

The Mission STATEMENT

THE NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION

www.cliffbungalowmission.com

MARCH / APRIL 2010



CLIFF BUNGALOW-MISSION FEATURED AT ROUNDTABLE

BY SARAH HBEICHI

THE FIRST HERITAGE

ROUNDTABLE of 2010 featured Parkdale and Cliff Bungalow-Mission as the pilot project communities for the Municipal Inventory of Evaluated Historic Resources under the new evaluation system. (For background on the Heritage Roundtables, see Page 5) The agenda also included heritage considerations in community planning and the CBMCA Heritage Plaque Program.

In front of an audience of about 50 people who came from various community and heritage organizations, I discussed the community's experience with the inventory. Some of the items I discussed I wish to repeat here along with a thought for residents to ponder.

Our community's recent inventory study resulted in sixteen sites being added to the Inventory, one tabled for further evaluation and two rejected. I wanted to briefly bring to light those buildings that do not make the list - what happens to them? Certainly many residents of the community do not want to see these buildings demolished if ever under re-development. Buildings such as Gloria Court (see attached photo) and Marilyn Manor are of significant value to the community even if a formal evaluation system does not deem them so.

While we are relieved to have 39 sites on the list, the heritage inventory evalua-



tion procedure cannot catch up with the rate at which re-development occurs, leading to sites that do not make the list in time or may never make the list. And even then, the inventory cannot protect heritage buildings until they are designated. This community is faced with a great number of development applications every year. When the community association is required to comment on a change of use application for a residential building that is not on the inventory, both the Heritage and Development committees agree that we would much rather support a landowner who plans to use the existing building as office space rather than tear the building down for the construction

of a new, often larger and taller multi-residential building. Adaptive re-use of a building is a much more sustainable route to take and the Development Committee does what it can to encourage re-use.

According to a recent survey by our development director, residents agree that the historic and character buildings are one of the reasons why they live in the community. Unfortunately, the reality is that not all buildings, heritage or not, can be saved. Community associations have to pick their battles and besides, development is inevitable and often necessary. So then, I would like to pose a question to you: what should

new development look like?

As the heritage director, obviously I consider Cliff Bungalow-Mission a heritage community rich with structures and natural settings indicative of Calgary's origins. Therefore, my vision for new development is that it blends in with the architectural characteristics of the earliest homes, thus maintaining the historical uniqueness and cohesion of the community.

As a Cliff Bungalow-Mission resident and a proud citizen of Calgary what do you envision for the built environment of your community?

For more information on the Municipal Inventory of Evaluated Historic Resources, visit www.calgary.ca/heritage. ☛

FOOD FOR THOUGHT

BY KIM MUNCHRATH

I WAS AT A NUTRITION seminar at Mount Royal University the other day and learned some interesting things I would like to share with you. I am a relatively healthy individual; I exercise regularly and try to make good choices about what I eat and drink. But, one must know what choices are good before they are able to make them. That is why I went to this seminar, and I was surprised by some of the things I learned.

One of the things discussed was diabetes. We all know the shocking increase in cases of diabetes today. Americans are eating 150 pounds of sugar a year. This is somewhat on account of the hidden sugar in all the processed foods we consume. Switching to unprocessed flour, brown rice, and whole wheat pasta is highly recommended. These are easy switches that can make a big difference in your health. Also shocking is that a woman who drinks a single can of pop a day is 82% more likely to develop type two diabetes. So drop that can of pop!

A long-standing fallacy that was broken for me in this seminar was about eggs. I always knew they were a source of protein, but had it drilled into my head that they were full of cholesterol and fat so were not a very smart breakfast choice. I was dead wrong. Eggs are good for you and the presenters of this seminar—Gloria Askew RRN and Jerre Paquette Ph. D—highly recommend including an egg in your breakfast as a wonderful source of protein. Actually, when it comes to protein, it is recommended that you eat some with every breakfast. It helps jump-start your day in a healthy way. Though I imagine a big slab of ham or bacon isn't recommended! For a protein fix, try an egg; some cottage cheese; a glass of whole milk (unprocessed is best); or a good oatmeal. Steel-cut "Irish" oatmeal is highly recommended. Protein should also be included in your bedtime snack. It helps your body heal while it sleeps, and for students it can assist in transferring information in your brain from short term memory to long term. Studies show that students having a small amount of protein as a bedtime snack do much better on exams the following day.

Last but not least I want to mention vitamin D3. It was stressed in this seminar that everybody is very short on this vitamin, without exception. Gloria Askew insisted that all of us (adults) should be taking 3000-4000 IU per day of this. Vitamin D has anti-cancer benefits, aids in calcium absorption, regulates hormones, and may even combat the flu along with many other diseases. Lack of vitamin D can cause lower back pain, depression, and many other problems. Beware when buying supplements to be sure you are buying vitamin D3, because the D2 variety is not nearly as useful to us. For more information on supplements, read *Secrets of Supplements: The Good, The Bad, The Totally Terrific* by Gloria Askew RRN and Jerre Paquette Ph.D.

I hope some of this information has proved useful to you, and I hope it will prompt at least one community resident to do some research and start making more informed food choices. Happy healthy eating! ☺



If you have something to say to your fellow community residents, we want to hear from you. Please write. Submissions may be edited for length and clarity, should be no longer than two words, and must be signed by the author.



THE MISSION STATEMENT

MARCH / APRIL 2010

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The views expressed by contributors to The Mission Statement are not necessarily those of the CBMCA board or its associates.

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MEMBERSHIP, MOVIES AND MORE

BY BOB LANG

THERE IS A LOT going on during the next few months at our community centre.

SOCIAL COMMITTEE

The Social Committee is lining up a number of great events. As you know, there are monthly free movie nights on the last Sunday of every month.

On the first Wednesday of the month, from March 3rd to June 2nd, there will be jazz concert nights. These promise to be wonderful evenings so you will not want to miss these.

And there will be three Acoustic Jam sessions on the last Saturday of the month from April 24th to June 26th. Bring your acoustic instrument and join in or relax and enjoy the music.

ENVIRONMENT COMMITTEE

The Environment Committee is working on a Community Clean Up Day to be held on Saturday, May 15th. As part of this

event, you will be able to bring items for exchange or disposal that would not be picked up through the regular garbage pick up. Details to follow.

HERITAGE COMMITTEE

Sarah Hbeichi, Heritage Director and Roger Marler, Heritage Committee member, made a presentation to the Heritage Roundtable on January 28th on our recent Heritage Inventory Project and our Heritage Plaque Program. It is obvious that our Heritage Committee is one of the front runners in regards to heritage activities in the city. Hats off to all involved.

COMMUNITY WEBSITE

The new community website is up for your perusal. There are still other things to be put on the website but take a look at www.cliffbungalowmission.com. You can find out more about the jazz nights on the website.

MARCH IS CA MEMBERSHIP MONTH

March is Community Association Membership Awareness Month. During this month you will see banners around the city and you will see in the newspaper the Mayor's proclamation of this month. We encourage you to become a member of the Cliff Bungalow-Mission Community Association. Better yet, why not get involved?

NEW CONTACT E-MAIL ADDRESSES

In order to make it easier for you to contact our committees, we have set up new e-mail addresses. They have been standardized so they are easy to remember. See Page 2.

James Brooks, Director of Crime and Safety, would love to hear from you if you would like to become part of that committee.

You can also contact these committees through our website. ☺

ANNUAL RIVER CLEANUP

INFORMATION SOURCED FROM THE CITY OF CALGARY WEBSITE

THE 43RD ANNUAL Pathway & River Cleanup will be held on Sunday May 2, 2010

Registrations for returning volunteer groups are currently being accepted. Group leaders should have received an email outlining the registration process. If you are a returning group leader and have not been contacted, please call 3-1-1.

Registration for new volunteer groups will begin on Monday, February 22, 2010.

On May 3, 2009, 74 groups with almost 1900 volunteers registered for the 42nd Annual Pathway & River Cleanup!

- over 11,000 lbs of garbage collected
- over 1300 garbage bags filled
- 23 hypodermic needles flagged by volunteers and then properly collected and disposed of by trained staff
- other items found - homeless camps, shopping carts, tires, hockey nets, bicycles, mattresses, car trunk lid and even a stolen motorcycle frame.

Thank you to all the volunteers and groups.



A BIT OF CLEAN-UP HISTORY...

The first Pathway & River Cleanup was instigated by 12 year-old Sandra Crawford. While walking along the Elbow River bank in early spring 1967, she saw an entire mattress lying in the river. She tried to haul the mattress out on her own, but failed. She wrote a letter to the Calgary Herald decrying the mess. Since then thousands of Calgarians have shown their sense of community spirit and pride by volunteering each year in this great cause. ☺



RECENT DEVELOPMENTS

By NATASHA PASHAK

FIRST, I WOULD like to express a sincere thank you to everyone who contacted me about public access to the Elbow River. This issue received an unprecedented amount of feedback and we at the CBMCA appreciate your interest and support. On February 11 the Subdivision and Appeal Board ruled against our appeal of Development Permit 2008-2525. The written report of the decision was not available by deadline, but the ruling hinged on the fact that the City cannot obligate property owners to provide a public easement over their land. Despite the very clear Council-approved policies regarding a public pathway on the westbank of the Elbow River, The Municipal Governance Act does not obligate the City to implement its own policies, particularly when the funding is not in place.

Of most significant concern, the SDAB paid no interest or attention to the City's failure to consult with the community regarding the implementation of - or disregard for - City policy. The Mission Area Redevelopment Plan is explicitly clear about the need for continued public consultation and it is alarming to learn how little weight this provision carries.

IN OTHER NEWS.

On January 28th, the SDAB ruled to uphold our appeal of DP2009-1499 for a front-addition to Juliet's Day Spa on 24th Avenue SW. The SDAB found that the Land Use Bylaw is deficient when it comes to non-conforming commercial properties and rejected the City's discretionary approval of the project.

The Strategic Site at 2004 4th Street at 21st Avenue SW continues to be a major concern. Last we heard, the Strategic Group "remains committed to successful completion" of the project, though construction has completely halted. It is most likely that they will have to start the planning process anew.

This issue, we begin a new practice of listing all Development Permit Applications received by the CBMCA and our responses. We can support, conditionally support or oppose any application and the City is meant to consider our response before rendering a final decision on any particular project.

- DP2009-4322 (2406 1st St. SW): New: Stacked Townhouse (1 building, 10 units): Conditional Support
 - DP2009-4532 (2116 4th St. SW): Revision: Exterior Renovations: Opposed
 - DP2009-4579 (#101 1812 4th St SW): Change of Use: Restaurant: Licensed - Small: Support
- Please contact me at cbmca.development@gmail.com with any questions or comments. ☺

RECYCLING IN CLIFF BUNGALOW-MISSION?

By MARK MYCYK

THE CBMCA ENVIRONMENT Committee is searching for a location for a permanent recycling depot in Cliff Bungalow-Mission and is seeking your help.

This issue has been discussed in the past, but it has been difficult to find a permanent location. Suggestions have included the unused space behind the Safeway on 4th Street and 24th Avenue or making a deal with some of the developers with current vacant lots on 4th Street.

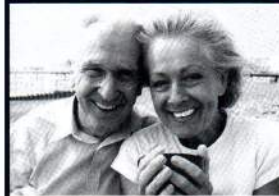
The location must have room for at least one or two recycling bins and a sign, and it must allow room for the recycling trucks to pick up the bins.

If you have a space in mind, please email it to the Environment Committee at cbmca.environment@gmail.com or snail mail it to:

Environment Committee
Cliff Bungalow-Mission Community Association
462, 1919b-4th Street SW
Calgary AB T2S 1W4

Since we are in the planning stages at this point, it would be great to get input from the community now so we might be able to see the bins setup by spring! ☺

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COMMUNITY HERITAGE ROUNDTABLES

By ROGER MARLER

THE COMMUNITY HERITAGE Roundtable was founded in March 2006 by several community association and heritage advocates, including representatives from Cliff Bungalow-Mission.

A steering committee of 8-12 people organizes three or four public sessions per year, usually in a different location every time - either community hall, school or public library. These sessions are open to the public, are free, and are a great way to find out what is going on in Calgary with regard to our heritage, our history, and the associated future. Each evening contains a series of short presentations about a single theme connected with the heritage of Calgary and its communities followed by some time to network with people of similar interests and concerns from various levels of government including the City Hall, as well as community volunteers. These are very popular events, with upwards of 50 people in attendance most evenings.

The first session of 2010, which dealt with efforts to develop inventories and celebrate heritage buildings in Calgary communities, has already taken place. Cliff Bungalow-Mission and

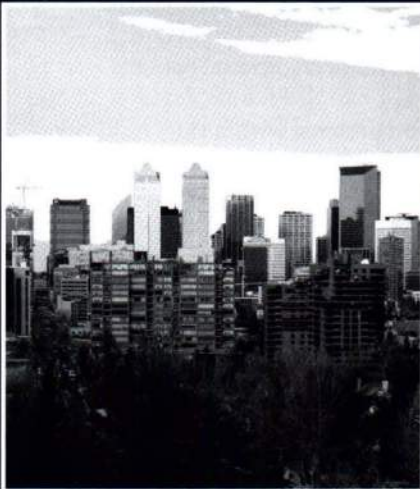
Parkdale Community Associations delivered presentations on their part of Calgary's inventory.

THERE ARE TWO MORE ROUNDTABLES PLANNED FOR THIS YEAR:

- April's session will be about "**Heritage Advocacy, Tools and Tactics**" timed to help you make decisions at the upcoming civic elections.
- September's session will look at Calgary's river systems and water supplies, titled "**Go With the Flow**".

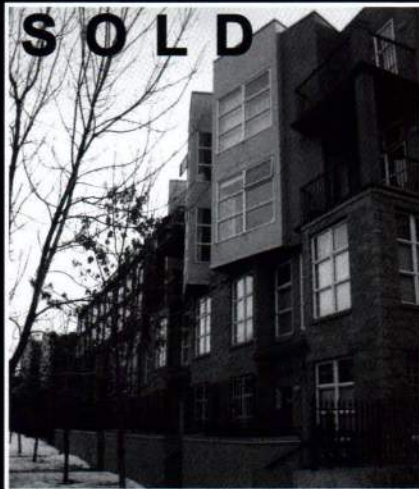
Dates and locations are yet to be finalized but these details will be added to the web sites listed below as they are established.

These are fun and relaxed evenings with a wide range of experts on hand and if you wish to register for either or both of these events, as you are encouraged to do, then please use this web address: www.calgarycommunities.com/workshops-and-events. If you simply wish to find out more about Calgary's heritage please go to: www.calgaryheritage.org/events. ☺



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THE EDIBLE NEIGHBOURHOOD

STORY AND PHOTOGRAPH BY NANCY TICE

LAST SUMMER, A few experiences led me to ponder the role of edible plants in the urban landscape. In the Dorothy Harvie Gardens at the zoo, a large flower bed was dramatically outlined by a border of parsley reminding us that edible plants often provide excellent ornamental characteristics as well as food value. The parsley was situated so far out of its more usual context it seemed to acquire a certain mystique, and visitors asked many times for the name of the plant with such unusually attractive leaves.

Some time later, at home, the rhubarb I'd planted close to the back lane a few years ago was picked by a well-dressed forager who expressed her annoyance at how difficult it had become to find "public" rhubarb. Apparently, she had walked many blocks of lanes before finding mine. Widely perceived to be part of the public realm, rhubarb is picked by all sorts of people including children who enjoy using the enormous leaves as hats, or umbrellas, or dueling implements.

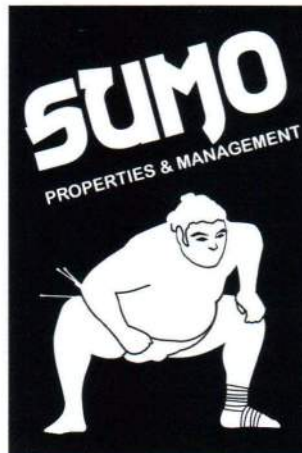
I've often wondered at the dearth of productive fruit trees and shrubs on Calgary's public land including parks which seem to me to be ideal locations for planting an apple tree, or a few Nanking cherry shrubs. It seemed as if policy dictated that parks must be designed to avoid any possibility of feeding people. Well, times have changed due to increasing interest in local food sources. Last summer, I visited the Sunnyside community orchard which was planned and planted with the support of City Parks Urban Forestry division. While more communities begin to lobby for their own community orchards, some property owners inherit fruit trees without seeming to take an interest in the harvest. It is sad to see windfall apples left to rot on the ground instead of being transformed into pies, or apple sauce, or jelly. The Calgary Urban Fruit Rescue Program has been created to harvest fruit that would otherwise go unused. Volunteers will pick the fruit splitting the take between themselves, the property owner, and the food bank. A few property owners in Cliff Bungalow – Mission may be happy to learn more about this excellent program at www.bigskypermaculture.ca/fruitrescue.

There has been talk of finding a location for a second community garden, most likely in Cliff Bungalow where there may also be space nearby for a community orchard. In the meantime, frustrated gardeners who feel they've been waiting forever for a garden allotment plot might consider exploring opportunities to negotiate for garden space elsewhere within the community. Stephen and Kathleen Barley are former Mission residents who still garden here because they have the knack for finding space to garden on other peoples' land. They have gardened in the Cliff Bun-



galow School landscape, on the grounds of a local business, and in local waste space, all with permission from the property owners, of course. Gardeners might also seek barter arrangements with homeowners who may be interested in trading some yard space for a share of the tomato crop. These types of land sharing arrangements hold the potential for meaningful community building of a different, but no less important sort than that offered by the more traditional community garden model.

When I think about food growing within the inner-city, I daydream of taking a walk improved by snacking on a handful of berries, or an apple, because edible treats have been grown within reach of the public realm with the expectation that passersby may gently forage a modest harvest. Feed the birds, feed the bees, feed the poor, feed me. This summer, let's share the harvest by planting more public rhubarb, and Saskatoon berry hedges, and tomato vines that trail over the back fence. ☺



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ORIGINAL JOE'S DISAPPOINTS, BUT THEN REDEEMS ITSELF

BY JIM BOWMAN



PHOTO BY KIM MUNCHRATH

IT WAS THE DOLDRUM period between Christmas and New Year's, and it felt like a good day to have lunch in a restaurant. I headed over to Original Joe's at 2118 - 4th Street SW. It was about 1:15, and not a very busy day. As I entered, the server standing at her station acknowledged my presence and I took a seat in the central area. She resumed her chat with her friend sitting at the bar, as I waited for her to bring the menu to my table. Five minutes later, she was still chatting, and I was still waiting. So I walked out. That was my review. But Mission Statement editor Kim Munchrath said, "Isn't your review a little harsh?" So I went back there for lunch a few weeks later. This time my server was reasonably attentive and friendly, and it was a pleasant experience.

With a high ceiling and south-facing windows, Original Joe's is bright and airy on a sunny winter day. Redecorated not long ago, it has a clean, neat aesthetic. The music could be described as '90s dance music, with a sprinkling of late '60s classics. It was loud, with heavy emphasis on the bass, which made for an unusual lunch soundtrack, but I liked it. There was a bustling crowd there for lunch, mostly groups of co-workers.

I decided on a classic lunch sandwich, a Beef Dip. The sandwiches come with two "sides," and

I settled on Caesar salad and mashed potatoes with gravy. I succumbed to my server's suggestion, and also requested melted cheese (99 cents extra) in the sandwich.

It all came artistically arranged on a large platter. The beef was moist and thinly-sliced, probably from a roast that had been prepared that morning. It was stacked with sautéed onions and mushrooms between the two halves of a crisply-grilled baguette. A large bowl of warm au jus was more than adequate for dipping. A basket of condiments, including HP Sauce and Louisiana hot sauce, was brought to the table.

The filling Caesar salad was made with crisp Romaine lettuce, commercially-made croutons, and grilled-in-house bacon bits, all moistened with a little Caesar dressing. The tasty mashed potatoes were made in-house (I could tell by the lumps in them), and were garnished with flash-fried onions. They came with a little plastic cup of gravy, which probably was not made in-house.

The portions were so substantial, I skipped dinner that day. My bill, including all the coffee I wanted, came to \$14.94. For a leisurely hour of pleasant experiences and people-watching, it was a bargain. ☺



LIBERALS UNVEIL NEW OIL AND GAS POLICY

REPORT FROM DAVE TAYLOR, M.L.A.

ONE OF THE BEST things about this job of being an MLA is that from time to time, you get to fix things that were broken and correct things that were wrong. We actually get the opportunity to do quite a bit of "correcting" when we go to bat for individual constituents who've been wronged by the system. From time to time, we also get the chance to make policy that's about something Albertans want to talk about. When the response is positive, you know you've made a difference.

A few weeks ago the Alberta Liberal Caucus approved our new Oil and Gas Policy. The policy was the culmination of a consultation process that began almost a year ago with people inside the oil and gas industry. Nobody was actually taking the time to sit down and talk with the industry — that one that drives our economy — and find out what they need in order to carry on business in the province of Alberta. And that matters because the oil and gas industry is hurting — the gas sector especially so — and those are real job losses for real people in Real World Alberta.

While the New Royalty Framework of 2007 was about as wrong as anyone could get on royalty regimes, sound oil and gas policy is about more than just royalties. So we've developed a set of guidelines and defined the process we would use to create sound and detailed policy. You can read the full policy by going to www.davetaylormla.com.

This is a living document. The consultation process will be an ongoing conversation with both the industry and the public, guided by these principles. I invite your comments. ☛



CITY'S 9-1-1 SERVICE ENHANCED

REPORT FROM ALDERMAN JOHN MAR

THE CITY OF CALGARY's Public Safety Communications (PSC) centre provides integrated communications services for Police, Fire and Emergency Medical Services in Calgary and on a contract basis for other municipalities and service providers.

The system was recently upgraded to improve emergency response times in situations where cell phone callers are unable to speak or identify where they are. This is a developing technology that is largely dependent on the technology working under ideal situations.

Previously, wireless service providers linked 9-1-1 emergency calls from the nearest cell phone tower to the network operated by the traditional telecommunications company, Telus, which connected the call to the PSC. Wireless service providers can now use Global Positioning System (GPS) or triangulation technology to automatically transmit the caller's location to the communications officer.

For users of cell phones without GPS capability, the wireless service provider will rely on triangulation, which uses a combination of latitude and longitude coordinates triangulated within the closest cell towers. Users of cell phones that don't subscribe to any service will still be able to dial 9-1-1 in an emergency. However, they will have to provide their location details to the PSC operator.

Last year, the Canadian Radio-Television Telecommunications Commission (CRTC) mandated that all cell phone service providers make the necessary system upgrades by February 1, 2010. PSC is an active member of the emergency communications standing committee that lobbied the CRTC for the legislation.

PSC processes one million calls a year, of which approximately half are emergency calls to 9-1-1. ☛



IN DEFENSE OF PROROGATION

REPORT FROM LEE RICHARDSON, M.P.

PROROGATION IS A ROUTINE parliamentary process that has been used 105 times in the 143 years since Confederation. The Chrétien government prorogued on 4 occasions, the Trudeau government prorogued 11 times, and now Prime Minister Harper has prorogued Parliament twice.

Traditionally during majority governments a Parliament would last for four Sessions, each of about one year in duration. Each Session is traditionally prorogued and that Parliament resumes with a Speech from the Throne. The average length of each Session since Confederation is 211 days. The recent Session, just prorogued, lasted 338 days.

Before Parliament prorogued, legislation that had been passed in the House of Commons was being held up by the unelected, Liberal-dominated Senate. In addition to allowing more time to consult with Canadians on the upcoming Speech from the Throne and the Budget, prorogation has allowed the Prime Minister to fill 5 Senate vacancies and enable the recalibration of Senate committees to reflect the new balance in the Senate.

Parliament will resume March 3rd (22 sitting days later than it would have before proroguing). The Governor General will read the Speech from the Throne, reflecting the impact of Canada's Economic Action Plan and the broad consultations with Canadians, and the Government's vision of the road ahead. On March 4th a new Budget will be introduced.

Any bills that technically "died on the Order Paper" can be brought back to Parliament with simple consent of the House. There is no reason to believe that the House of Commons won't give consent and agree to reintroduce the bills at their legislative stage at adjournment, as they were already successfully passed by the House and referred to the Senate.

Hopefully the recalibrated Senate committees will better reflect the will of the elected House so these important bills can become law. ☺

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Saturday Apr. 10

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Drop-In French Storytime with Alliance Française

Join facilitators from Alliance Française for stories, songs, and activities in French. Histoires, comptines, et activités en français.

Saturdays Feb. 27, Mar. 27, and Apr. 24

10:30-11:00am Ages 2-5 with a parent/caregiver

11:15-11:45am Ages 6 and up

No registration required.

May - August Library Programs

Plan your summer with the Library Program Guides, available online and in all library locations mid-April.

Register for programs by phone at 403-260-2620, online at www.calgarypubliclibrary.com, or in person at any Library branch. A valid Calgary Public Library card in your name is required to attend all programs.

Community Calendar

Community Hall • 2201 Cliff Street SW

Movie Night

(last Sunday of the month) Sunday, March 28 and April 25
at 7:00 p.m. in the community hall.

Acoustic Jam

The CBMCA Social Committee invites music lovers of all ages to participate in acoustic music "jams" in April, May and June at the community hall.
For details, see Page II.

Jazz Concerts

The Community Association is hosting a monthly jazz concert series March through June at the community hall. For details see Page II.

River Cleanup

Sunday, May 2. For details check the community website (www.cliffbungalowmission.com) at the end of February.
For more on the river cleanup see page 3.

Community Cleanup

On May 15, 2010, the Community Association is hosting its first annual Community Cleanup. Mark your calendar and come join your neighbours in beautifying our neighbourhood. The city is providing us with three large trucks to fill with things that might otherwise fill your basement, yard, street or alley. At the end of the day, we will celebrate all our hard work at the community hall.
A clean neighbourhood is a safe neighbourhood!

Lilac Festival

May 30 (last Sunday in May)

CBMCA Newsletter Committee meetings

Second Wednesday of every second month, 7:00 p.m., at the community hall.

Deadline for Mission Statement submissions

First Wednesday of every second month

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Newsletter Editor

Cliff Bungalow-Mission Community
Association

462, 1919B-4th Street SW
Calgary AB T2S 1W4

Pricing

	One issue:	One year (six issues):
Eighth page:	\$50	\$200
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 - Submission deadline: first Wednesday of every second month
 - For information call (403) 245-9587
- Ads are accepted from community businesses and public service agencies only.*

CLIFF BUNGALOW-MISSION COMMUNITY ASSOCIATION

MEMBERSHIP FORM



NAME: _____

ADDRESS: _____

POSTAL CODE: _____

PHONE: _____

EMAIL: _____

MEMBERSHIP TYPE:

- ☐ SINGLE (\$5) ☐ FULL (RESIDENTS ONLY)
☐ FAMILY (\$10) ☐ ASSOCIATE

*NOTE: MEMBERSHIPS ARE
VALID UNTIL THE NEXT
ANNUAL GENERAL MEETING*

PLEASE SEND THIS FORM AND CHEQUE PAYABLE TO CBMCA TO:
462, 1919B - 4TH STREET SW CALGARY, ALBERTA T2S 1W4

Do you have great pictures of the Cliff-Bungalow Mission community?

If so we would love to see them,
and with your permission put them
on our community's new website.
Please send them to the editor at
editor.cbmca@hotmail.com.
Thanks for your contribution!

THE CLIFF BUNGALOW JAZZ CONCERT SERIES

STARTING IN MARCH the Community Association will host a monthly jazz concert series. The series will feature some of Calgary's best jazz musicians and ensembles and provide an ideal opportunity to spend a relaxing evening in the community. The concerts are conducted in the quiet listening and family friendly environment of our community hall, and take place on the first Wednesday of every month. Each 2-hour performance starts at 8:00 p.m. (doors open 7:00 p.m.) so everybody can still get a good night's sleep and be rested the next morning. Coffee, tea, and beverages will be served. There is a \$15 cover fee for each event (\$10 for community association members and students).

CONCERT SCHEDULE:

March 3: Gerry Hébert quartet
April 7: Jazz Winds composers collective
May 5: Sinistrio
June 2: Spencer Cheyne group

Cliff Bungalow-Mission Community Hall;
2201 Cliff street S.W.
Tickets at the door
Info: 650-7695 or www.janmuldersounds.com

THE CBMCA SOCIAL COMMITTEE PRESENTS:

ACOUSTIC MUSIC 'JAMS'

APRIL 24, MAY 29 JUNE 26/2010 1:00-3:00 pm

Cliff Bungalow-Mission Community Hall;
2201 Cliff street S.W.

(Access from 5 St. & 22nd Ave, SW)

There is no age or skill limit — just a desire to sing/play/share songs with others. You may wish to come to sing along, bring an acoustic instrument, lead a song, play a 'break' or just participate and tap your feet.

A 'jam' is quite different from performing — in a jam, participation is more important than performance — although it's a good idea to bring along a few songs you are familiar with and fairly confident to lead the rest of us to jam along with you. You will be part of a circle of participants: round-robin turns; play or pass; keep the music going; pick up tuning, chords, rhythm and tempo to play along with others; minimum chat—we'll have a refreshment/chat break!

We're pretty eclectic — we play blues, folk, bluegrass, pop, rock, and your own songs or song preferences, preferably, but not necessarily, with simple chord accompaniment and easy chorus.

"The magic of playing with others can lift the music way beyond what we can possibly do ourselves!"

We hope you'll drop in and join us on these three Saturdays! For further information, please e-mail: elish@consultskills.com

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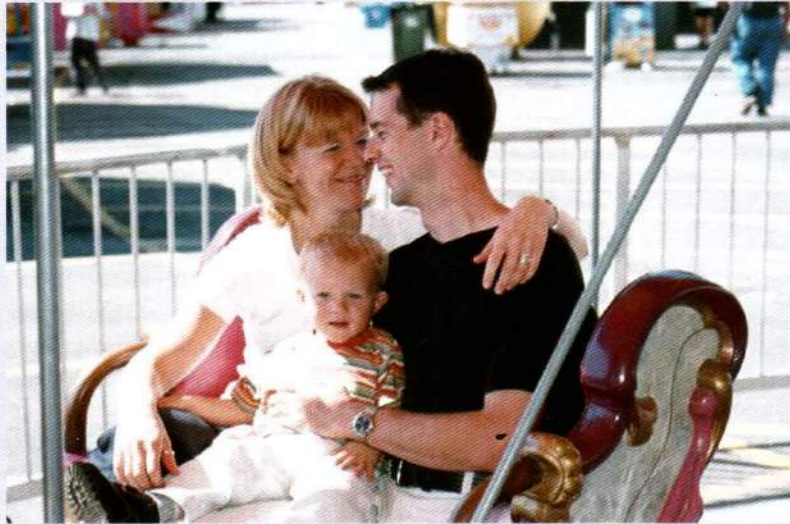
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