

THE MISSION

MAY 2017

# STATEMENT



[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION



**JANE'S WALK**

**MAY 6**

**DETAILS INSIDE**

**SPRING FLING**

**MAY 27**



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May 2017



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# The Mission Statement



The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.

## Contact us

Cliff Bungalow - Mission Community Association  
462, 1811 4 Street SW, Calgary Alberta T2S 1W2  
403 245 6001  
www.cliffbungalowmission.com  
Look for us on Facebook, not to mention Twitter and Instagram (CBM\_CA)!

## We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.

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## Cliff Bungalow - Mission Community Association Board List 2016 - 2017

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|--------------------------|---------------------------------------|---|
| President                | Bob Lang                              | cbmca.president@gmail.com<br>403-229-2762 |
| Vice President           | Jan Pugh                              | cbmca.facility@gmail.com                  |
| Secretary                | Rick Williams                         | cbmca.secretary@gmail.com                 |
| Treasurer                | Amanda West                           | cbmca.treasurer@gmail.com                 |
| Planning and Development | Sander Jansen                         | cbmca.development@gmail.com               |
| Environment              | April Vande Beek                      | cbmca.environment@gmail.com               |
| Heritage                 | Marilyn Williams                      | cbmca.heritage@gmail.com                  |
| Social                   | Amanda Weightman & Kaeleigh Doherty   | cbmca.socialevents@gmail.com              |
| Communications           | Jane Kubke                            | cbmca.editor@gmail.com                    |
| Directors-at-Large       | Ken Hryciw<br>Andrea Vig<br>Kate Zago |   |

Look for us on Facebook, Twitter and Instagram (#cbmca)



# MAY

## COMMUNITY CALENDAR

All events are at the Cliff Bungalow - Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

### Jazz Concerts

Featuring talented local artists playing in our historic venue. Discount for CBMCA members.

Wednesday, May 3, 8 pm - The Lorna MacLachlan Quintet  
Wednesday, June 7, 8 pm - Vocal group KIVA

Doors open at 7:30 pm. We suggest you come early, get a good seat and enjoy a beverage.

### Jane's Walk

Saturday, May 6, 2 pm - starts and ends at Mission Bridge (26 Avenue and 4 Street SW).

### 50<sup>th</sup> Annual Pathway and River Clean-Up

Sunday, May 7 - Registration at 9:30 am at Repsol Sport Centre (formerly Talisman Centre)

### Potlucks

Bring something to share and meet your neighbours. Good food and great conversations.

May potluck is Sunday, May 7, 6 pm. This is one week early due to May 14 being Mother's Day

June potluck is Sunday, June 11, 6 pm.

### Board Game Nights

Bring a board game and some snacks. Cash bar. No entry charge.

May Board Game Night is Saturday, May 13, 7 pm. Then we break until Saturday, September 16, 7 pm

### Spring Fling 2017

The date of the Spring Fling this year is Saturday, May 27. Mark this date in your calendar as it is an event not to be missed. More details elsewhere in this issue. This is a fundraiser for the Prospect Trail project.

### Prospect Trail Consultation

Wednesday, May 31 - details to be posted on our website and Facebook and to be sent out via e-mail.

### Lilac Festival

Sunday, June 4, 10 am to 6 pm. Come see us in the parade and at our community table.

### Mission Possible 2017

Mission Possible 2017 is on Saturday, June 17. This is our version of Neighbour Day. Mark this date on your calendar. It is held in the park on the north side of the community centre. Free entertainment and activities and free burgers. Such a deal.

### ReTree YYC Tree Education Programs

Cliff Bungalow - Mission has been selected by the City of Calgary for the ReTree program in 2017. The primary goal is to work with citizens to encourage the proper planting and maintenance of our urban forest. There are several events this year in our community including the following in June:

Saturday, June 17 - Mission Possible event booth. The ReTree YYC booth is all about learning through activities and art. Their energetic staff will provide various crafts and games while also acting as a tree education resource. Each craft and game will be focused on increasing your basic tree knowledge in a fun and interactive way. Resources to take home on tree care and maintenance will be available.

### Movie Nights

Next movie night is on Sunday, September 24, 7 pm.

### History Book Sales

Copies of our award winning community history book "Cliff Bungalow - Mission, a Heritage Community" can be obtained at all community events at the community centre. \$30 per copy, cash or cheque.

**Check out our website regularly for new events and other information not available at time of newsletter publishing.**

www.cliffbungalowmission.com

### Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to cbmca.editor@gmail.com.

## CLIFF BUNGALOW - MISSION



JOIN US

### COMMUNITY POTLUCK DINNER

SUNDAY, MAY 7, 6 PM

COMMUNITY HALL, 2201 CLIFF ST. SW

Please bring something to share & invite your friends and neighbours.

For more info: [cbmca.socialevents@gmail.com](mailto:cbmca.socialevents@gmail.com)

## MEMBERSHIP AFFINITY PROGRAM

### Use your membership card to save!

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

- Clear Float Spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
- European Bakery: 515 – 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
- 4<sup>th</sup> Street Liquor & Wine, 1809 – 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50. (new membership affinity supporter)
- Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products sold, free gait assessment.
- Peking Dragon: 1904 – 4 St SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
- Tea Factory: 1820 – 4 St SW, 10% off all Loose Leaf Teas and drinks
- The Tech Shop: 2424 – 4 St SW, 10% off regular priced footwear / accessories, 15% off regular priced apparel
- UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
- Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off their patisseries. (new membership affinity supporter)

Do you own or manage a business and would like to be part of this program? Please contact [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com). Residents may purchase a membership by using the membership form in this newsletter or online at our website [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com), click on "Get Involved".



## Post it!

Let's tell the world about life in Cliff Bungalow-Mission

See something interesting in the 'hood?

Take a photo and post it to **Instagram** (with the hashtag **#cbmca**) or to our **Facebook** page. It can be anything:

- a selfie of you and friends at a 4th Street eatery? **Post it!**
- a cute dog? **Post it!**
- birds at your backyard feeder? **Post it!**

**#cbmca**



CLIFF BUNGALOW-MISSION  
COMMUNITY ASSOCIATION ANNUAL

# spring fling

**SATURDAY MAY 27 2017**

Community Hall, 2201 Cliff St SW

6:30pm- Midnight  
Ad Hoc Band playing at 8pm

Tickets \$10 at the door

Proceeds raised will go towards  
**RESTORING PROSPECT TRAIL PROJECT**  
(Royal Avenue SW to Mount Royal & Elbow Park)



# Volunteers needed for upcoming community events

Spring Fling – Sat. May 27  
(evening)

Mission Possible – Sat. June 17  
(morning/afternoon)

For more information, contact:

**cbmca.socialevents@gmail.com**



Cliff Bungalow –  
Mission Community  
Association  
2201 Cliff St. SW

**Have fun,  
meet your  
neighbours,  
and help  
build  
community**

with the Cliff  
Bungalow –  
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Association!



## Spring Fling 2017 Saturday, May 27


Doors open at 6:30 pm  
Music starts at 8 pm  
Cliff Bungalow – Mission Community Centre  
2201 Cliff Street SW  
Popular "Ad Hoc Band" Returns  
Silent Auction  
Food and Beverages  
Photo Booth

The date of our annual Spring Fling is Saturday, May 27. This is a fun evening of live music, silent auction, food, beverages and photo booth hijinks. You can dance and listen to the music of the Ad Hoc band, which has been a great hit at our previous Spring Flings. You can enjoy some food and drink while you look over all the great silent auction items. You can get your picture taken with silly hats and such. This is a fun-filled fundraiser event with this year's net going towards the Prospect Trail project, which starts on the escarpment behind the community centre and covers our community, Mount Royal Community and Elbow Park Community and is a historic walking trail linking the three communities. The money raised will help fund community consultations and costs related to creating a community-based vision for the trail. Join us for a fun-filled evening. Your friends are welcome.

*PS – There will be an open house at the community centre on Prospect Trail on Wednesday, May 31. Come and tell us your thoughts on this exciting project. More details will be posted on our website and Facebook and will be sent out through our e-mail fan-out.*

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# PLANNING & DEVELOPMENT UPDATE

Every month the Planning and Development Committee receives a number of applications for new developments or land use amendments in our community. These applications are discussed among the Committee members and our comments are then shared with the respective file manager with the City of Calgary. Please find below a selection of applications that we received recently.

Many of you may by now be aware of the **proposed development at 306 - 25 Ave SW**. This file has been open for many years, and was put on hold in 2016, after the developer failed to meet Council's directions to submit a Development Permit (DP) in time, in support of the concurrent DP process (note: a concurrent DP process effectively means that an applicant is asked to submit a development permit alongside their land use amendment, to allow for a more informed decision). Now the cool down period has expired, the developer has yet again put a land use amendment forward (LOC2017-0001). For those familiar with this file, the proposed land use is exactly the same as what was presented to the community in the past. This is what the developer is proposing:

A seven-storey (24 metre) multi-dwelling building, with a floor area ratio of 4.5 FAR.

The current zoning allows for developments of up to 15 metres, and a floor area ratio of 3.5 FAR. To allow for this development to happen, the developer is seeking significant relaxations in height and overall density. Furthermore, a major change to the Mission Area Redevelopment Plan (ARP) will be required.

What we learned is that this application will be treated as a "fresh" application. This means that previous recommendations by Planning Administration and the Calgary Planning Commission (refusal of the proposal) will be discarded, and that Administration, CPC and Council will treat this as a new application.

Our Planning and Development Committee is approaching this application very strategically and very seriously. We have already reached out to the City to present our overall position, which is consistent with our position in the past. That is, the Cliff Bungalow - Mission Community Association (CBMCA) is not against densification. We

believe that inner-city communities each play an important role in accommodating the anticipated population growth. However, we believe that densification can be achieved under current policies and in sensible ways. The proposed development is concerning for multiple reasons:

The community opposed the previous application. The CBMCA organized two separate stakeholder engagement workshops on excessive height in February 2015 and June 2016. The workshops were attended by 65 people and 85 people respectively. A vast majority of community residents (82% and 83% respectively) expressed their objection to developments that exceed the allowable height.

The application is in direct conflict with the objectives, policy and intent of the Mission ARP, which calls for sensible densification and a maximum height of 15 meters on the proposed site. The Mission ARP is the result of a seven-year process — hundreds of man hours of work and thousands of hours of volunteer capital — and was developed with the intent of accommodating inevitable growth while retaining the community's essential character and livability.

Mission has plenty of capacity to allow for increased density. If we build out to the current ARP zoning, Mission would be the neighborhood with the highest density in Calgary.

The Calgary Planning Commission (CPC) recommended Council abandon the proposed ARP amendment to accommodate the land use change. The Commission noted that the proposed amendment does not represent complementary infill and noted the many redevelopment opportunities within the area that aren't seized yet.

At an average density of 8,945 people/km<sup>2</sup>, Cliff Bungalow - Mission is already Calgary's third most dense community, yet its urban form remains ostensibly human-scale in comparison to its peer group (see for example, Chinatown at 8,274 people/km<sup>2</sup> and Beltline at 8,999 people/km<sup>2</sup>). Mission is one of the most desired communities exactly for that reason - its ability to accommodate many people and small businesses while retaining a 'sense of place' and cultural context. The

introduction of tall buildings does not align with these attributes and is likely to compromise the unique character of the community.

Cliff Bungalow - Mission is the only community in The City of Calgary's Main Streets program that is exceeding density targets for both employment and residents.

Going forward, we will continue to engage with the City and the community. As with any major development, your voice matters to us and matters to the ultimate decision-makers. As this file progresses we will be seeking ways to capture your voices. We have been told by the City that the City also will take a deliberate approach and won't rush into decisions. Our understanding is that in the interim the City will likely organize some kind of community consultation. We will let you know when the date and the details have been confirmed.

A new **apartment building is proposed on 320 19 Ave SW** (DP2017-0930) (see image below). The apartment building will accommodate 67 units and will be five storeys in height. The building plans foresee underground parking, and two outdoor bike surface mounts. The proposed plans suggest street-oriented development, which means that units on the ground floor will each have separate street access. There will be a concrete sidewalk on the east and west side of the building, providing access to the units on either side. Balconies will be wrapped around the entire building, including ground floor patios for the units facing the laneway in the back. The parkade entrance will be right in the middle of the building (in the back), with waste/recycling collection put away from sight. Landscaping is minimalistic, with small amounts of green space on the site's fringes and raised planters attached to the building. Materiality includes a mix of stucco (light and dark earth tones), brick (earth tone) and cedar (for fencing and roof overhang). The four existing houses (322, 318, 316 and 314 19 Ave SW) will be demolished. The Planning & Development Committee hasn't had an opportunity yet to provide formal comments on the Development Permit prior to submission of this article. The Committee typically

looks at aspects including (contextual) setbacks, articulation and massing, materiality, interaction with neighbouring buildings (e.g. privacy), landscaping (incl. preservation of existing trees), traffic / parking, and construction (i.e. consideration such as tree protection, construction traffic flow, construction vehicle parking).




Two new uses have been proposed on 4 St SW, right across from each other. At 508 - 24 Ave SW, on the second floor above Joyce on Fourth (DP2017-0169), a **new fitness studio** has been put forward. The fitness studio will be entirely targeted towards rowing, with up to 55 rowing machines in the proposed plans, and dedicated changing rooms for men and women. On the other side of the street, at 2312 - 4 St SW, above Mucho Burritos, a **new beauty salon** has been put forward (DP2017-0808). The proposed plans suggest a unique character, with an indoor beach, dedicated manicure and pedicure decks, a tanning room and separate treatment rooms. The community is supportive of activation of second floors on 4 St SW, as an opportunity to create greater vibrancy. However, as with any retail outlet we strongly suggest clear glazing (i.e. no excessively tinted windows or intrusive use of advertising on windows) to encourage interaction with the pedestrian realm; and, sensible signage consistent with the Mission ARP to ensure a fit with the overall character of the community.



# Cliff Bungalow - Mission Community Association

462, 1811 4 Street SW  
Calgary, AB T2S 1W2





Membership Form

(Please Print Clearly)

Name (1) \_\_\_\_\_

Name (2) \_\_\_\_\_

Name (3) \_\_\_\_\_

Street Address \_\_\_\_\_

Suite/Unit # \_\_\_\_\_ Postal Code \_\_\_\_\_

Phones (1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_

Email (1)\* \_\_\_\_\_

Email (2)\* \_\_\_\_\_

Email (3)\* \_\_\_\_\_

Membership Cost: Single \$10 \_\_\_\_\_ Family \$20 \_\_\_\_\_ Payment type: Cash \_\_\_\_\_ Cheque \_\_\_\_\_

New \_\_\_\_\_ or Renewal \_\_\_\_\_ If Renewal, provide your Card# \_\_\_\_\_ Purchase Date \_\_\_\_\_

\*Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters



## Volunteers needed for our participation in the Lilac Festival Sunday, June 4, 2017

The Lilac Festival is on Sunday, June 4 this year Cliff Bungalow – Mission Community Association needs volunteers to help in the following community activities:

### Activity One – Information Booth

- Set up our table and tent at 8 am (near Western Coffee Shop)
- To be at our table during the festival
- Minimum of two people per two-hour shift. First shift needs to be there at least 15 minutes prior to 10 am. There is some overlap of shifts for transition.
- We will have information on the community association including activities, will sell memberships and will pre-sell the new history book.
- At 6 pm help take down our tent and table contents and transport to the community centre. This is very important. Many hands make this easy.
- Please contact Bob at [cbmca.president@gmail.com](mailto:cbmca.president@gmail.com).

### Activity Two – Decorated Bicycle Parade

- Participate in the decorated bicycle parade which will be our entry in this year’s parade.
- Decorating will take place at the community centre at 9 am.
- Marshalling is on 25 Avenue and 4 Street at 9:30 am (side of 4 Ave. TBA)
- Parade starts at 10 am.
- Parade ends at 13 Avenue SW
- Children are encouraged to participate. Adults must accompany children.
- We will also be carrying a banner with the community’s name in front of our group.
- Please contact Amanda West at [cbmca.treasurer@gmail.com](mailto:cbmca.treasurer@gmail.com)



Your help with these activities would be greatly appreciated. Please contact the people noted above.

## TIME TO RENEW YOUR MEMBERSHIP

Our membership year is AGM to AGM. The AGM was on Wednesday, November 23, 2016, so if you have not renewed your membership, now is the time to do so.

You do not get a new card every year. The plastic membership card is permanent. You get a new date sticker when you renew your membership.

Having a CBMCA membership has become more popular partly because of the Membership Affinity Program. All you have to do is show your up-to-date membership card to obtain discounts. See details of this program elsewhere in this newsletter.

To purchase or renew your membership, just fill in the membership form elsewhere in this newsletter and send it in with your cheque to the address on the form.



The Cliff Bungalow - Mission  
**Jazz Series**  
presents:

# Jazz under the Cliff

with  
**The Lorna MacLachlan Quintet**  
Wednesday May 3, 8 pm  
Cliff Bungalow - Mission Community Centre  
Cover: \$15 (\$10 for seniors, students, and CBMCA members)  
Doors open at 7:30 pm; Music starts at 8 pm  
No reservations taken; rush seating only  
We recommend that you come early, enjoy a beverage and get a good seat.

Lorna MacLachlan - piano & vocals  
Richard Harding - saxophones  
André Wickenheiser - trumpet  
Jeremy Coates - bass  
Robin Tufts - drums

Lorna MacLachlan has been writing, arranging, performing and teaching in and around Calgary for over 30 years. After completing a graduate degree in composition and theory she embarked on a career as a composer providing award winning original music for theatre, dance and national media companies (CBC, Access Network) and a variety of commercial and artistic enterprises across the spectrum of music genres. She has recorded five full-length albums of original music and has had support from FACTOR, the Alberta Foundation for the Arts, as well as the Canada Council. She continues to write and perform for various groups with much of her focus upon writing for her quintet.

**The Lorna MacLachlan Quintet**



*performs*  
**Wednesday, May 3, 2017**  
*at the*  
**Cliff Bungalow Mission Community Centre**  
*2201 Cliff Street SW*

---

*Doors open at 7:30 pm | music starts at 8 - 10 pm*  
*cash at the door \$15.00 per person*  
*CDs available for \$20 or 2 for \$30*

---

**The Quintet**  
Richard Harding on Saxophones  
Robin Tufts on percussion  
André Wickenheiser on trumpet  
Jeremy Coates on Bass  
Lorna MacLachlan on keys and vocals

As well, Lorna has always been passionate about music education and believes strongly in helping to develop the talents of the next generation. She has taught privately as well as for the public and private school boards and has been recognized nationally for her dedication to excellence in music education as a director of bands, jazz bands, choirs and jazz choirs. Many of her students have continued on to careers in music as performers and educators with degrees from some of the most prestigious schools in North America.

**The Lorna MacLachlan Quintet** is composed of Lorna and some of Calgary's finest Jazz instrumentalists: Richard Harding on Saxophones, Robin Tufts on percussion, André Wickenheiser on trumpet and the most recent addition — Jeremy Coates on bass. This performance will include Lorna's most recent compositions as well as selections from "Feet On Ground" and "Time 4 Change".

**Next Jazz night is on Wednesday, June 7 with Vocal group KIVA.**



# WAKE UP DOWNTOWN.



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**TELA CONDOS.CA**



# 50th Annual Pathway & River Clean-Up

## Sunday, May 7, 2017



### Volunteering for the Pathway and River Cleanup 10:00am — 1:00pm

The Pathway and River Cleanup is a special event that happens annually. The goal is to remove all the litter that accumulates along our riverbanks and pathways over the winter months. In addition to being an eyesore, the garbage can be deadly to Calgary's wildlife.

You can help to make Calgary a cleaner city and promote environmental stewardship among Calgarians. Plus, we provide free coffee and muffins to get you started and a lunch to thank all registered volunteers. Registration begins at 9:45am and you are invited to help out for as long as you can.

#### To be a volunteer at the Pathway and River Cleanup, you must be:

- Age 12 years and older.
- Accompanied by a parent or guardian if you're between 12 and 16.
- Physically fit and willing to get dirty.

#### Event Details

- Location — Lindsay Park, patio outside the north entrance of Repsol Sport Centre
- 9:45am — Registration; Receive route and supplies; coffee and muffins
- 10:00am — Pathway & River Clean-Up begins
- 11:00am to 1:00pm — Volunteer Lunch

#### SPONSORED BY:



#### PARTNERING COMMUNITIES

Erlton Community Association

Cliff Bungalow-Mission Community Association

Lindsay Park Community Association



## Jane's Walk

Come join us **Sat. May 6 at 2 pm for a Jane's Walk**. This will be one of many Jane's walks undertaken throughout the world. These events are inspired by Jane Jacobs, author, community activist, and single mother who lived half her life in New York, half in Toronto, and had a profound influence on urban development. Together we will be celebrating living in our community, one of Calgary's oldest communities, where the Elbow River lets us know it is our reason for being here. Jane's Walk leaders, Elis Hiebert and Bill Longstaff, will be at the north east side of Mission Bridge at the corner of 4 Street and Elbow Drive, kitty corner from Mission Safeway, before 2 pm on May 6, wearing distinctive hats. We look forward to meeting you on this guided stroll of less than one hour, beginning and ending at Mission Bridge. For further details, go to the website: [janeswalk.org](http://janeswalk.org), and enter "Calgary" to find our Jane's walk "If the Elbow River River could talk..." We look forward to walking with you Saturday May 6!

Jane's Walk is the first of three summer events celebrating this historic stroll. Mark your calendar to join us for the remaining two events:

- **Sat. Jul. 1, 2 pm Canada's 150th Birthday** celebrated with story, song and birthday cake on the Promenade.

- **Saturday August 5, 1 pm Historic Calgary Week Walk.**



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## Spring is in the air! It's time to register for fall 2017!

**Girls returning to the same unit-registration opens Tuesday April 4, 2017**

**Girls advancing (moving up) to a new unit-registration opens Tuesday May 2, 2017**

**New girls wishing to join any level of Guiding-registration opens Friday June 2, 2017**

BRAIN GAMES

SUDOKU

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| 4 | 6 | 2 |   |   |   |   |   |   |
|   |   | 3 |   |   | 1 |   |   | 5 |

FIND SOLUTION ON PAGE 33

For more registration information and to find a unit near you go to [www.girlguides.ca](http://www.girlguides.ca).

The Sparks units attended Sparklefest at Camp Jubilee, had an evening of yoag/art, built projects for Earth Day, will be potting flowers for Mother's Day and sleeping-over at Heritage Park. They will have some girls "advance" to the next level of Guiding which means they will move up and be joining their Guiding sisters in Brownies in the fall for new friendships and challenges.

The Brownie units celebrated Earth Day by having a Pitch-In Canada community clean-up, sold cookies with the Star Wars characters at RONA, prepped for camp and are planning year end bar-b-ques. They will be enjoying the changing season by observing the spring activity in Fish Creek Park or outside in their neighborhoods. The Brownies will have some girls advancing to Guides and new adventures in the fall.

The Guide units helped green our world by holding litter clean-ups for Earth Day, will try their hand at archery and are prepping for tent camping. Third year Guides continue work on their Lady Baden Powel Award and some will be advancing to Pathfinders.

The Pathfinder & Ranger units attended Alberta Girls Parliament in Edmonton, tried their hand at archery and will be tent camping and backpacking. Some units are busy prepping for travel this summer to places like Stettler, Drumheller and Pax Lodge in England.

Guiding is a great place to build new friendships and experience new challenges. Why not give us a try!

Check out our website at [www.calgarygirlguides.com](http://www.calgarygirlguides.com) or go to [www.girlguides.ca](http://www.girlguides.ca) to register for fall 2017!

**Girl Greatness Starts Here**

## IN & AROUND CALGARY

*Check out these important updates from The City of Calgary*

|  |  |
|--|--|
| Keep your kids active, engaged and learning this summer - register now for summer day camps. Arts, golf, swim, sport, sailing and much more.   | <a href="http://Calgary.ca/Recreation/Programs">Calgary.ca/Recreation/Programs</a> |
| Thinking about an outdoor home improvement project this spring or summer? Before you pay for materials, hire a contractor or do it yourself, let The City guide you on the permitting and inspections process. | <a href="http://Calgary.ca/MyHome">Calgary.ca/MyHome</a>                           |
| It's skateboard season! The City operates both mobile and permanent skateparks to encourage healthy, active and creative living. #GetMovingYYC   | <a href="http://Calgary.ca/Skateparks">Calgary.ca/Skateparks</a>                   |
| Compost your spring yard waste for free at City landfills from April 7 – May 28.   | <a href="http://Calgary.ca/YardWaste">Calgary.ca/YardWaste</a>                     |
| Green carts are coming soon for all your food, yard waste and pet waste. Visit <a href="http://calgary.ca/greencart">calgary.ca/greencart</a> to find out when they're coming to your community.               | <a href="http://Calgary.ca/GreenCart">Calgary.ca/GreenCart</a>                     |

### Calgary River Communities Action Group

The Bow and Elbow River Hazard Study is expected to be complete by the end of this year. We recognize there will be tremendous stakeholder interest in any new flood mapping. Our study finalization process includes municipal review and public engagement for major components, as appropriate.

More information about the Alberta Flood Hazard Identification Program can be found at [www.floodhazard.alberta.ca](http://www.floodhazard.alberta.ca). If you have any questions regarding this work, the project engagement specialist, Chris Leptich, can be contacted by email at [christopher.leptich@gov.ab.ca](mailto:christopher.leptich@gov.ab.ca), or by telephone at 403-355-2491.

### Water in the West

Residents of Cliff Bungalow – Mission are invited to join the Calgary Institute for the Humanities 37th annual Community Forum **Water in the West: Rights to Water/Rights of Water**. It takes place Friday, May 12, 2017, 9:30 am to 3:30 pm at the Kahanoff Centre in Calgary. You can find further details and register for free at: [www.arts.ucalgary.ca/cih/community/community-forum](http://www.arts.ucalgary.ca/cih/community/community-forum)



### Celebrate Neighbour Day on Saturday, June 17

Do you miss the days when neighbours connected and got to know each other?

Held annually on the third Saturday of June, Neighbour Day is an opportunity for neighbours to come together in the form of a front yard barbecue, garden party, picnic, clean-up or afternoon tea in a local park to celebrate our strong community spirit in Calgary.

The idea is to meet your neighbours, make new friends, have fun and maybe work together on a project that benefits the entire community.

Make Saturday, June 17 the day you get to know your neighbours! Visit [Calgary.ca/NeighbourDay](http://Calgary.ca/NeighbourDay) for ideas to help you celebrate.

Planning a really BIG event? Special event and festival permit applications are due March 17. Block party and greenspace permit applications are due May 26.



## IN & AROUND CALGARY



### Blue Cart Recycling Tip of the Month

Say no to Stringy Things!

Hoses, electrical cords and rope, oh my! Because they get caught in the machines at the recycling facility, keep stringy things out of your blue cart.

**If it dangles, it will cause a tangle! Please do not put these items in your blue cart.**

- No garden hoses
- No rope, string or yarn
- No electrical cords, cables or wire
- No Christmas tree lights

**What should I do with these items instead?**

- If the item is still usable, consider donating to charity, giving to family or friends or posting on an online bartering site like Kijiji.
- If the item is broken, it should go in your black cart as garbage.
- Still not sure what to do with your stringy item? Use the online search tool at [calgary.ca/whatgoeswhere](http://calgary.ca/whatgoeswhere) to find the answers.

**Green Cart service is coming to your home**

As the Green Cart program rolls out this year, you'll see how a small change to your routine can cut your garbage in half and turn your food and yard material into valuable nutrient-rich compost. Here's what homeowners can expect from the program.

**You'll receive everything you need to get started**

When your green cart arrives look inside to find:

- Kitchen pail and samples of compostable bags to collect food scraps
- Samples of paper yard waste bags to use when your cart is full
- Instruction guide
- Collection schedule

**You'll be amazed at how much can go in**

All food and yard waste can go in the green cart. You can even put in things that you can't compost at home like meat, bones, cheese, bread, pasta, branches and pet waste too.

These materials can be safely composted because the material reaches and maintains a temperature of at least 55 degrees Celsius during the composting process, which kills any harmful bacteria.

**Green carts will be rolled out by quadrant**

Once everyone in your quadrant receives their carts, weekly green cart pick up will begin and garbage collection will move to once every two weeks.

Once the community rollout schedule is finalized it will be available on [calgary.ca/greencart](http://calgary.ca/greencart).

**Live in an apartment or condo?**

By Nov. 1, 2017 your building is required to separate food and yard waste from the garbage for composting or diversion. Talk to your building owner or manager or [visitcalgary.ca/multifamily](http://visitcalgary.ca/multifamily).

**Make a difference in the life of a family...**

**Are you looking for a way to give back to your community?**  
Our Home-Start program is looking for volunteers!

**What does a Home-Start volunteer do?**

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

**Interested in getting involved?**

For more info, or to learn about upcoming training sessions, contact Home-Start or visit [www.boysandgirlsclubsofcalgary.ca](http://www.boysandgirlsclubsofcalgary.ca)

East Calgary: 403-660-6809  
West Calgary: 403-660-1136



## The Elbow River Once Bison Spirit Land

This is Canada's 150<sup>th</sup>, a year of Truth and Reconciliation, and a perfect time to reflect on our river before Confederation, the railway and settlement and even before it was called the Elbow.

First Nations history in today's Calgary extends back at least 10,000 years to the last Ice Age. Archeological evidence of several encampments, cultural refuse, bison kill and processing sites, teepee rings and stone features have been documented along the river in what is now our city. These sites were probably used as winter camps by the Blackfoot people who roamed their traditional prairie lands on the hunt for bison. Later, the Tsuu T'ina, an offshoot of the Sarcee people who had left the northern Beaver tribe of Peace River in the 1700's, camped along the Weaselhead area. These camps, found close to the Elbow River drainage systems, suggest the dependency of Canada's first people on riverine resources for shelter, fire wood, supply, and food.

For example, there are four sites of note in Sandy Beach and River Park, however little observable archeological evidence remains due to park development. Anecdotally, residents who grew up in the area recall finding bison bones along the river bed at Sandy Beach in the 1960s. Future flood events may reveal more such finds. Today, it is almost incomprehensible to imagine the bison thundering across the open plains, now crowded with buildings and roadways, toward the steep cliffs of the Elbow River valley.

In the poetic words of Line Laplante, a Metis writer, researcher and educator....

*"A composite of a visible and shadow side  
A connection to Mother Earth,  
Return to the peace of the land, the wisdom that lies in the*

*heartbeat of the sounds  
of nature, and imagine looking through the eyes of a  
buffalo.  
See the land, wander through the valleys and coulees  
Drink from the Bow and Elbow Rivers  
Feel the warm Chinook breeze of a winter day  
Run with your herd  
Hear the call of the Creator asking you to give up your  
body for a ceremonial purpose  
of feeding the Native people, your kin, your brother, your  
sister.  
Hear the prayers of thanks for your life-giving offering  
Know that your spirit is honoured and remembers  
through time.  
The cycle continues as you walk in the grasslands, the  
prairies, the foothills  
Free as the wind that carries your breath  
For you are part of the Bison Spirit Land."*

[calgary.ca/arts/aboriginal/bisonspiritland](http://calgary.ca/arts/aboriginal/bisonspiritland)

**Sources:**

City of Calgary: River Park, Sandy Beach, Britannia Slopes Combined Park Management and Design Development Plan, May 2011 and Aboriginal Culture and History in Calgary Parks

Image Credits: Glenbow Archives. NA-843-16, ca.1881, NA-1753-50, ca. 1886-1888

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary. To join our stewardship network email us at [S2Gplusinfo@gmail.com](mailto:S2Gplusinfo@gmail.com). Follow us on [facebook.com/S2Gplus](https://facebook.com/S2Gplus)



## JUNE 3 WHEELS FOR WELLS CHARITY BIKE RIDE – SOUTHVIEW CHURCH

Help Wheels for Wells bring clean water to those without. Choose to ride a 10 km family-friendly route or the longer 30, 50, 70, or 90 km on routes in and around Calgary. All rides are fully supported and the 10 km riders can take part in a skill building session. More info at [wheelsforwells.ca](http://wheelsforwells.ca).



## JUNE 3 – 4 CALGARY UKRAINIAN FESTIVAL – ACADIA RECREATION COMPLEX

This festival celebrates our vibrant Ukrainian heritage, rich Ukrainian culture and cuisine, shop until you drop in the vendor market place, and join us for our Zabava and dance the evening away to live Ukrainian music. More info at [calgaryukrainianfestival.ca](http://calgaryukrainianfestival.ca).



## JUNE 18 RAD DAD DAY – CALAWAY PARK

What better way to celebrate all things dad than treats and rides and games? It's Rad Dad Day at Calaway Park! Bring your father or grandfather to celebrate how great he is! The best part is dads and granddads get free admission when accompanied by a child. Open 10 am to 7 pm More info at [calawaypark.com](http://calawaypark.com).



# YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

## Marda Loop Farmers' Market – 3130, 16 Street SW, June 3 – Oct. 7

Call for 2017 Farmers' Market vendors, food trucks and buskers! The Marda Loop outdoor Farmer's Market is growing this year, showcasing local makers, bakers and growers along with live music, kids' zone, cool activities for the whole family including monthly special events! More info for all vendors (and great stall rates starting at \$30/day) at [mardaloop.com/farmers-market/farmers-market](http://mardaloop.com/farmers-market/farmers-market).

## Suncor Stage One Festival of New York – Lunchbox Theatre, June 9 – 24

Next June marks the 30th anniversary of Stage One. For 30 years Lunchbox Theatre has been dedicated to the creation, development and production of new Canadian one-act plays, many of which have gone on to great acclaim after their premiere on our stage. Celebrate 30 years of playwriting history in our city with Lunchbox. Free admission. More info at [lunchboxtheatre.com/suncor-stage-one-festival](http://lunchboxtheatre.com/suncor-stage-one-festival).

## Vintage with Flair – Bragg Creek Community Centre, June 16 – 17 at 4 p.m.

A country garden party in the woods; a gathering of Alberta artisans, designers, makers and curators of vintage inspired to rustic farmhouse fresh designs. Including unique, artisan-inspired art and stained glass, hand-designed jewelry with a story, rustic home decor, maker-made ceramics, curated vintage home and garden decor, repurposed shabby and chic finds and up-cycled and cool clothing. Join us for a garden party in the country.

## Sled Island Festival – various venues, June 21 -25

Sled Island's thoughtful, eclectic programming and independent spirit have fused with Calgary's youthful energy to produce a one-of-a-kind festival experience. Each June, the five-day music and arts festival brings together a community of over 250 bands, comedians, filmmakers and artists, as well as over 30,000 attendees in more than 35 venues, transforming the city into an arts lover's paradise that has earned rave reviews from artists, fans and media from across the globe. More info at [sledisland.com](http://sledisland.com).

## The Glenn Miller Orchestra – Jack Singer Concert Hall, June 29 at 7 p.m.

The world famous Glenn Miller Orchestra brings timeless classics like In the Mood, Moonlight Serenade, Chattanooga Choo Choo, Pennsylvania 6-5000, String of Pearls and Tuxedo Junction back to the stage. Even 50 years after founding his famous orchestra Glenn Miller's music is alive and well. More info at [artscommons.ca](http://artscommons.ca).



# Positive Habits Last a Lifetime

When parents and other caregivers have healthy eating habits, that's what children learn.

The eating habits children learn in their early years (birth to six years) last a lifetime. From a young age, we start to learn about food and eating by watching others. When parents and other caregivers have healthy eating habits, that's what children learn.

Ellen Parker's two boys Henry, 3, and Oliver, 5, are learning about healthy foods and healthy eating. She regularly gives them foods such as smoothies with spinach and quinoa and she grates vegetables onto pizzas and into veggie burgers. "They don't even know that they're eating healthy food," she says.

Here are other ways to make healthy eating a habit in your family.

**Offer three meals and two to three snacks a day at regular times.** Knowing when they'll be eating next helps kids feel safe and keeps them from wanting to eat throughout the day. If your child refuses to eat during a meal and asks for a snack 20 minutes later, it's okay to say no. Simply let them know they need to wait until the next meal or snack time.

**Offer new foods often.** It can take 15 or more tries before your child accepts a new food. Try offering small amounts of new food at the start of meals when your child is most hungry. Include food that your family likes to eat along with new food prepared in different ways.

**Offer choices.** Try serving your family a variety of colourful vegetables, fruits and other healthy food, and let your child pick their own food from what you serve. Encourage them to take small amounts at first, and offer more if they are still hungry.

**Think beyond a single meal or snack.** Once in a while your child may eat little or nothing at a meal or snack. This is natural. Over time, children usually adjust what they eat at other meals and snacks.

**If your child won't eat meat and alternatives.** You could offer different types of fish, poultry and lean meat. You may need to offer them many times and prepare them in different ways. Other tips: try soft meats such as ground meat or poultry, or dice meat into small bites that your child can easily chew. Meat can also be more appealing when you add it to soups, stews or tomato sauces. And you can offer other sources of protein such as tofu, beans and legumes, or fish.

**If your child won't eat vegetables, you can try these tips.** Add vegetables such as carrots, zucchini and beets to soups, stews, casseroles, stir fries or sauces. Cook vegetables to different textures and tastes—such as raw or lightly cooked.

If you're worried your child is not getting enough nutrients, talk to your healthcare provider. For more tips, visit [healthyparentshealthychildren.ca](http://healthyparentshealthychildren.ca).





# Calgary Immigrant Educational Society

It should come as no surprise that immigrants and refugees arriving in Calgary face numerous challenges to settlement. While newcomers routinely say that learning English is the biggest hurdle to their family's integration into Canada, a close second is finding employment – 90% of Calgary's newcomer population is under the age of 44, which represents a tremendous future workforce for the city. They are also educated - at least 38% have a Bachelor's degree or higher, compared to just 34.8% of established Calgarians. And while their immigration status doesn't mean that they are any less qualified, newcomers often come up against barriers to employment in Canada.

Former professionals, such as engineers and accountants, often require years of additional schooling to obtain accreditation in Canada. Those that don't have professional qualifications often face even greater challenges as they learn to integrate with Canadian work culture – Canadian work experience is often a prerequisite for employment in Canada, but employment is required to obtain that same work experience. To address these challenges, CIES offers a series of employment training programs designed to bring newcomers into the workplace faster, including industry-specific courses in accounting, clerical, and computer skills. We also offer programs that build on existing skill sets and prepare clients to succeed in business.

The first of these programs is Employment Skills Training. This free, full-time program equips unemployed permanent residents and refugees with the skills to secure employment in Canada. Over three months, attendees learn how to make a career plan, build an effective cover letter and resume, learn how to navigate

Canadian business culture, and develop their interview preparation skills. Up to 88% of graduates will go on to find employment in industries such as healthcare, child-minding, education and trades.

The second program we offer is Entrepreneurship Development Training. This innovative new program encourages and removes the barriers to entrepreneurial success for immigrants and low-income Calgarians. Through a series of workshops, clients receive financial literacy in the Canadian banking system, including credit, savings products, and home ownership. Building on this foundation, students learn the principles of successful entrepreneurship, including business selection, plan writing, risk management, human resources issues, and taxation. The program completed its first intake of students in March; they will graduate in June.

It is in our best interests as Canadians to provide newcomers with the support they need to successfully settle and begin to provide for their own families in Canada. Settlement agencies across the country are continually tailoring their programs to offer newcomers the education and social skills they need to achieve independence for their families. As a Canadian citizen, take some time to reflect on the sacrifices made by your own family as they emigrated to Canada, and then ask yourself how you can help others do the same.

The Calgary Immigrant Educational Society (CIES) provides immigrants and low income Canadians with various levels of language, employment, computer, and settlement programs. They assist over 1400 students a day, 7 days per week, in-class and online.

# Hear ye, hear ye: May is Speech & Hearing Awareness Month!

*Deaf & Hear Alberta is hosting its 2nd Annual Safe Sound Awards.*



Safe Sound Awards raises awareness about hearing health and hearing loss. In support of May being Speech & Hearing Awareness Month, we want Calgarians to participate in Safe Sound Awards.

Sound represents a variety of things to different people, all ultimately connecting us to our environment. It is all around us, impacting many facets of our lives. It is family conversation at the dinner table, leaves rustling, music playing, heavy traffic and so much more. Sound is measured in decibels (dB) and like all things in life, there are healthy and harmful levels.

In general, sounds 85 dB and below are in the safe zone while sounds above 85 dB can start to cause damage inside the ear. Safe and harmful sound levels are also highly dependent on *how long*, *how often* and *use of hearing protection*.

| Continuous dB | Examples               | Permissible Exposure time |
|---------------|------------------------|---------------------------|
| 85 dB         | Noisy restaurant       | 8 hours                   |
| 88 dB         | Window air conditioner | 4 hours                   |
| 94 dB         | Subway                 | 1 hour                    |
| 103 dB        | School dance           | 7.5 min                   |
| 106 dB        | Leaf blower            | 3.75 min                  |
| 112 dB        | Jackhammer             | Approx. 1 min             |

There are numerous benefits to ensuring the protection and management of our hearing. How can you help maintain your hearing? Limit time using ear buds,

check the volume on TVs and stereos, wear ear plugs to concerts, and adhere to occupational & safety guidelines at work. Maintaining hearing health also includes using appropriate hearing devices such as hearing aids or personal amplifiers.

Changes in hearing health can impact a person's physical, social and emotional health. If you or someone you love is already living with hearing loss, there are ways to improve communication. Here are some suggestions:

**Set the stage.** Find places that have soft surfaces such as carpets, tablecloths, curtains and/or places that are well lit which makes it easier to see body language and facial expressions.

**Communicate effectively.** When speaking to a person with hearing loss– make sure you have their attention before speaking and keep your face visible. Move closer to the person you are speaking to, speak at a moderate pace and use a normal volume of voice. Most importantly, be patient and open to repetition; use alternate phrasing if needed.

We invite you to nominate hearing friendly places that allow for conversation, fun and connection to those around us. Then vote. Pick your favourites and as a community we will celebrate Calgarian's favourite hearing friendly spaces with the Safe Sound Awards. Let's celebrate Speech and Hearing Awareness Month together!

To be involved visit: <http://hearalberta.ca/safe-sound-awards/>

*Written by: Alia Bharwani, Hearing Services Coordinator & Kylie Bradbury, Peer Mentoring Coordinator at Deaf & Hear Alberta*

# Do they really need our help?

Article by J.G. Turner  
Photo by Andrea Hunt

In the spring and summer, Calgarians often come across little critters that are a part of our urban wildlife population. Humans are often eager to assist young animals and birds that they think are on their own, but how do you tell if they really need our help?

## Is it orphaned/abandoned?

If you are not sure if the animal is orphaned or abandoned, watch it from a distance so as not to frighten the parents from returning. Check on the animal periodically for 24 to 48 hours to see if it is still there. DO NOT touch or move the young animal unless you are absolutely certain that it is orphaned or is in immediate danger. With some species, it is normal for parents to leave their offspring alone for extended periods of time. Many infant mammals are left on their own while their parents are foraging for food. In many bird species, the offspring outgrow their nest and their parents continue to raise them on the ground. Many species return to their young to care for them near dusk and dawn.

A young animal that looks well-fed, has bright eyes and clean fur or feathers, and is showing no signs of distress, is probably not orphaned.

## See a Hare, Leave it There!

Both Snowshoe and White-tailed Prairie Hares will be having babies throughout the spring and summer. Hares are born fully furred and with their eyes open. They can hop around within hours of birth. It is the strategy of hares to leave their young for long periods of time under bushes and in the grass to protect the babies from predators since young hares have no scent. Mother hares return to feed their young as little as twice per day and baby hares will freeze (not moving at all) when threatened. Most baby hares are not orphaned

and will have best chance of survival with their own mothers.

## Fledgling Birds

Did you know that many young birds spend time on the ground? Fledgling birds that are too big for the nest but cannot quite fly yet, may end up spending some time on the ground while learning how to fly. This is normal behavior! Parents will be nearby protecting and feeding their young during this transition. Most fledglings have almost all their feathers, and are only slightly smaller than adults. If you see a fledgling bird, admire it from afar. As long as the parents are around, and it is not being threatened, it doesn't need help.

## Fawns

Most fawns are born in May and June. They are routinely left alone by the mother deer (a doe) during the first two weeks of life. They are simply unable to keep up with mum during that time. These babies, like the hare, have no odor to attract predators, and have natural camouflage because of their colouring. The doe feeds well away from their baby, leaving the fawn hidden in long grass or underbrush, and returning to feed, clean, and move them regularly. Even if you think a fawn is not being cared for by its mother, DO NOT TOUCH IT or your scent will be transferred to it, discouraging the mother from caring for it if she does return. Come back the next day to check on it. If it is in exactly the same spot and bleating (crying), or wandering around appearing to be distressed, it may need help. Most fawns have the best chance of survival with their own mothers.

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at [www.calgarywildlife.org](http://www.calgarywildlife.org) for more information.



**'Real books' or eBooks . . . keep reading happening this summer!**

**Research shows that children can lose up to three months of academic progress over one summer vacation.**

Keep in mind: children in Alberta spend 950 to 1,000 hours in school annually, compared to 1,500 to 1,700 hours outside of school over the summer.

Reading a minimum of six 'Just Right' books can help your child maintain their reading level when school is out.

## How to select a 'Just Right' Book

- Open a book to any page and have your child begin reading
- Each time they come to a word they don't know – have them hold up one finger
- After they finish the page, check how many fingers they are holding up

One finger – the book is too easy. Five fingers – the book is too hard. **Three fingers – the book is 'Just Right'**

## eBooks are an option too!

Parents tell us that setting limits for their child's screen time can be difficult during the summer. So, keep in mind that eBooks can be a fun way to keep your child reading—even when they are on a device!

## Lots of websites share free children's eBooks. Here are a few sites to check out:

[www.magickeys.com/books/](http://www.magickeys.com/books/)  
[www.freechildrenstories.com](http://www.freechildrenstories.com)  
<http://www.kidsworldfun.com/ebooks.php>  
<https://freekidsbooks.org/>

The **CBC Calgary Reads Big Book Sale** runs from May 12 to 14, 2017 at the Calgary Curling Club, 720 - 3 St NW. This is Calgary Reads' signature fundraising event. With children's books at just \$2, the Book Sale is a great time to stock up on summer reading for the entire family, keep books in circulation locally and to support our work to help children read with confidence and joy! Find full event details on our website [www.calgaryreads.com](http://www.calgaryreads.com)

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Cliff Bungalow - Mission Real Estate Update

Last 12 Months Cliff Bungalow MLS Real Estate Sale Price Update

|                | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| March 2017     | \$1,174,950          | \$1,101,000        |
| February 2017  | \$1,700,000          | \$1,600,000        |
| January 2017   | \$0                  | \$0                |
| December 2016  | \$0                  | \$0                |
| November 2016  | \$0                  | \$0                |
| October 2016   | \$0                  | \$0                |
| September 2016 | \$862,495            | \$822,625          |
| August 2016    | \$1,799,000          | \$1,799,000        |
| July 2016      | \$0                  | \$0                |
| June 2016      | \$0                  | \$0                |
| May 2016       | \$799,950            | \$788,500          |
| April 2016     | \$995,000            | \$975,000          |

Last 12 Months Mission MLS Real Estate Sale Price Update

|                | Average Asking Price | Average Sold Price |
|----------------|----------------------|--------------------|
| March 2017     | \$359,900            | \$345,000          |
| February 2017  | \$335,000            | \$332,000          |
| January 2017   | \$319,900            | \$306,250          |
| December 2016  | \$389,450            | \$375,250          |
| November 2016  | \$342,450            | \$319,000          |
| October 2016   | \$0                  | \$0                |
| September 2016 | \$339,987            | \$300,000          |
| August 2016    | \$369,750            | \$360,000          |
| July 2016      | \$512,000            | \$490,250          |
| June 2016      | \$399,900            | \$380,000          |
| May 2016       | \$409,900            | \$396,088          |
| April 2016     | \$260,900            | \$257,000          |

To view more detailed information that comprise the above MLS averages please visit [cliff\\_bungalow.great-news.ca](http://cliff_bungalow.great-news.ca) or [mission.great-news.ca](http://mission.great-news.ca)



MP Calgary Centre  
**Hon. Kent Hehr**  
950 6 Ave SW • Calgary, Alberta T2P 1E4  
[kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca) • 403-244-1880 • [www.KentHehrMP.ca](http://www.KentHehrMP.ca)

Budget 2017 is about putting people first and delivers the programs that Albertans – and all Canadians – can benefit from today, not a decade from now. It is an essential step to restore prosperity to the middle class and support Alberta.

As one of the youngest and most innovative and dynamic provinces, Alberta is at the forefront of those who can most benefit from investment and support for young families. With an average median age of 36.1 years old (according to Statistics Canada), Alberta has the highest proportion of working-age persons of any province (70.6%) and is characterized by a high birth rate and immigration from other provinces.

With these realities in mind, Budget 2017 positively impacts our city, province, and country directly with our commitment to middle class families.

Let's take a look at some of the key points for Alberta.

There is a strong connection between child care and the economic security of families. To support Canada's families, Budget 2017 proposes measures that will increase support for early learning and child care, so that more parents here in Alberta can pursue new opportunities to learn and to work. To make sure Canadian children get the best start in life, and to better support Canadian families, #Budget2017 invests \$7 billion over 10 years, to support and create more high-quality, affordable child care spaces across the country.

Being a working parent is hard. That's why we're committing \$152 million over five years and \$27.5 million per year thereafter to help working parents navigate the challenges that come with a growing family by allowing them to choose to receive EI parental benefits over an extended period of up to 18 months at a lower benefit rate. And, for expecting parents, \$43.1 million over five years and \$9.2 million per year thereafter to allow expectant mothers to claim EI maternity benefits up to 12 weeks before their due date—expanded from the current standard of 8 weeks—if they so choose.

For too many families, the lack of affordable, high-quality child care means difficult choices—some parents may

have to sacrifice retirement savings to pay for child care, while others may leave their careers because child care is unavailable or unaffordable. These choices are especially hard for single parents – we all know single parents who are making incredible sacrifices for their children, and how a lack of affordable, high quality childcare places even more stress on them and their children.

It's why I ran for office and that's what I'm promoting in Ottawa every day I am there: help for families and the middle class, along with those we are helping to join them.

As always, you can contact my office by email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca) or by phone at 403.244.1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at [www.KentHehrMP.ca](http://www.KentHehrMP.ca).

BRAIN GAMES SUDOKU

|   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|
| 5 | 4 | 6 | 3 | 8 | 9 | 2 | 7 | 1 |
| 3 | 1 | 7 | 2 | 5 | 6 | 8 | 4 | 9 |
| 2 | 9 | 8 | 1 | 4 | 7 | 3 | 5 | 6 |
| 6 | 7 | 4 | 9 | 3 | 2 | 5 | 1 | 8 |
| 8 | 2 | 5 | 6 | 1 | 4 | 9 | 3 | 7 |
| 1 | 3 | 9 | 5 | 7 | 8 | 4 | 6 | 2 |
| 7 | 5 | 1 | 8 | 2 | 3 | 6 | 9 | 4 |
| 4 | 6 | 2 | 7 | 9 | 5 | 1 | 8 | 3 |
| 9 | 8 | 3 | 4 | 6 | 1 | 7 | 2 | 5 |



**MLA Calgary-Buffalo**  
**Hon. Kathleen Ganley**  
 130, 1177 11 Ave SW  
 T2R 1K9  
 Office: 403-244-7737



**Councillor, Ward 8**  
**Evan Woolley**  
 P.O. Box 2100, Station M  
 Calgary, AB, Canada T2P 2M5  
 Phone: 403-268-2430

### May 2017 – Making Life Better for Albertans

I've been working hard in the Legislature to make your life better, help create jobs, and protect the services that you count on. Families have been at the top of mind for me, as the Calgary-Buffalo constituency has many young families as part of its community. I am busy ensuring that those families, and all of my constituents, have a bright future ahead of them through my work at the Legislature.

Introduced in March, Bill 1, *An Act to Reduce School Fees*, will eliminate school boards' ability to levy fees for instructional materials or supplies, or transportation fees for eligible students. The parents of nearly 600,000 Albertan students would benefit from an instructional fee removal, and families of an additional 140,000 students would have more money in their pockets with a transportation fee reduction. This bill will assist families whose children attend the many schools in Calgary-Buffalo, such as Connaught Elementary and Western Canada High School. It will also assist families that bus their children from outside our community.

Overall, it's projected that Alberta families will save \$54 million in the 2017/2018 school year. These hard-earned savings can be used on other important things, such as paying for groceries, mortgages, or extra-curricular activities. The Calgary Board of Education and the Calgary Catholic School Board will receive funding to offset the loss of fee revenues, to ensure that education programming is maintained and even increased for students.

Budget 2017 is about making lives better for Albertans. We have put in a tough couple of years, but I'm working to ensure your government is there to support you and your family. This year's budget focuses on investing in long-overdue repairs and modernizations of our schools and hospitals, critical improvements to our roads and highways and creating and protecting jobs. Albertans' lives are remaining affordable as we keep taxes in Alberta the lowest in the country, with an increase in the tax advantage to \$8.7 billion over Saskatchewan. We are bringing the provincial deficit down thoughtfully and prudently, taking into account the effect of government debt on future generations, without making drastic cuts to education and healthcare. While we're all concerned with the present, we must also think of the future – the 2017 budget balances these focuses.

If you ever have questions or concerns, you can always reach out to my constituency office at [Calgary.buffalo@assembly.ab.ca](mailto:Calgary.buffalo@assembly.ab.ca).

### Making Democracy More Accessible for Calgarians

Election season is right around the corner and there are a few things you should know about how everything will go down this year. We need to tackle the challenge of declining voter turnout at the municipal level and encourage everyone to participate in democracy. I put forward a Notice of Motion this past November to look at ways that Election Day can be as easy and accessible as possible which has resulted in some great new initiatives for the upcoming Municipal election. Starting this year, everyone will receive a brochure in the mail which will have a free transit pass for Election Day! Not only that, but the Advance Polling Bus will be making a lot more rounds this year to help those who may have accessibility issues. The reality is that not everyone lives or works close to a voting booth, so doing what we can to make the polling stations as accessible as possible is the least we can do to encourage democratic engagement by Calgarians. Another initiative that the City of Calgary is undertaking is creating a candidate profile page on its website. It'll be a one stop shop for information on all candidates in both the Councillor and Mayoral races.

Further to that, a full week of advance polls will be happening at Mount Royal University, University of Calgary, and SAIT. Students have busy schedules and Election Day falls right around mid-term time, so this is another way to ensure that polling stations are as easy to access as possible. If you or someone you know attends one of these post secondary institutions, make sure that you take advantage of the advance polls!

If you ever have any questions, concerns, or ideas about how to better your community please reach us by email at [ward08@calgary.ca](mailto:ward08@calgary.ca) or give us a call at 403-268-2431.

**First Quarter**  
May 2

**Full Moon**  
May 10

**Last Quarter**  
May 19

**New Moon**  
May 25

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