CENTURY HOMES P. 4

The Mission

THE NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION www.cliffbungalowmission.com

MARCH / APRIL 2012



COMMUNITY NAMESAKE RECEIVES HERITAGE PLAQUE

IT WAS AN EXCITING start to 2012, the year we are celebrating Calgary as the Culture Capital of Canada, when on January 23 a group of about thirty heritage enthusiasts gathered for a reception and award ceremony in Council Chambers. The Calgary Heritage Authority presents heritage plaques biennially to sites of historical significance. This year three notable Calgary schools, Cliff Bungalow School, King Edward School, and Earl Grey School, received plaques.

The presentation of the award by the Mayor was a long anticipated moment for the CBMCA heritage committee, which began with the nomination of our community hall in 2008. The former school is on Calgary's Inventory of Evaluated Historic Resources and the inscription on the new plaque, which will be mounted on the building, explains why it is so special:

"Built in 1920, Cliff Bungalow School is one of several bungalow style schools that were constructed in Calgary between 1913 and 1920. The bungalow schools were designed by William Archibald Branton, the Calgary School Board's longest-serving architect and building superintendent. His modest design was adopted as a costeffective alternative to the earlier sandstone schools. This rough-textured brick



building originally had four symmetrical classrooms, a teacher's office in the attic, and play areas in the basement.

"The school is situated along the base of Mount Royal in an area that was part of a large Tsuu T'ina (Sarcee) encampment at the turn of the 20th century. Initially called the 22nd Avenue Bungalow School, it was renamed Cliff Bungalow School in 1927 and the surrounding neighbourhood took its name from the

school. By 1988, the school was surplus to the needs of the Calgary Board of Education and the facility became home to the Montessori School of Calgary and the Cliff Bungalow-Mission Community Association."

The community association has lots more in store for 2012 - check the calendar dates for the Century Homes project and the Jane's Walk and Historic Calgary Week walking tours. 200

MEET THE BOARD.

Here is your opportunity to talk to the CBMCA Board on what is important to you and the community as a whole.

When: Wednesday, April 25th, 7 to 8 pm

Place: Community Hall located at 220I Cliff St SW (one block west of 5th St at 22nd Ave)

In January the CBMCA held the Crime and Safety Forum. Our Community Liaisons from The Calgary Police Service were kind enough to attend and provide our residents with sound advice on ensuring that this community remain a safe place to live, work and play. It is important that everyone keep a watchful eye on the activities of neighbours so that we can easily seek out irregularities and assist where needed. The most significant message that I received from the forum was the importance of community. Getting to know one another, maintaining our property with care and diligence, and following through with our sense of curiosity is just some of the things we can do to deter crime in our neighbourhood. I would like to hear from you on the message that you took home the night of the forum. An open dialogue on the crime and safety issues and concerns that you have is one of the things that this newsletter can be a great avenue for. Write to cbmca.editor@gmail.com or the mailing address provided. Let's continue the discussion and if you wish to be involved on the Crime and Safety Committee e-mail our Crime and Safety Director at cbmca.crime@gmail.com.

Sarah Hbeichi, Editor

CBMCA's Adult Drop-In

Our newest community outreach program is the Adult Drop In program which is held at the Community Hall the fourth Wednesday of each month from I PM to 3 PM. We had our first get together on January 25.

A small group met over coffee, tea and dainties to start mapping out what we might do.

Amongst topics suggested for future meetings were:

- · consumer issues
- · financial and benefits issues (even before Mr. Harper's pot stirring remarks)
- · the histories of Cliff Bungalow and Mission
- genealogy
- · bridge (including lessons)

Based on interest, we could order in lunch at future meetings.

What this group does is up to you.

If you have any ideas or suggestions please contact Ron Singer at singer@calcna.ab.ca or 403-870-5513

Come out and join us March 28, April 25 and May 23!

We Value Your Contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow and Mission communities. We welcome your articles, stories, letters, announcements, and photos.

Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, I8II 4 Street SW, Suite 462, Calgary T2S IW2, in an envelope labeled "Mission Statement".

Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to cbmca.editor@gmail.com.



THE MISSION STATEMENT MARCH / APRIL 2012

Published bi-monthly by the Cliff Bungalow-Mission Community Association

The views expressed by contributors to The Mission Statement are not necessarily those of the CBMCA board or its associates.

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MEET THE BOARD APRIL 25TH

We are doing something different this year by providing an opportunity for you to meet with the Board and let us know what is important to you and this community. This is a result of our discussions at our Strategic Planning session last year. It will be held at the community centre on Wednesday, April 25 from 7 to 8 pm. This is an experiment to see if this kind of event is of interest to you. So come on out and let's talk about our community.

BOARD UPDATE

Subsequent to the AGM, the Board appointed Rebecca Martin-McNairn as Director of Crime and Safety. She volunteered as a result of attending the Annual General Meeting (AGM) in November. Some of you met her at the Crime Prevention and Safety Forum held on January 19th.

TELEPHONE SYSTEM IS NOW WORKING

In December, the new phone system was installed and we can now receive messages. The telephone number remains the same 403-245-6001. You can contact me at 403-229-2762 or rvlang@aol.com.

MEMBERSHIPS

Our membership year is from AGM to AGM. If you were not able to attend the AGM in November, you can use the coupon in this newsletter to send in your membership purchase or renewal. We

appreciate your support. Remember to print your information clearly including your e-mail address so we can inform you of upcoming events.

Lots of Activities at the COMMUNITY CENTRE

We are very fortunate to have a gathering place like our community centre within walking distance of where we live, work and play. We are also fortunate to have so many events and activities at the community centre in which you can participate and enjoy. In addition, we have several committees that meet at the community centre through which you can have a positive impact of the community as a whole. So I suggest you consider participating in some or many of these opportunities that our community centre provides. Your participation helps to make our community centre a hub of activity and contributes to the health and vitality of this great community.

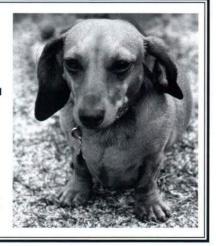
EXPLORING NEW COMMUNITY GARDEN

In June of last year, we held a community consultation on a possible new community garden. We have been continuing work on exploring this possibility since then. We plan to host a second community consultation to report on the results of this work. We do not have the date of it yet but we will spread the word through our e-mail fan out, the website, Facebook, posters, etc. So keep a look out for this. 20

Pets in the 'hood.

Photo by Janice Michaud

Sophie is a very active and sweet 3 year-old Dachshund who enjoys her munchies.



ADVERTISE

Mission Statement

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 Submission deadline: first Wednesday of every second month

For information call (403) 541-1575

Ads are accepted from businesses and other organizations within the community or in close proximity or from Calgary-based cultural organizations.

Calgarians to Celebrate Their Historic Homes in 2012

BY MARILYN WILLIAMS

Join the House Party of the Century!

Is your house 100 years old (or thereabouts) — built in 1914 or earlier? If so, it's time to celebrate your home's place in Calgary's history — and your role looking after it.

Calgary Century Homes 2012 is a citywide celebration commemorating homes constructed during Calgary's first building boom. Owners and residents are invited to share details and stories about their house, particularly during Historic Calgary Week 2012, Friday, July 27, through Monday, August 6. Beforehand, participants will receive a free kit (yard sign and banner) and guidelines to help them research their home and tell its story. Homeowners will create Century Homes yard signs for their house containing information such as historic photos, accounts of former residents, special events that happened there or a description of the home's style and original features. During the celebration they will hang a banner to identify their home as a Century Home and display their yard sign for the public to read. Throughout the year participants will receive information on how

to research their home's history. There will be opportunities to share stories on a website and to network with other residents and admirers of Century Homes

The Calgary Century Homes project is headed by volunteers from a variety of partner organizations, including the Calgary Heritage Initiative Society (CHI), Calgary Heritage Authority, City of Calgary Heritage Planning, The Federation of Calgary Communities, Calgary Public Library Community Heritage &

Not sure if you live in a "Century Home"?

Family History, and Hillhurst-Sunnyside and Cliff Bungalow-Mission Heritage Committees. Other organizations are invited to join in.

Want to sign up as a participating house and/or community co-ordinator, or simply find out more? Contact Marilyn Williams at marilynwilliams@shaw.ca, the Calgary Heritage Initiative at info@ calgaryheritage.org (website calgaryheritage.org), or phone the Federation of Calgary Communities at (403)244-4111.

Want to learn more about your home?

Find out how to determine your house's age and explore its past at a free workshop

"Research the History of Your House"

Saturday, May I2 Local History Room of the Calgary Public Library (Central).

Register online at calgarypubliclibrary.com or by calling 403-260-2620

Yoga at Community Centre

BY HENNA VIERTIO
AND ROB NICHOLLS

Henna and I have been teaching in the Calgary yoga scene for over 7 years now, and as much as we love the studios and energy of the scene we felt there was still something lacking in the community as far as karma yoga goes. We wanted to make yoga more affordable and available to a wider cross section of people in the downtown mission area. We were also excited about offering a gesture of compassion to some of the less fortunate, homeless and hungry in the area by

taking the money from the suggested donation of \$10 and making great bag lunches and handing them out after class.

We have also picked up several Tim Horton's cards for those who prefer to pick up a hot coffee and soup and sandwich at their convenience.

We have people of all ages, body types and abilities and give safe variations to all who may need them in the 75 min



class. We teach a modified slow version of Ashtanga Vinyasa style yoga. The class runs from 1-2:15pm on Saturday afternoons, and takes place at the CBMCA Community Centre at 2201 Cliff St SW.. We hope to continue to share our enthusiasm for yoga as well as provide some relief for those less fortunate in the community.

Namaste from Rob, Henna and our new son Toivo.

Cliff Bungalow-Mission Jazz Concert Series

We had a record attendance at the January 4th event when the Mount Royal University Jazz Faculty group performed. The jazz concerts at our community centre feature some of Calgary's best jazz musicians and ensembles and provide an ideal opportunity to spend a relaxing evening. They take place in the historic ambience of our community centre on the first Wednesday of every month September to June. There is a \$15 cover fee for each event. Community members, seniors and students pay \$10. Tickets are sold at the door (cash only). Call 403-650-7695 for more info or visit: www. cliffbungalowmission.com and follow the link into the jazz concert series.

April 4 Bow Djangos

May 2 Tyler Hornby Trio
with guest Johanna Sillanpaa

June 6 Loran MacLachlin Quartet

This series has become well known for great music in a great ambience location at a low cost. Come hear some great jazz within walking distance of home. Refreshments are available to enhance your evening enjoyment.

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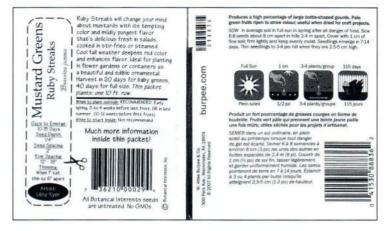
CHEWING THE GREEN

BY NANCY TICE

GARDENERS' DAYDREAMS ARE turning toward spring as they ponder what to grow, and where to grow it. Much of our attention these days centres on growing some of our own food. Our wildest dreams of tropical largesse will be dashed by the local climate. I'd love to grow an avocado tree in the backyard, but first I'd have to move to southern California!

An average frost free growing season of only 112 days in Calgary combined with chilly evening temperatures for most of the summer does limit the variety of vegetables we are able to grow outdoors. The information on the backs of the two seed packets reproduced here tell a story. The large bottle gourds will not likely grow to maturity outdoors in Calgary; on the other hand the mustard greens are a good bet. The most dreadful of Calgary summers will probably still provide the 20 - 40 days of warm, half sunny weather necessary to harvest some salad greens. In my garden, where hope springs eternal, the gourd seeds I planted last year never even germinated. Taking note of all the information provided in seed catalogs, or on the seed packets themselves increases your chances for a happier growing season.

It makes sense to grow what you'd enjoy eating, and to avoid using pesticides on, or near your veggies. Two commercially grown greens that carry high levels of residual pesticides if they are not grown organically are kale and spinach. Both are easy to grow in Calgary though kale does require a full sun location while spinach ought to do well with half sun. You'll save money growing these greens pesticide-free instead of paying the premium price for fresh organics at the supermarket. Two of the best local sources for a wide range of interesting vegetable seeds are Garden Retreat, and the south branch of Community Natural Foods. Both locations are within two blocks walking distance from the Chinook CTrain station.



I've wondered in past columns why City parks are not planted with orchard trees, and shrubs, and other edible plants. Believe me, it was a thrill to see Swiss chard "Bright Lights" and ornamental kale adding their colours to the flower beds in Central Memorial Park last year. Better still, at season's end the Parks department allowed the edibles to be harvested by anyone who wanted them. Chard and kale are cool season crops which are fine for autumn harvest. It was a delightful experience to go gleaning through the park's beautiful gardens with a friend as we filled a couple bags with free Swiss chard.

The City of Calgary is now studying food system sustainability. It is hoped that community gardens will be acknowledged to be an intrinsic part of the sustainable food system. That said, the City might be encouraged to address the issue of acquiring land suitable for food production in neighbourhoods where public green space is in woefully short supply. The Central Memorial Park harvest opportunity, modest as it was, also indicates the potential for some gently revised planting schemes in public parks. ?



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Urban Castaways Delighted

BY JIM BOWMAN

FELLOW MISSION STATEMENT columnist Nancy Tice, perhaps sensing an opportunity for a free meal, asked me whether the Newsletter Committee budget covers the restaurant reviewer's expenses. "No such luck," I informed her. But we decided to try out one of the newer restaurants in the 'hood, anyway. We settled on Hungry, Baby? at 323A – 17th Avenue SW, and it turned out to be an excellent choice for both of us, with our somewhat limited personal budgets.

The owners, Tim Gorman and Linda McLean, are both experienced chefs and managers who have worked at The Mustard Seed and the Calgary Drop-In Centre. They wanted to venture into the business world without compromising their social values. Their aim is to present finely-crafted food in a pleasant environment at a price that's not out of reach for most people. Their motto, proudly emblazoned on their menu board, is "Affordable Gourmet for Urban Castaways".

The bistro-style restaurant and lounge has only about 33 seats, and is small enough to be operated most nights by Tim with assistance from the congenial server Fran. In the evening it has subdued lighting, dark blue tablecloths, and candles on the tables. An eclectic blend of music can be heard on the stereo system, including trad jazz, bebop, calypso, klezmer, early Rolling Stones, and Tom Waits.

The menu has a small number of selections, but it changes almost daily, as Tim constantly experiments with customer preferences and challenges his creativity as a chef. For starters, we decided to share a hummus-and-red-pepper dip, served with pita chips. We enjoyed it so much we had to resist the temptation to lick the bowl. I would have preferred slices of soft pita bread for swiping the last bit of dip clinging to the sides of the bowl.

Nancy had a bowl of butternut squash soup, which was thick, substantial, and flavorful. I chose the black bean soup, which was a smooth blend of beans, tomato, and chili peppers. For her main dish, Nancy had a BLT sandwich accompanied by quinoa-and-dried-cranberry salad. She described her sandwich as "perfect," with toasted bread and crisp but not overcooked bacon. I tasted the salad and found it refreshing, and reminiscent of the grated carrot and raisin salad my mother used to make.

My choice of main dish was a beef stew. It had typical stew ingredients – chunks of carrot and potato – but the remarkable thing about it was the cubes of beef which were so tender they literally fell apart when touched. It came with "pull-apart bread" – a home-baked miniature crusty loaf, partially sliced, with mozzarella cheese melting into the slices.



Hungary Baby? owner Tim Gorman (right)
with employee Randy Malkoski.

We both enjoyed finishing dinner with a chocolate mousse, which, of course, was light, creamy, delicately chocolaty, and topped with whipped cream. When we asked for coffee, Fran made a point of brewing a fresh pot, and it was delicious and relaxing.

Our meal was indeed affordable. For a four-course dinner for two, with one beer, the bill came to only \$53. This place is truly a gem, the kind of business I'd go around recommending to everyone because I want it to thrive and remain a fixture in the community for a long time.







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A GOODBYE

REPORT FROM DAVE TAYLOR, M.L.A.

WHEN THE PROVINCIAL election is called in the next few weeks, I will be stepping down as your MLA.

I want to take this opportunity to thank you for the very real pleasure and honour of being your representative in Edmonton. Through two terms and nearly eight years in office, you allowed me to be the MLA from Calgary-Currie...and I can't think of a group I could be more proud to represent than the people of this awesome constituency!

I promised to be your voice in Edmonton, and repeatedly, I was able to do that because you were generous and honest in sharing your thoughts and concerns with me. Everything I was able to do was inspired by you.

Bill 205 – The Municipal Government (Delayed Developments) Amendment Act, 2011 – was a response to the difficulties Cliff Bungalow and Mission were facing because of The Pit on 4th Street in the heart of their community. We made a convincing enough argument that the bill received unanimous support in the Legislature on second reading this fall. Even better, after ten years of delay, construction on the site is finally underway again.

In November 2010, with your support, we forced the government to pull its contentious proposed Bill 29 – the Alberta Parks Act – off the table. That was a good day for

Alberta's parks and protected areas for the people who appreciate them.

In September, 2010 I called for the development of a Poverty Reduction Strategy in Alberta. Members of all parties voted unanimously to include that recommendation in our report on minimum wages.

After hearing from so many of you following the carnage in the wake of the royalty review, I developed an Opposition Energy Policy that was the first to identify the problems our energy sector was facing and that proposed real solutions that have since been adopted by the government. The challenge now is to use our fossil fuel wealth to transition us to a green energy economy (you already know that, because you've told me very clearly this is what you want.)

One of the biggest differences we made came five years ago, when my Affordable Housing Strategy was made public and drastically changed the way the government and our society view homelessness. The Strategy was born at a town hall meeting at Western Canada High School when I asked you to tell me – if you had the power – how you would solve the problem....and you did.

Together, we shook things up pretty good; it was a good ride!?



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BEST BAR NONE

MAKING CALGARY'S NIGHTLIFE SAFER AND MORE ENJOYABLE

REPORT FROM ALDERMAN JOHN MAR

BEST BAR NONE, a nightlife safety initiative aimed at reducing alcohol-related violence in and around licensed venues, is coming to Calgary.

More than 300 pubs, clubs, bars and lounges are invited to take part in the Best Bar None program, making the city's nightlife safer and more enjoyable.

"Safety is always top of mind for Albertans," said Ron Liepert, Minister of Finance, also responsible for the Alberta Gaming and Liquor Commission. "I'm pleased so many partners are working together in innovative ways to keep our communities safe and vibrant."

Best Bar None is a voluntary program, aiming to reduce alcohol-related harms by raising the operating standards of licensed premises as well as building positive relationships among the licensees, law enforcement, industry partners and community groups. The program uses a system of accreditation, assessment and awards to engage nightspots in responsible management and safe operations.

Best Bar None partners include the Alberta Gaming and Liquor Commission, The City of Calgary and the Calgary Police Service. The program is also supported by community agencies such as the Public Safety Taskforce and the Alberta Safer Bars Council.

To find out more go to bestbarnone.ab.ca.

If I can be of assistance on any matter of a civic nature, please do not hesitate to contact my office by phone (403) 268-2430, fax (403) 269-3823 or at www. Johnmar.ca



CALGARY CENTRE CONSTITUENCY BOUNDARIES TO CHANGE

REPORT FROM LEE RICHARDSON, M.P.

THE GOVERNMENT HAS brought forward C-20 - The Fair Representation Act that will give Alberta 6 new federal constituencies; Calgary will gain 2 of those. The redistribution will take place shortly after Elections Canada consults with Albertans and community stakeholders on where the new boundaries will be re-drawn. These new constituencies will give Albertans more representation in the House of Commons.

The new seats are in response to Alberta's growing population. As the Minister of State for Democratic Reform said: "The status-quo results in Albertans becoming more and more underrepresented in the House of Commons simply because they live in a high-growth province... is clearly

not fair and every Canadians' vote, to the greatest extent possible, should carry equal weight." The boundaries that make up the 8 constituencies in Calgary will be redrawn to add two new seats. Calgary Centre, one of the largest ridings in Canada will change in that process.

Under The Fair Representation Act British Columbia will also gain 6 seats, Ontario 15, and Quebec 3 additional seats. These changes will reflect the population in each province and will make the vote of every Canadian more equal. The new ridings will be in place by the next general election.

If you would like more information on C-20 and the redistribution of seats in please visit www.democratic reform.gc.ca. ?

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April 29th CBMCA Sunday night movie series presents

Mayor Naheed Nenshi

will speak to his own choice of movie he will bring to our community

Sunday April 29th, 2012

Cliff Bungalow-Mission Community Hall* 2201 Cliff St. SW

(Access 22nd Ave. w. of 5 St.)

Movie starts at 6:30 p.m. (note time change!)

*We regret that our beautiful, historic community hall is NOT wheelchair accessible(stairs!)

> Popcorn snacks and drinks available for purchase.

Although this is usually an open free monthly event, pre-registration is required for this particular evening. Please respond before April 15th:

Register online at Eventbrite through the following link(only 105 seats available!):

http://cbmca.eventbrite.ca/

or phone and leave your name and number for call-back at 403-252-9686

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MONTHLY **MUSIC JAMS**

March 31st and April 28th - 2 to 4pm

ALL AGES - ALL SKILLS - NO STAGE - NO STRESS

Bring your shower voice and an instrument, or use one of ours and JOIN IN!

Refreshments Served

For info Contact Megan at 403-244-2208

Cliff Bungalow-Mission Community Hall, 2201 Cliff St. S.W. (One block W. of 5th St. at 22nd Avenue)

Community Calendar

All events are at the Community Hall (2201 Cliff Street SW) unless otherwise noted.

2nd Annual Winter Formal Saturday, March 10, 7 to 11 pm

Meet CBMCA Board

Wednesday, April 25, 7 to 8 pm

Jazz Concerts

First Wednesday at 8 pm (doors open 7:30 pm) including April 4 and May 2

Acoustic Jams

Last Saturdays 2 to 4 pm including March 3I and April 28

Movie Nights

Last Sundays at 7 pm including March 25 and April 29 (with Mayor Nenshi)

Community Pot Lucks

Once a month Sundays, 6 to 9 pm, including March II and April 15

May Potluck and **Movie Night Combined**

Sunday, May 13, 6 pm potluck followed by a movie

Daytime Adult Drop In

Fourth Wednesdays, I to 3 pm including March 28 and April 25

Drop In YOGA Classes

Saturdays at I pm

Book Club

First Sundays at 7 pm

Meet Our Neighbour Day (MONDAY)

Mondays starting on April 9; Meet at the SW corner of 22nd & 4th at 7 pm

Jane's Walk

Saturday, May 5. The walk will take about 1.5 hours with 6 stops, including the Canadian Northern Railway train station and bridge (which connects to Lindsay Park, at one time a roundhouse and rail yards), the Mission bridge (built by a drunken engineer!) and the Scollen Bridge named for an important oblate priest. www.thecalgaryfoundation.org

River Clean Up

Sunday, May 6, 10 am to 2 pm. Meet in Lindsay Park.

Historic Calgary Week 2012

Friday, July 27, through Monday, August 6 Century Homes on display throughout the week

Social History of the Cliff Bungalow-Mission **Jewish Community**

Walking tour during Historic Calgary Week (date TBA)

Deadline for Mission Statement submissions

First Wednesday of month prior to publication Next deadline is April 4 E-mail to cbmca.editor@gmail.com



462, 1811 - 4TH STREET SW CALGARY, ALBERTA T2S 1W2

Note: Memberships are valid until the next Annual General Meeting













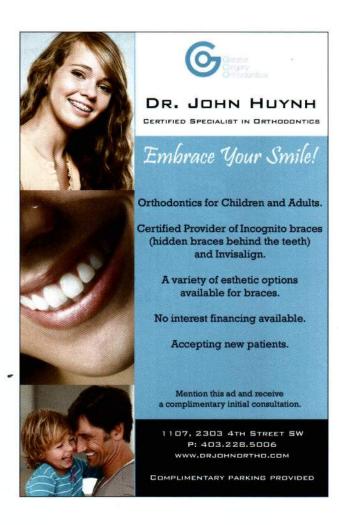


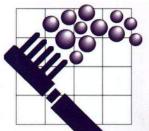
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