

THE MISSION

JULY 2015

STATEMENT



www.cliffbungalowmission.com

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



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The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.

Contact us

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462, 1811 4 Street SW, Calgary Alberta T2S 1W2
403 245 6001 (please leave a message)
www.cliffbungalowmission.com
Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

Look for us on Facebook,
Twitter and Instagram (#cbmca)





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Editorial
Content
DEADLINE

1st
of each month
for the next
month's
issue

PRESIDENT'S REPORT

by Bob Lang

Density Bonusing related application did go to Council on May 25

On Monday, May 25, Council did consider the application to increase the allowed building height from the currently approved 15 metres to 24 metres for properties located at 306, 308, 310 and 312 – 25 Avenue SW. Council discussed this application at two different times on that date, once in the morning and again in the afternoon. For those who watched online or in person, the proceedings could be a little difficult to follow. (Video of the discussion is available online at www.calgary.ca, under Council and Agendas.) As Council was split on how to deal with this application, there was a lot of to and fro, tabling motions and amendments to the proposed bylaw for the site. So what actually happened? We have consulted with Administration on this and the following is the latest interpretation we have.

1. The Bylaws allowing the increased in maximum height did not receive second and third reading. However, it was clear that the majority of Council would likely vote to approve if certain conditions are met by the applicant.
2. Council made some amendments to Section 8 in Schedule B because it was identified that there was a potential loophole in the wording that may have allowed the applicant to build the additional height without contributing the Density Bonus funds. The base allowed height is 15 metres. That may be increased up to 24 metres with a financial contribution of \$455 per square metre of additional floor area. This money would go into a fund to be used for the development, enhancement or upgrading of the public realm in Mission.
3. Council added a new requirement of the applicant and this is where interpretation is less definite. The applicant must submit plans for the proposed building for the site. We think this is supposed to be handled like a normal Development Permit and then submitted to Council who would theoretically approve the Bylaw. Those plans might be tied to the land use or

might also be able to be changed in the future. Nevertheless this is a significant hurdle for the applicant. This matter will not proceed until if and when this requirement is met.

If the Bylaws eventually are approved, then there is a requirement for Administration to develop a Terms of Reference to develop a public realm enhancement fund within the communities of Cliff Bungalow and Mission.

There are two potentially significant precedents that occurred. One is the Density Funding requirement is higher than any others to date so this means a developer will need to take this into account when considering going through a similar land use amendment. Secondly they may also be required to provide plans with a proposed land use amendment. This is another hurdle and expense for them to consider. So these two provisions may slow or discourage such applications.

We want to thank everyone who attended the Council meeting. We also want to thank everyone that sent letters and e-mails to Council members. It was clear to me they got the message. While Council did not change their general opinion to this type of matter, it does appear the rules under which such applications will be considered in our community have changed.

Mature Trees Update

Further to the meeting with Urban Forestry of The City of Calgary held on April 27 to discuss the issue of the cutting down of mature trees prior to or during construction of new developments, a number of things were identified on how these issues might be addressed. There needs to be better communication within The City of Calgary and with the community on these matters. There needs to be clear rules in regards to protective barriers and better enforcement. Fines need to reflect the replacement value. Replacement trees should be larger than has been required to date. A tree inventory is needed and should be available online. Planting initiatives should be expanded to include

~continued on page 7~



COMMUNITY CALENDAR

JULY

All events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

Jazz Concerts

Featuring talented local artists in our historic venue. Discount for CBMCA members.

No concerts during the summer break. Next event is on Wednesday, September 2, 8 pm.

Potlucks

Bring something to share and meet your neighbours.

Our summer potluck is a picnic outside (weather permitting) adjacent to the community centre and the Cliff Bungalow Community Garden - Sunday, July 19, 5 pm. Last year's event was a great success. If it rains, this will be held inside.

Next potluck is Sunday, September 13, 6 pm

Movie Nights

No movies until September due to it being too light to properly show movies.

Next movie night is **Sunday, September 27, 7 pm.**

History Book Launch

Target date is Saturday, July 25; 3 pm to 6 pm. Help us celebrate the publishing of our new book on the history of our community. Purchase and pick up your own copy of the book. Presales also pick up your book(s). We will confirm the date as soon as we confirm the printing schedule.

Community Clean Up

Sunday, September 13, 9 am to 2 pm – this is your chance to drop

off unwanted things that would normally go to the dump but the dump trucks come to our community to receive such items. There is also recycling of electronics. Plus there is an exchange of still useful items you no longer want. This will take place on Cliff Street in front of the Community Centre

Check out our website regularly for new events and other information not available at time of newsletter publishing.

www.cliffbungalowmission.com

Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to cbmca.editor@gmail.com.

Cliff Bungalow – Mission History Book Order/Donation Form

Our history book is scheduled to be ready for **pick up** on Saturday, July 25. Presales and donations will help us meet that goal. Use this form and mail it with your cheque to Cliff Bungalow – Mission Community Association, 1811 – 4 Street SW, Suite 462, Calgary, AB, T2S 1W2.

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Address _____

City/Town _____, Prov. _____, Postal Code _____

Tel _____, E-mail _____

Number of Books _____ at \$25 = \$ _____ Donation \$ _____ Total \$ _____

You also can order and pay online: www.cliffbungalowmission.com, click on "Get Involved".
If you have questions or need the book to be mailed, contact cbmca.historybook@gmail.com.

MEMBERSHIP AFFINITY PROGRAM

Use your membership card to save!

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

European Bakery: 515 – 17 Ave SW, 10% off all items

Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package

Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 15% discount on food (either dine-in or take out)

4th Street Liquor & Wine, 1809 – 4 St SW, 10% off all items

Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders

Peking Dragon: 1904 – 4 St SW, 10% on Dine In items (excluding Dinner Combos), 15% on Pick Up items on orders over \$30.00

Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)

Tea Factory: 1820 – 4 St SW, 10% off all Loose Leaf Teas and drinks

Techno Sport: 211 -17 Ave SW, 20% off all waxes and tools or 20% off in store tune-ups

UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved".

PRESIDENT'S REPORT *cont'd*

private property owners. We look forward to working with The City on these matters as they pertain to our community.

Spring Fling Update

We wish to acknowledge the awarding of a \$1000 contribution from the Ward Community Event Fund (The City of Calgary) to the Spring Fling. The net from that event towards the publishing of the new history book is now just under \$3200. The total funds raised as of writing is now over \$6500.

History Book Update

We are getting closer to the publishing of our new history book entitled "Cliff Bungalow - Mission, A Heritage Community". We are currently taking orders and donations to help with the cost of publishing. A mail-in form is on our website (www.cliffbungalowmission.com) under "Get Involved" and a link to that form is in the "History Book" section. There is a link to PayPal which allows you to pay online. The cost per copy is \$25. A donation link to PayPal is also available on the same page. There is also an order form elsewhere in this newsletter.

We hope the book will be printed to allow us to host an official launch on Saturday, July 25 from 3 to 6 pm at the Community Centre. This is during Historic Calgary Week. As this is being prepared, we are working very hard to meet that date. However, editing took a little longer than planned so there is possibility we may have to reschedule to another date. As soon as we know, we will let you know through the website and through our e-mail list what is happening and when.

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Time to **RENEW** your membership

Have you renewed your membership? You can do so with the handy form on page 18. You can also renew at any community event. Your card can also be used for special discounts at local merchants (page 9) and a reduced cover charge for most jazz events.

**Membership in the
Cliff Bungalow - Mission Community Association?
It's a good thing!**

You are invited!

Cliff Bungalow-Mission Community Association

Potluck Picnic Garden Party

Food, Fun and Friends!

Join us! Sunday, July 19th at 5 PM
in the park on Cliff St. SW at 22 Ave. SW

Please bring! A dish to share with your friends & neighbours,
your food utensils, your musical instruments for a jam,
along with outdoor games to play in the park.

We look forward to celebrating with you!

In the event of rain, we will set up in the Community Hall at 2201 Cliff St. SW (at 22 Ave. SW).




*The Booth – L to R – Norman Joe, Jane Thomas, Martha Stewart and Molly Mak.
The community entry in the parade– L to R – Joel Poissant and Bob Lang*

This year's Lilac Festival had lots of Visitors

While no lilacs were in bloom last year due to the late cool spring, there were lilacs in bloom for this year's Lilac Festival. The weather was quite warm and sunny. Thus lots of people came to the 26th annual version of the most successful street fair in Calgary.

We had a lot of interest in our booth again this year. We had an excellent display of historical photos which helped raise interest in the pending history book. The community entry in the parade was also a great success. The decorated bikes were again a big hit and a lot of people took photos of our entry. The parade was a hour later than normal due to the marathon. The timing did not work as well as when the parade kicks off the Lilac Festival. However, overall everything was a great success.

We want to thank the people who helped us. Starting with the booth: Darold Black, Jim Bowman, Rod Dougall, David Frishman, Geraldine Gray, Sue Gryzenhout, Murray Hiebert, Georgia Hoffman, Sander Jansen, Norman Joe, Molly Mak, Corrine Ofstie, Martha Stewart, Jo Stratton, Judith Theroux, Jane Thomas, Bob van Wegen, Marilyn Williams and Kate Zago.

There were a lot of people of all ages in our parade entry whose names we do not know but we thank them for participating. Jan Pugh was the key organizer. She hosted the bike decorating party that morning at the community centre. She handed out stickers along the route until one of her dogs decided to make a deposit along the route. One of life's unplanned events. Joel Poissant and Bob Lang carried the community banner.

See you next year on Sunday, May 29. May the lilacs be in bloom again.

See something cool in the neighbourhood?

Instagram it!

#cbmca



2015 Community Volunteer Awards

L to R: Bob Lang, Brendan Baines, Kate Zago, Geraldine Gray and Bill Longstaff

The Federation of Calgary Communities invited Calgary community associations to nominate individuals and groups for their Community Volunteer Awards. The Federation is the umbrella group for the 150 community associations in Calgary. They provide services and support programs and materials for community groups in Calgary. We get our annual audit done through the Federation.

We submitted nominations in three of four categories. The award ceremonies were held on May 29th. All our nominees were able to attend. The style of the event was like the Academy Awards where the nominees are introduced and then the "envelope please" provides the winner's name.

It was great event and while none of our nominees won, they are winners in our eyes and we wish to recognize them here. We are very proud of them all.

Step Up Award

This award category is for a community volunteer who shoulders the responsibility for things that regularly go unnoticed. This individual steps up to help out without hesitation or need for recognition.

Qualities:

- Unnoticed volunteer who always acts upon the needs of the community without being asked
- They have been volunteering in the community for many years
- This individual goes above and beyond what is expected of them
- They are humble and do not seek recognition
- They are passionate about their community

Our nominee was Bill Longstaff. Bill Longstaff has filled many CBMCA volunteer roles over many years and has contributed in so many ways to Cliff Bungalow - Mission Community. Bill has an amazing legacy of positive impacts on Cliff Bungalow - Mission. He has done this in his quiet behind the limelight approach. Most people in the community do not know he was key in many projects happening in the community.

He served on the CBMCA Board for several years including as Secretary.

For many years he worked on helping publish the community newsletter when it was totally done by community volunteers. He managed newsletter ads, helped establish newsletter policies and helped determine the newsletter layout.

He was a key player on getting the new promenade built on 26th Avenue SW east of 4th Street. Anyone who walks, jogs or bikes along this wonderful community-initiated project has Bill to thank along with others of course as this was a big project (over 1 million dollars). This project changed the street from an in-poor-repair pathway to a grand promenade that is a wonderful community amenity

He has been very active on the Heritage Committee. He spearheaded our Heritage Plaque Program which is one of the best if not the best in the City. He also initiated the Heritage Community Entrance signs which required him to work through a complex City bureaucracy which can be very frustrating at times. You can see one installed at the Shell station. One is pending just across

~continued next page~

2015 Community Volunteer Awards ...cont'd

the river on 25th Avenue SW and he started working on another at 5th Street and Elbow Drive SW.

He led the efforts to name Mok'nstsis Park at the south-east corner of the community on 26th Avenue SW. He piloted this project though to completion again dealing with the complexities of the City and working with the Blackfoot Nation for support and help in the wording of the plaque. He did all this in his quiet manner and without fanfare.

Many pictures of the projects in which he has been a key player have been published in The Mission Statement over the years. Thank you Bill for all that you have done for this community.

Spark Award

This award category is for a community volunteer who engages people to be a part of their community in unique and exciting ways. Through their community work this individual sparks a sense of excitement among residents.

Qualities:

- A committed and enthusiastic volunteer who engages residents in new and exciting ways
- They are constantly seeking ways to improve their neighbourhood
- This individual is a motivation to others
- They are passionate about their community

Our nominee was Geraldine Gray. At our 2010 AGM, Geraldine Gray suggested we consider holding monthly community potlucks to engage residents in a new and fun way. She was willing to be the organizer of these events and the CBMCA Board agreed to support this initiative. Thus on April 9th, 2011, the first Community Potluck was held. Everyone who attended agreed this was a great way of getting to know other people who live in the community. It was more than just saying hello on the street, it was actually having conversations on what was happening in the community, in the city and even the world. The food is just the catalyst for this great

community engagement although the food is great too.

Geraldine has also been involved from the very beginning to get the Cliff Bungalow Community Garden built and worked to get others interested and involved. However, her approach was to encourage and mentor and not just do all the work. She was the key reason a community garden was built adjacent to the Southwood branch of the Calgary Public Library so she had a lot of knowledge that she shared with the other people interested in building the Cliff Bungalow Community Garden.

Geraldine also has been involved in other ways in Cliff Bungalow - Mission Community. She has been a real "Spark" in getting people involved and engaged in the community.

Be A Part of It Group Award

This award honours a group of community volunteers whose community contribution improved neighbourhood life and created a sense of belonging.

Qualities:

- A group of three (3) or more community volunteers who worked together
- This group completed a specific community project or event
- They involved external partners to complete the job
- They engaged and involved a variety of residents
- The project or event improved neighbourhood life
- The project or event was a memorable community contribution

Our nominee was the Cliff Bungalow Community Garden Committee. A new community garden had been the subject of interest in Cliff Bungalow - Mission Com-

~continued on page 14~

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2015 Community Volunteer Awards

...cont'd

munity for many years. It was clear there was need as the Mission Community Garden has had a waiting list since it began. As more people moved into the community, more people would put their name on that list.

There was evidence of interest based on several community meetings the community association held over the years. But there was not yet the threshold number willing to work on making it happen until the last couple years. A core group of people decided it was time to make it happen.

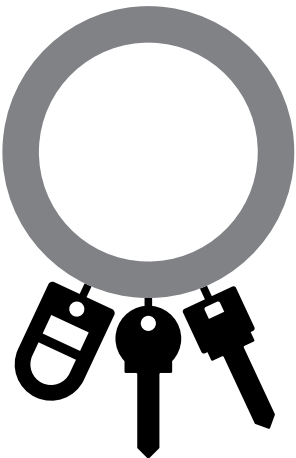
They thought they could do it very quickly but soon they realized they needed to deal with some important matters including getting City approval, local residents support and sufficient funding to get it built. They dealt

with these challenges and more with flying colours. They met in homes during dark winter nights working on the details. Of course, it helped that someone brought some wine and other goodies.

It culminated with the building of the new Cliff Bungalow Community Garden on Saturday, May 24th, 2014. An earlier date had been planned but weather did not cooperate this spring and there were some last minute details to work out with the City.

While it was predicted that there would be a good number of helpers on that date, that estimate was well short of the number who actually came out to help. This was a true community building event, not just the garden but the community as a whole.

The core group of people who made this happen went above and beyond to make this project and this community building event such a great success. The garden has created a centre of positive community activity with many spin off impacts like community residents holding picnics adjacent to the garden.



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\$25 Dining Out CHALLENGE

Bob Lang nominated me to write the next in a series of dining out challenges in the Cliff Bungalow - Mission community. This community engagement exercise is to gather background on a restaurant in the community and highlight its uniqueness and adaptability to meet a \$25 dining out challenge.

Galla Winehouse and Bistro on the 500 block of 17 Avenue is where I choose to dine along with a community member and active volunteer Rhonda San Filippo. The owner, Oksana Grushetski and chef Katsuyuki Sekihata were happy to meet with us to share their stories of the restaurants beginnings and their food experience themes and passions.

Oksana arrived in Canada from the Ukraine in May 1997 to follow her sister Galyna whose nickname was Galla. Oksana has since become the successful owner of five special event fashion stores in Calgary called Oksana's. Her sister always dreamed of owning a wine and bruschetta bistro in Calgary and the two would visit and dream together of a romantic atmosphered room where the staff were approachable and welcomed everyone dressed in classically casual attire. The conversations came to a bitter end in March of 2013 when Galyna suddenly died of carbon monoxide poisoning in her own home leaving behind two surviving sons.

Oksana knew she had to keep her sister's dream a living legacy for her two nephews and opened Galla Winehouse and Bistro in honour of her beautiful sister's life. Galla Winehouse and Bistro opened in July 2014 with a romantic atmosphere, approachable staff and welcomes everyone to enjoy in classical casual attire. A picture of Galyna hangs on the wall in the back overlooking the patrons as a reminder of her dreams and the restaurant's beginnings.

Chef, Katsuyuki Sekihata joined Galla in February 2015. He is originally from Japan but studied French cuisine in France for 8 years before arriving in Montreal. He won the gold medal for French Cuisine in Montreal before his arrival in Calgary three years ago.

His passion for food is to draw attention to the delicacy of food and the sensitivity of its ingredients. He focuses on the presentation of each plate to create colourful elegance for the diner to enjoy.

We arrived at 4:00 to take advantage of the Happy Hour (2-6 pm) specials of \$5 wine pour or beer pints till 6:00. We each ordered a wine and searched the menu for appetizers. The bruschetta choices were delicious and many to choose from for \$5/plate of 3. I decided on the Monday daily special of poached mussels in a spicy marinara sauce for \$8 which came with a delicious punch of flavour and freshness. Rhonda enjoyed the crab cakes served warm and crisp. Unreal flavor and attention to detail with a superb balance of spice and delightful presentation. We each left satisfied with room for another wine each for a total of \$48 plus tip.

Galla is a must try for causal happy hour with friends, romantic date of wine and bruschetta or large parties which will impress the diners with careful attention to the food experience.

Submitted by Jan Pugh

in & around your community

News from Alberta Bike Swap

Under the Alberta Traffic Safety Act (http://www.qp.alberta.ca/documents/Regs/2002_304.pdf) bicycles are included as vehicles. If a car can't do it, neither can a person on a bike.



Since you don't see too many cars on the sidewalk, unless you're under the age of 14, you cannot ride on the sidewalk.

By law, until you are 18 you must wear a helmet.

Cyclists have the same priority as other road users.

If you can't wait for the next month's newsletter for more, please visit us at www.albertabikeswap.ca/safety.

Opening up new Prospects

This article written by James Waugh is republished from the Mount Royal Community Association (MRCA) Newsletter. Our communities are working together with our councillor and city staff to revitalize the park at the top of the Cliff Bungalow escarpment as well as the escarpment trails which we are currently referring to as Prospect Point and Prospect Trail because of the magnificent views they offer.

Prospect Trail — the escarpment trail system tying together the Cliff Bungalow-Mission, Mount Royal, and Elbow Park communities, and linking River Park to downtown Calgary on a 2.5-km / 1.5-mile “greenway” trail system through existing parklands and public open space.

One of the projects undertaken by the MRCA Public Open Space Committee as a part of last year’s centennial commemoration of parks in Mount Royal was to initiate planning this new pathway system. It will not only connect the extensive city-wide paved pathway system south of Sifton Boulevard through to central downtown Calgary, it will also provide new and interesting parkland trails within our three communities — for commuting, yes, but also for recreation, dog-walking, and the simple pleasures of being outdoors in nature.

Beginning in late May, 2015, the proposed trail locations will be marked on the ground and the trails may then begin to be explored and used by their communities. This exploration phase in the summer of 2015 will be used to help identify the best and most desired routes for the system to follow. The plan can then be finalized



and discussions begun regarding upgrading the alignments and the surfaces so that the trail can be used all year round by many more users and by more kinds of users.

The current plan is to have the main through trail marked with red/pink/orange ribbon tied to stakes or trees every 10 metres or so. Side trails potentially useful to the local community will be similarly marked but with yellow ribbon. Historic trails of a century or more duration will be similarly marked with blue ribbon. It may also be possible to have some discrete temporary signs to help you with getting started: look for them.

Several of the underlying trails along these escarpments received early use by First Nations peoples who passed by this way while hunting and for trade. When Calgary was first settled, those trails were amplified by heavier use — as people walked to and from home, work, and shops and places of worship — and many cross-trails were braided in with the earlier horse and moccasin trails. We hope not to lose the contact with the city’s past that this new trail will overlay by providing some interpretive signage and by maintaining and marking access to many of the still-useful historic cross trails.

These escarpment lands are sensitive to erosion and have been badly misused and / or neglected over many years. Our future plans must not only bring more users through these park lands, they must also more fully integrate these parks into our communities. For many residents, these parklands barely exist in their mental maps of their communities. We want to increase our appreciation of the wildlife and the many kinds of native trees and bushes which populate these slopes. And we want to make people aware of the spectacular vistas the trail

~continued on page 18~



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Opening up new Prospects cont'd

will offer, out across our communities to the mountains, the river valley, and the downtown.

We hope you will give the initial layout of this trail system a look this coming summer. Wear sturdy footgear, and try not to be too frustrated if you lose the trail occasionally! Most of all, let us know your thoughts as a user or potential user. We need lots of good ideas to bring this trail system to fruition over the years ahead, and would like you to be a part of it.

Prospect Point — the wayward viewpoint at the top of Hillcrest hill, lost to the community for several years, but restored to parkland by Council decision in December, 2014.

What's happening? The work of orchestrating the restoration of this viewpoint as parkland accessible to all Calgarians has already started. The immediate goal for 2015 is to rehabilitate the parkland as a space with good access and visibility off Hillcrest Avenue. You may not see much happening on the ground this first summer, although we do hope and expect that the site will be cleared, cleaned up, and dirt and grass applied as necessary to restore safe and convenient public access.

One initial objective of the planning process is to let use begin to dictate how this parkland is developed and reintegrated into the surrounding communities. The planning process is at the ideas stage — if you have ideas about how to move this project forward, let your ideas be known.

If you do have ideas to put forward, please contact Rick Williams at rkwilliams@shaw.ca. There will also be opportunities for input at future open houses.

A Walk on the Green Side – May 2nd Jane's Walk along the escarpment trails through Elbow Park, Mount Royal and Cliff Bungalow led by Marilyn Williams, Blane Hogue, Harry Sanders and Councilor Evan Woolley. Many of the trails have been used for millennia by First Peoples on their migrations, and historic viewpoints at the top of the bluffs have been used for at least a century.

The Small Urban Garden

The growing season varies in many locations in the city. In preparing your garden for planting it is important to do a thorough weeding eliminating all the persistent weeds. Most vegetable seeds planted now will mature before a September frost. Some plants that require a long growing season like tomatoes, peppers, squash, and Brussels sprouts should be started 5 - 7 weeks earlier before the last frost; usually in the first week in June. You should consider buying these as plants for the best results.

Culinary herbs that are staples in the kitchen can make a nice border in your garden. They can also be planted into a large container on your back porch, balcony, or a hanging basket for ease of picking when they are needed. Basil, oregano, rosemary, thyme and cilantro are popular herbs for their fragrance and flavour in many prepared dishes.

Butterflies and bees like herbs too. They are attracted to dill, parsley, borage, fennel, and oregano to name a few. They will often be seen frequenting other plants like pentas, marigolds, cosmos, Echinacea, and the milkweed family.

Watering is important for healthy vegetables. Watering deeply encourages a strong root system that will withstand summer heat and adverse conditions. Applying 1 - 2 inches of water once a week is adequate moisture unless it is very hot and windy. Watering in the morning will allow plant foliage to dry off before evening. If you must water in the evening, try to avoid water on the foliage to prevent disease or mildew,

Georgina Jameson

Forgotten?

By Karen Craig

As twenty-first century consumers, we have thoroughly educated ourselves regarding organic, locally sourced or genetically modified items in our neighbourhood stores. But along the way, the practice of fair trade seems to have taken a back seat.

What exactly is fair trade anyway? The World Fair Trade Organization defines it as:

"...[A] trading partnership, based on dialogue, transparency and respect, that seeks greater equity in international trade. It contributes to sustainable development by offering better trading conditions to, and securing the rights of, marginalized producers and workers..." (<http://wfto.com/fair-trade/definition-fair-trade>).

This is not to say that consumers should turn away from local producers in favour of those living thousands of kilometres away. It is, however, in our global interest to support those who produce items for us that we do not have access to in our own communities. In our big box, corporate world, Fairtrade Canada works to "ensure the farmers and artisans...get a better deal" (<http://fairtrade.ca/en/about-fairtrade/what-fair-trade>).

Many believe that fair trade practices began in the early 1940's with poor communities in the American South. Others say they started with textile artisans in Puerto Rico a few years later. Some of our neighbourhood merchants have participated in fair trade practices since before certification organizations were founded in the Netherlands in the 1980's.



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Whatever the actual date, the idea of helping to sustain poorer communities by encouraging productivity is a commendable goal. Everything from coffee, tea and spices to clothing and skin care products may be certified as Fair Trade. Fairtrade Canada is a non-profit certification organization – the Canadian member of Fairtrade International. Look for this and other fair trade logos:



Not all products are officially registered, yet are still fairly traded. A number of our neighbourhood merchants carry these items – certified or not – so get to know the shop owners and talk to them about their involvement. Sebastian Sztabyb,

a local entrepreneur, believes in direct trade with his farmers, motivating consistency and sustainability. By building strong relationships, "[he plays] an active role in helping producers improve quality." Encouragement from the community can go a long way in pursuing this path of doing business.

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Save **PASKAPOO** Slopes



We are a grassroots, non-profit organization seeking to preserve the East Paskapoo Slopes in its natural state.

We oppose an application that has been made to the City for a residential and commercial development that would build over most of the lower section of the Slopes.

Say **YES** to keeping **PASKAPOO WILD**

For information on our new Calgary City Council Mail-In Postcard Campaign, and to sign our Online Petition, please visit:

SaveTheSlopes.org

[@savetheslopes](https://twitter.com/savetheslopes) [@savepaskapooslopes](https://facebook.com/savepaskapooslopes)



Post it!

Let's tell the world about life in Cliff Bungalow-Mission

See something interesting in the 'hood?

Take a photo and post it to **Instagram** (with the hashtag **#cbmca**) or to our **Facebook** page. It can be anything:

- a selfie of you and friends at a 4th Street eatery? **Post it!**
- a cute dog? **Post it!**
- birds at your backyard feeder? **Post it!**

#cbmca



A BIG thank you to Montessori students and parents for making our Lilac Festival parade entry the best ever!

Students and parents came prepared with smiles, snacks and decorations on Sunday morning. Everyone was ready to have fun. The decorations ranged from balloons to streamers, pipe cleaners and tape. Each rider and bicycle was unique and colourful.

The ride from the Cliff Bungalow Elementary School building playground to the gathering point on 25 Ave and 4th Street went without issue with students carefully making their way safely across streets and sidewalks.

Bob Lang proudly carried the Cliff Bungalow - Mission Community Association banner with Troy Burroughs to lead the colourful participants along 4th Street. Many waves and cheers were received from the parade onlookers along the way. Jan Pugh with her dogs Sheela and Gino and parents from Montessori walked along giving stickers to the children that came to see the parade.

The weather was perfect and all enjoyed the parade.

Thanks again to Montessori and community residents that participated in this happy event.

Cheers!

Jan Pugh

CBMCA

Vice President

GET TOGETHER

Cliff Bungalow - Mission Community Association

Picnic In The Park In July and People!

Sharing a meal together is something that people have done since forever and that continues to find some of us gathered about tables in our Community Hall on Cliff St. at our almost monthly potluck dinners. We all bring some of our favourite and different foods, sometimes our friends and family, and enjoy the company and conversation we share with others. Naturally, much of our May 3 dinner conversation involved speculation about the outcome of our provincial election! A range of thoughts on the matter was accompanied by the mix of dishes from split pea soup to oriental salad to ratatouille to hummus to shrimp, and, of course, the stunning angel food cake with berries and whipped cream.

Our Sunday potluck dinners take place once a month throughout most of the year except for July when we have an outdoor potluck picnic. (We have nothing scheduled in August.)

So, mark your calendar and join us:

Sunday, July 19, 5pm: Potluck Picnic in the Park beside the Community Hall

Bring food to share, instruments for a jam, balls & games for you and your children or the kid in you.

(indoors in case of uncooperative weather)

If you have any questions or would like to help in setting up, please contact: cbmca.social@gmail.com.



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PLANNING & DEVELOPMENT

The Cliff Bungalow-Mission Planning & Development (P&D) committee receives a number of applications for new developments and/or land use changes every month. This gives us the opportunity to provide feedback and allow the City to make informed decisions with the community's perspective in mind. Please find below a selection of applications that were circulated to the P&D committee in the past few months, as well as a brief discussion on recurring themes:

- We have seen a proposal for exterior alterations on the ground floor of the apartment building on 505 19 AV SW (505 19 AV SW). The developer wishes to upgrade the signage band, upgrade the residential entrance canopy and walls along 19 Ave SW, and expand the retail space along 4 ST SW (by 63 m² / 678 ft²) with new aluminum store fronts. The P&D committee has responded by expressing its support for efforts aimed at improving retail space along our main street, which further contributes to the Area Redevelopment Plan's (ARP) intend to encourage mixed-use. However, we

have also encouraged the developer to: apply clear glazing / minimize blockage to create a level of interaction with the pedestrian traffic, use materials that age with grace, protect existing trees from any potential damage caused by construction, limit continuous glass store fronts by introducing elements that reinforce the historic character of the community, use signage that is scaled and oriented to the pedestrian, and address the exposed exhaust vent facing 4th street. We have not seen a response from the file manager yet.

- We have seen a proposal for the development of a new apartment building (52 units) on 318-322 25 AV SW (DP2014-4927). It entails a 5 story building, using a mix of grey brick, wood grain siding and stucco. The P&D committee encourages sensitive densification, and appreciates that the developer respects the height requirements as per the Mission Area Redevelopment Plan (ARP). However, we have also encouraged the developer to: keep and protect the city tree on the south west corner of the site, use materials that reinforce the historic character of the neighborhood, address the noise that may be caused by the parkade venting by either moving the vent or applying noise abatement measures, and respect the minimum landscaping threshold of 30%. The response from the file manager has been mixed: the developer will ensure proper protection of the city tree, a permanent condition will be added to the permit to limit the amount of noise, and the developer will increase landscaping slightly from 25% to 27% and will provide additional rooftop space. The P&D committee is particularly concerned with using rooftop space as an offset for ground floor landscaping. This creates an opportunity for developers to justify greater massing, without the benefits flowing to the community. In order to avoid this from happening going forward, we will address this concern with the City.

- We have seen a proposal for the development of a new multi-residential development (47 units) on 206 26 AV SW (DP 2014-6017). The P&D committee has expressed its appreciation in regards to efforts aimed at connecting the building to the street, which has the potential to increase the safety and vibrancy of the immediate area. However, we have also encouraged the

~continued next page~

PLANNING & DEVELOPMENT cont'd

developer to: reconsider the over provision of parking (this does not align with Mission being one of the most walkable communities in Calgary), avoid the use of tinted or reflective windows, plant appropriate trees (shade trees) that help define our outdoor spaces and improve the public realm, allow for direct access from ground floor units to the street to reinforce interaction, mitigate potential noise levels associated with the venting/cooling of the building, eliminate the use of impervious surfaces, and consider landscaping on the north elevation to address the unappealing view of concrete and mechanical vents for adjacent residents.

- We have received a proposal for temporary site access to the construction site on 317 22 Ave SW (DP2015-0774). The developer wishes to obtain access through 22 Ave (other than the laneway access). After the unforeseen loss of 2 city trees in front of the construction site earlier this year, the P&D committee was particularly concerned with the proper protection of the remaining trees. Protection of the urban canopy is pivotal to the community, as it marks the character of our community and provides a sense of place. We therefore were pleased to see that the developer had contracted an external party to conduct a soil compaction prevention study, which also provided a detailed outline of programs aimed at saving the existing trees. However, as the recent appeal (May 28) against this DP underpins, it is highly questionable if the intended protection measures are properly implemented now site access has been granted. The P&D committee will continue with its efforts to protect the urban canopy and wants to thank everyone who has helped on this matter.

- As you may know, it was decided some months ago that Evamy Ridge Park (the park at the top of the escarpment above the Community Association Hall) will stay city owned land, and will not be allocated to a private developer. This was a huge win for the community, but also created an expectation. What will happen to the park next? Since the decision was made the Community Association has met with Parks liaisons on multiple occasions. From our conversations, our understanding is that budget is limited to justify major changes to the park. However, going forward some changes are considered: removal/replacement of some dead trees at the top of the park, replacement of the poorly maintained concrete basketball court by grass, interpretive signage at one of the viewing points, and improvement of access ways to the top of the park (articulated trail system using natural materials). In the longer term we are hoping to see a better connection between the various parks (green way) as part of a more holistic approach to parks space and potentially a proper connector between the bottom and the top of the park (stairs).

- As you may know, Council met on May 25 to consider an application which proposes an increase in the allowed building height from currently approved 15 metres to 24 metres for properties located at 306, 308, 310 and 312 – 25 Avenue SW. The community association, along with residents, has put significant effort in providing its input and influencing the outcome to best serve the interest of the community. For the findings of the Council meeting, please read the "President's report".

HELP IS AVAILABLE

Do you qualify for property tax assistance?

Find out if you or a family member is eligible for a credit at calgary.ca/ptap or by contacting 311.

The Property Tax Assistance Program is available to assist low-income homeowners, with the increase in residential property taxes from 2014 to 2015.

Please note: Even if you apply to the Property Tax Assistance Program all property taxes must be paid in full by June 30, 2015 to avoid a 7% penalty.

Application deadline Dec. 1, 2015.

2015-1301

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Once again it is that exciting time of the year when our city readies itself to welcome our century old tradition of the Calgary Stampede. I know that you are all looking forward to our "Greatest Outdoor Show On Earth", when we pull our cowboy hats out of the back of the closet, eat pancakes for 10 days straight, and fill the streets with that special Calgary spirit! We will be celebrating the spirit of perseverance and facing challenges with confidence and ingenuity, the very attitudes which helped pioneers settle the Canadian West.

Just as Calgarians have faced challenges in our past we continue to face the challenges of today head on. Our government shares this belief, that in times of economic uncertainty, especially with the fall in oil prices, we must continue to pursue government policies that are sen-



sible and stable. This helps to ensure that the economy continues to grow and create jobs for Canadians. Part of encouraging economic growth means lowering taxes so you have more money to invest and making important government investments in areas like transit and infrastructure. This provides the means for more efficient movement of people and goods. This is why in the

~continued on page 28~



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Membership Cost: Single \$10 ____ Family \$20 ____ Payment type: Cash ____ Cheque ____
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FYI

CAVENDISH BEACH,
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ISLAND

A spread of reddish sand skirting cool Atlantic waters, backed by dunes and green, rolling hills, there are few places more pleasant to spend a summer's day than Cavendish. But while the temptation to linger on the beach may be strong, a trip to this beach would not be complete without exploring the historic sites nearby, including the Green Gables Heritage Place, the muse of Lucy Maude Montgomery and home to the Island's most famous fictional resident.

www.readersdigest.ca/travel/canada/10-places-canada-every-canadian-needs-visit/?id=1#d1xS8Zv11ygh4fql.99

Three Sisters

The Three Sisters... How appropriate!

On Thursday, May 28, we at the FCJ Centre, collaborated with two other community garden groups in close proximity to us--the Mission and Cliff Bungalow Gardens. We were able to offer a space to meet, while the Cliff Bungalow Community Garden arranged for Janet Melrose, Calgary's Cottage Gardener, to share her knowledge, experience and wisdom about gardening with us.

One of the intriguing things she shared with us was the gardening technique of **"companion planting"** called the Three Sisters. The Three Sisters are the three main agricultural crops of various aboriginal groups in North America: winter squash, maize (corn), and climbing beans, known as the **"sustainers of life."** Each plant interacts with its companions to thrive. The three crops benefit from each other.

What is a Three Sisters Garden?

It is an ancient method of gardening using an intercropping system which grows corn, beans, and squash crops simultaneously in the same growing area that is typically a rounded mound of soil, often called a hill.

Corn is the oldest sister. She stands tall in the center. The maize provides a structure for the beans to climb, eliminating the need for poles

Squash is the next sister. She grows over the mound, protecting her sisters from weeds and shades the soil from the sun with her leaves, keeping it cool and moist. The squash leaves also act as a "living mulch", creating a microclimate to retain moisture in the soil, and the prickly hairs of the vine deter pests.

Beans are the third sister. She climbs through squash and then up the corn to bind all together as she reaches for the sun. Beans help keep the soil fertile by converting the sun's energy into nitrogen, so the beans provide the nitrogen to the soil that the other plants utilize. Maize lacks the amino acids lysine and tryptophan, which the human body needs to make proteins and niacin, but beans contain both and therefore maize and beans together provide a balanced diet.

(Paraphrased from GardenWeb Forums)



Amazing how **"companionship"** reveals to us as humans and nature the pilgrimage of discovery into God revealed in the cosmos, as we actively integrate this new consciousness into every aspect of our living. (FCJ Sisters, Directions 2013)

Denise DeNeve
Director, FCJ Centre



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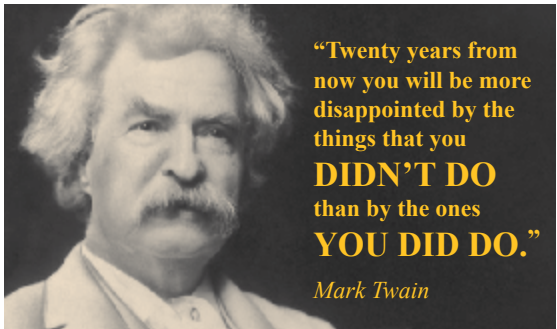
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MP Crockatt cont'd

spring balanced budget our government created the new Public Transit Fund which will invest \$750 million 2017 and 2018, and \$1 billion per year in years following in public transit projects for cities like Calgary.

I also am proud to champion job creation and help small and large businesses in Calgary Centre. I recognize that many of the jobs Canadians value are created by the small businesses and as result we will cut small business tax rates from 11% to 9% over the next four years, so your local businesses can continue to contribute to our economy and city. In my role on the Natural Resources

Committee I have been working hard to support jobs in our energy industry while at the same time ensuring we protect our environment so that Canadians can be proud of their contributions.

And yes, flood mitigation is also still on our agenda. We recently announced flood mapping plans to give insurance companies the information they need to provide home flood insurance – that's something you've asked for. We all want to build a strong future for our country and we want to ensure that Canada remains the True North, Strong and Free.

Please share your thoughts at 403-244-1880 or by email at joan.crockatt.c1@parl.gc.ca.

in & around your community

S₂G+ River Raft

Rafting the Lower Elbow

For many life-long residents along the Lower Elbow River, springtime brings back memories of summer days spent playing at Sandy Beach or Stanley Park, and floating down the river to the Old Boathouse at Wood's Park. The trails along the riverbanks were secret pathways to hidden forts and favorite picnic spots.

Today, these traditions are threatened because this treasured waterway is attracting summer recreational users in ever increasing numbers due to Calgary's explosive growth. Over the years, park users have created many additional undesignated river access points, often on very steep and slippery slopes. The health of our natural parklands suffers when nesting areas are trampled and water craft are dragged down slopes to the water's edge. The riparian vegetation weakens and river banks erode. Trout redds (spawning nests) and fish eggs are easily disturbed by the direct impacts and the sedimentation that result from uncontrolled access to the riverbank and the river. The Lower Elbow is particularly at risk as this fragile environment also suffers from high bacterial counts especially after rain events.

A comprehensive design, development and management plan for the popular Sandy Beach area is now being implemented by City Parks. One dedicated river access point for rafters and kayaks will be created. The access will be a simple gravel ramp close to the Sandy Beach parking lot.

The City of Calgary Animal & Bylaw Services and Calgary Police will be conducting a rafting education and enforcement program along the Elbow River on weekends this summer from June until September. Rafters practicing unsafe or disrespectful behaviours may receive fines for violating municipal bylaws or provincial statutes such as failing to wear a PFD/Life jacket, consuming liquor in public, littering and urinating or defecating in public. By supporting these regulations and rules, we can all help to establish a sense of mutual respect while preserving the Lower Elbow River habitat as a pleasant and safe place for everyone, far into the future.

Credits: Susan Bennett and www.calgary.ca



Elbow River Happenings

July 1, 2015, 6:30 AM

Monthly Elbow River Birding Survey. Meet Stanley Park, 42 Av SW, just W of Macleod Tr. Walk to Glenmore Reservoir, ride back (3.5 hours). Call leader Gus Yaki, 403-243-2248, to ensure vehicle space for return.

Sunday, July 26, 2015, 1-3 PM

The Annual Friends of Reader Rock Garden Society's Stroll in association with the Chinook Country Historical Society's Calgary Historic Week. Tour the historical gardens located south of the Elbow River at 25th Ave SE and Macleod Tr. Purchase a gardening book at the used book sale, view art, enjoy some light refreshments and visit the S2G+ table. Rain or shine. Info: www.readerrock.com

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network or for information contact: Robin McLeod, ramcleod@telusplanet.net or Karen Paul, karenpa@telusplanet.net.



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Summer has arrived! I love my city this time of year. It's a great chance not only to get to know Ward 8 a little better, but to share some great times with you as well.

The City of Calgary offers numerous fun, free and community-based programs and services for children, youth and families all over Calgary each summer. Some of these programs include Park n' Play, Stay n' Play, Summer Adventures, Kids at Play Summer Club, Community Camps, Youth Days, and Lawn Chair Theatre. You can visit calgary.ca/cns to check out what's happening in your area.

If you would like to participate in City of Calgary programs and services in another way, try joining Citizen's View, an online panel that encourages citizen engagement through occasional surveys and discussion. As a member you can:

- Participate in surveys approximately once or twice a month;
- Access online discussions;
- Provide valuable input on a variety of topics;
- Receive information and updates on upcoming events and service improvements.

You can sign up to join the panel at citizensview.ca.

I plan to be out in the neighbourhoods this summer, stopping in at Stampede breakfasts and barbeques and a number of other community events. I look forward to seeing you all there. In the meantime, take some time off, connect with your friends and family, try something new, and enjoy the summer!

Book Trivia

Harriet Beecher Stowe's "Uncle Tom's Cabin" was published March 20, 1852. It was the first American novel to sell one million copies.



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