoundation.ca for more information.

Date: Friday October 4, 2013

Time: 7:00 PM

Location: Eau Claire Market (Bow River Pathway)

The Ambulance Chasers Charity Run is the signature fundraising event for the EMS Foundation – raising critical funds to support the foundation's 4 pillars of its mission statement – education, research, equipment and injury prevention.

BRAIN GAMES SUDOKU SOLUTION

6	2	3	4	7	1	5	8	9
1	8	9	2	3	5	4	6	7
4	5	7	8	9	6	2	3	1
3	1	2	5	8	7	9	4	6
8	4	6	9	2	3	7	1	5
7	9	5	6	1	4	3	2	8
5	3	1	7	4	8	6	9	2
9	6	4	1	5	2	8	7	3
2	7	8	3	6	9	1	5	4



Girl Guide Chocolatey Minty Hot Chocolate

Ujamaa Grandmas Annual Sale to Benefit the Stephen Lewis Foundation

For unique Christmas and holiday gifts, come to Bags, Babies, and Beyond, a sale of handcrafted purses, fashion accessories for hands and feet, head and shoulders, home decor items, and children's clothes and toys.

October 18 (3 – 8 pm) and 19 (9am – 2:30 pm) at South Calgary Community Association, 3130 16 St. SW.

Items are profiled at “sneak a peek” on our website, www.ujamaagrandmas.com.

All proceeds go to the Stephen Lewis Foundation to support African children orphaned by HIV/AIDS and the grandmothers who care for them.

Ingredients for 1 cup

- 1 cup (250 ml) milk
- 2 tsp (10 ml) powdered cocoa
- 1 tsp (5 ml) brown sugar
- 2 chocolatey mint Girl Guide cookies, finely grated
- whipped cream, for serving (optional)

Instructions

1. Heat milk in a small saucepan over low heat or in a microwave until hot
2. Whisk in powdered cocoa, brown sugar & grated cookies
3. Serve immediately with a dollop of whipped cream.

This recipe was developed by Kary Osmond, host of CBC's *Best Recipes Ever*

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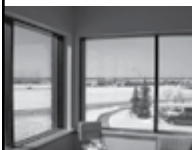
Highlights

- End unit with magnificent mountain view
- Across street from future LRT station
- Main floor showroom and office
- Large Kitchen
- Large unassigned parking areas
- Washrooms on 2 floors
- Zoning I-G



Property Information

Area Available	Main floor office/showroom	1,000 sq. ft.
	Mezzanine office/storage	1,100 sq. ft.
	Warehouse	1,950 sq. ft.
Total		4,050 sq. ft.
Bay Size	Main Floor 30' x 100' less utility room	
Mezzanine	30' x 40'	
Loading	1 - 14' x 14' drive-in door	
Ceiling height	20' clear	
Electrical	100 amp, 208 volt, 3 phase	
Possession	April 1st 2012	
Term	1-5 years	
Base Rent	\$12.00 psf (\$4,050.00 / mo.)	
Operating Cost	\$3.25 psf est. 2013 (\$1,096.88 / mo.)	
Utilities	Tenant's responsibility	



Contact Mike

smruss@gmail.com | 403.333.4653



Carving PUMPKINS

Carving pumpkins is a traditional, fun part of Halloween, using simple designs or intricate carvings. Here are a few tips for carving your pumpkins:

- Draw a pattern on a piece of paper
- Transfer your design onto the pumpkin by punching holes with a small pointed instrument through the paper
- Cut into the top of the pumpkin at a 45 degree angle to create a ledge so the top won't fall back inside the pumpkin when placed back on as a "lid"
- Scoop out the seeds and pulp from inside the pumpkin
- Carve out the pattern, working from the centre of the design outward. Cut the larger areas into smaller chunks to make them easier to remove



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If it's October then it must be yummy chocolaty Girl Guide mint cookie time! Please support our girls by buying a box when they come to your door or if you see them at a retail location. Your generous support makes our activities possible.

Looking to join in on all the fun, games, friendships and new experiences that Girl Guides has to offer!

REGISTRATION IS ON GOING - Don't wait - contact Calgary Area Girl Guides today for a unit near you! ggcinfo@calgarygirlguides.com or 403-283-8348

In September some units participated in *TD Tree Days* at South Glenmore Park and helped plant approximately 830 new trees to green our parks. Others attended the 100th Anniversary of Guiding event at Heritage Park. In October all the members of Blackfoot District will come together for a fun and active swim night at Acadia Pool as a result of a ParticipACTION Teen Challenge grant. ParticipACTION Canada promotes active living as a lifestyle choice for Canadians. Let's *Bring Back Play!* Check them out at www.participaction.com

The Sparks are spending time getting to know each other. They are enjoying the changing seasons and keep busy with crafts, songs and activities to match the fall colours.

The Brownies are dancing around the toadstool! October will be busy with outdoor explorations, cookie selling, working on badges and Halloween activities.

The Guides are set for action! Badge work, cookie selling, active living, service projects and camping are on the agenda.

Pathfinders, Rangers and Trex units started off September with camping and campfires. In October they will be attending Nite Trek camp, swimming, working on service projects and selling cookies.

Guiding is a great place for women to connect with other women and to share their talents and knowledge with the youth of our community. We are looking for women aged 18yrs and older who would like to experience mentorship and friendship by volunteering a small

amount of their time to becoming leaders. No previous experienced required!

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How Recent CMHC Changes Affect Canadians

Over the past few years, the Canadian government has been taking several steps to encourage Canadians to reduce their outstanding debt. The main way the government has been doing this is by restricting mortgage availability and making mortgages more expensive. In August, CMHC announced a new policy that reflects the government's goal to reduce household debt. Unfortunately, this latest change may cause mortgage rates to rise yet again. Here is how this change came about. Earlier this year, Ottawa announced it was limiting the amount of mortgage-backed securities it would guarantee in 2013 to \$85 billion. Mortgage-backed securities are pools of mortgages that lenders sell to in-

vestors. Since mortgage-backed securities are insured by CMHC, investors are willing to accept a lower rate of return, and lenders can pass on this lower rate to consumers in the form of lower mortgage rates.

Canadians are so hungry for low mortgage rate, that by the end of July lenders had already used up \$66 billion of the \$85 billion annual limit on mortgage-backed securities. This means lenders have to get through the rest of the year on a much-reduced volume of low-cost lending funds. To make sure the remaining funds are shared equitably, CMHC is limiting each lender to \$350 million worth of mortgage-backed securities per month. This means lenders suddenly have far less low-cost mortgage funds available to pass on to consumers.

The good news for Canadians is that taxpayers are guaranteeing fewer mortgages and therefore exposed to less risk. But the bad news for homebuyers and people refinancing their mortgages is that longer-term mortgage rates are likely to start creeping up.

Tania Discombe, AMP



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Preventing the Next Elbow River Flood Let's Learn from Winnipeg!

By Mike Russell – Erlton Resident

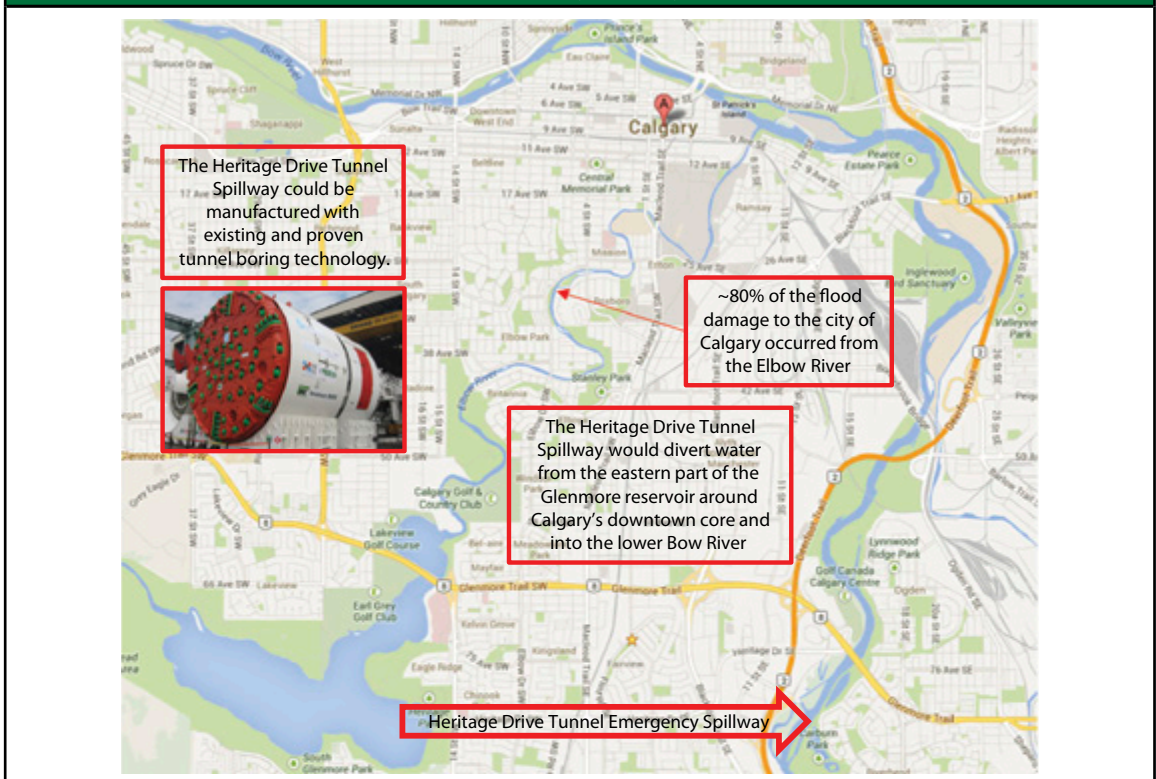
In my opinion, the majority of the 18 recommendations in the 2006 Provincial Flood Mitigation Report (See Table 1) would have done very little to prevent the 2013 flood in Calgary. I do agree that it is not prudent to sell crown lands in known flood risk areas. Unfortunately, the provincial government **has** sold crown lands in flood prone areas – and the 18 recommendations do not seem to address preventing future floods from happening – especially in the dense urban areas in and around Elbow Park.

It has been estimated that we lost 5.1 million labour hours due to the 2013 flood. Moreover, ~80% of the flood damage to the city of Calgary occurred from the Elbow River

– which not only ravaged all of Elbow Park and nearby communities, but also damaged major downtown infrastructure – effectively knocking out the downtown core for over a week. Early estimates peg the City of Calgary infrastructure costs at **\$400M+**, and damage to the remainder of the city's households at **\$5B**. Given the magnitude of the flood damage, implementing a long term sustainable Elbow River flood prevention system is not only a community priority – it is a city and provincial priority.

To me, building riverside berms, and dredging out the Elbow River to increase capacity is not a solution – we need to think much bigger.

Figure 1: Suggested Heritage Drive Tunnel Emergency Spillway



Politicians don't have to look very far to see what other cities and towns have done regarding flooding. Winnipeg is a great example with the Red River Floodway. The Red River Floodway is a 47km artificial flood control waterway which takes part of the Red River's flow around the city of Winnipeg, Manitoba to the east and discharges it back into the Red River below the dam at Lockport. It can carry floodwater at a rate of up to 2,550 M3/S (peak flood 2013 flood water flow in Calgary's Bow River was measured at 1750 M3/S). The Red River Floodway was built partly in response to the disastrous 1950 Red River flood. Duff Roblin was the Premier who campaigned for the controversial floodway despite what others at the time felt was a huge and unnecessary expense. Used more than 20 times from its completion in 1968 to present, the Red River Floodway has prevented an estimated \$10 billion in cumulative flood damages.

A long term sustainable Elbow River flood prevention solution would be to build a secondary upstream emergency tunnel spillway system that diverts water away from Elbow Park, and the downtown core. As I see it, the most effective way to accomplish this goal would be to build an underground Heritage Drive Tunnel Emergency Spillway beneath Heritage Drive running eastward all the way down to the lower Bow River (downstream from the downtown core) – beginning in the eastern part of the Glenmore Reservoir, and exiting into the Bow River south of Deerfoot Meadows (See Figure 1).

At less than 5km in distance, the Heritage Drive Tunnel Emergency Spillway would be able to handle enough water flow to ensure that the riverbanks of Elbow Park are never in jeopardy of overflowing. This spillway would not only safeguard all of the neighbourhoods and households below the Glenmore Reservoir, but it would also protect the majority of the downtown core and stampede ground – thus addressing 80% of the damage caused by the flood of 2013.

The threat of future flooding to the safety and economic stability of the city of Calgary is a major concern and must be addressed with haste. With Calgary elections only weeks away, future flood prevention needs to be a major hot button election issue. Simply put, Calgary cannot allow for major flooding to ever happen again and our elected representatives need to implement a flood prevention solution.

Send comments/suggestions/concerns to flood2013@great-news.ca.

Table 1: Provincial Flood Prevention Report - 18 Recommendations

- 1)** Alberta Environment to coordinate the completion of flood risk maps for the identified urban flood risk areas in the province. **2)** Alberta Environment to develop a map maintenance program to ensure that the flood risk maps are updated when appropriate. **3)** Alberta Environment to identify priority rural flood risk areas that require flood risk mapping and develop a program to prepare the maps. **4)** Alberta Environment to co-ordinate the determination of the 1:100 year still water lake elevation for all gauged lakes in the province. **5)** Alberta Environment to continue to collect high-water elevation, aerial photography and other appropriate data whenever a significant flood occurs and share this information with local authorities. Alberta Environment should continue to explore and evaluate other methods of collecting flood data such as satellite imagery. **6)** Alberta Environment to make historic flood information available to the public on its web site. Suitable information would include historic high-water elevations, flood risk reports, and flood photography. **7)** Minister of Environment to designate a flood risk area after the responsible local authority has had an opportunity to review the maps and provide comments on the technical elements. The recommended time period for designation is within six months of receiving the maps. **8)** A notification system to be established that will inform any potential buyer that the property is located within a designated flood risk area. **9)** Alberta Municipal Affairs, in consultation with Alberta Environment to prepare an information bulletin on the subject of planning for flood-prone lands to be circulated to municipalities. **10)** The flood mitigation strategy is to include a cessation of the sale of crown lands in known flood risk areas. **11)** Flood Risk Management Guidelines for Location of New Facilities Funded By Alberta Infrastructure to be followed when province constructs or contributes funding towards new facilities. **12)** The provincial government develop programs to cost-share flood mitigation measures to protect existing development in urban and rural areas. The costs should be shared among the federal, provincial, and local governments. In the case of individuals, they could cost-share directly with the federal government. **13)** Disaster Recovery Regulations to be amended to prohibit disaster recovery payments for new inappropriate development in flood risk areas. **14)** Provincial government continue to pursue amendments to the federal disaster financial assistance arrangements to allow federal funding for disaster recovery compensation for damages to appropriate development in flood risk areas. **15)** Provincial flood mitigation strategy not to include provincially operated or funded flood insurance. **16)** Provincial government to continue to support local authorities to educate their citizens on the flood risks to their communities. **17)** Alberta Environment to expand its forecasting network to provide an appropriate level of warning for all local authorities exposed to a flood risk. **18)** Alberta Environment and Municipal Affairs to work together to explore the potential for extending the provincial flood risk mapping program to an emergency mapping program.

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NOVEMBER 2013

Writer in Residence Manuscript Submission and Individual Consultations

Calgary Public Library is very pleased to present our 2013 Writer in Residence, Barb Howard. Barb's residency will run from September 1 to November 30, 2013. The Writer in Residence acts as a mentor to writers in the community, reviewing manuscripts and providing constructive criticism and advice during individual consultations. Barb will offer encouragement and a critical eye to beginning writers who are seeking to find their own literary voice, as well as to those more established writers who desire a professional appraisal of their work. Consultations are available by appointment only. You must have a current Calgary Public Library membership in order to participate in this program. For details on how to submit a manuscript for review, please visit www.calgarypubliclibrary.com and go to the Programs page, or call Memorial Park Library at 403-221-2006.

Reckless Writing

Abandon your inner critic and join Writer in Residence Barb Howard for one hour of prompted fearless writing followed by one hour of discussion.

Tuesdays 6:00-8:00pm

Taste Memories – Nov. 5

The Sixth Sense – Nov. 19

4th Annual Literary Vaudeville: Loud in the Library

Join local writers, Rita Bozi, Ken Cameron, Kris Demeanor, Naomi K. Lewis and Marika Smythe for a fresh and exciting evening of literary diversity.

Thurs. Nov. 7

7:00 - 8:30p.m.

Citizenship Preparation Workshop

Learn about Canada with the purpose of preparing yourself for the Citizenship Exam in this in-depth workshop. Attendance is required for both sessions. In partnership with Immigrant Services Calgary.

Saturdays, Nov. 16 and Nov. 23

1:00 – 4:00p.m.

Registration required

One Book, One Calgary 2013

During the month of November, Calgary Public Library hosts the fourth annual One Book, One Calgary, a city-wide initiative designed to ignite community dialogue and enrich community connections through a shared reading experience and engagement in a variety of programs and activities. This year's selection is *The Book of Negroes* by Lawrence Hill. Visit www.onebookonecalgary.com for more information.

It's Halloween

by Jack Prelutsky

It's Halloween! It's Halloween!

The moon is full and bright

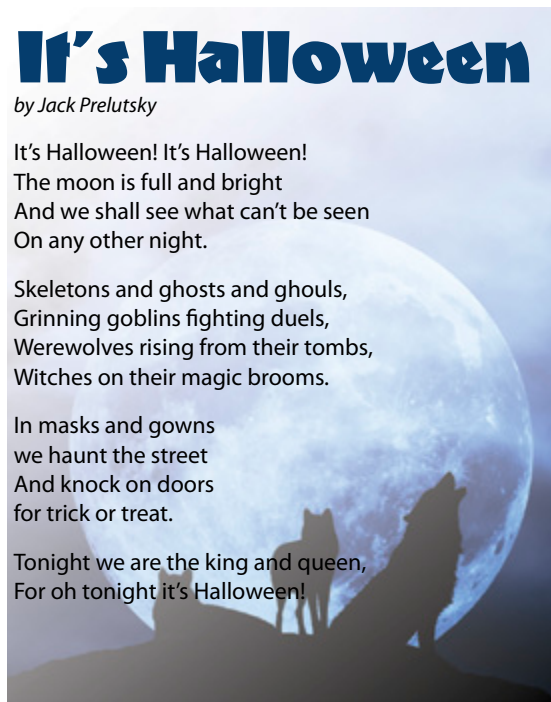
And we shall see what can't be seen

On any other night.

Skeletons and ghosts and ghouls,
Grinning goblins fighting duels,
Werewolves rising from their tombs,
Witches on their magic brooms.

In masks and gowns
we haunt the street
And knock on doors
for trick or treat.

Tonight we are the king and queen,
For oh tonight it's Halloween!



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ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
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